Wednesday, April 03, 2013 | Issue number: 552 | www.mk-news.co.uk | £1 where sold

MK NEWS

MK's FAVOURITE and Britain's BEST - voted 'BEST FREE NEWSPAPER IN THE UK' by the Newspaper Society

Advertisement feature. Your MK NEWS is inside

GP Led medical aesthetics clinic offers the latest treatments

Our aim is to be your clinic of choice in all things It all starts with care

Many men and women who suffer from the visible effects of ageing, sun damaged skin, facial lines and embarrassing redness caused by Rosacea are keen to improve their appearance and quality of life with non invasive cosmetic procedures. Their one, very important question is, "Who can I trust to deliver these treatments safely?"

LasaDerm a GP led Medical Aesthetic Clinic based within Hilltops Medical Centre; Great Holm in Milton Keynes was launched with just that question in mind. Owned and operated by doctors with over 25 years of experience, LasaDerm offers a new take on aesthetic and cosmetic services. LasaDerm's aim is to bring you the latest technologies and the most successful cosmetic treatments available. From skin conditions and Botox or Dermal Filler injections to body reshaping procedures, "We know that less is most certainly more. Our patients want natural looking results and that is what we specialise in".

Whether its pigmentation, rosacea, thread veins or wrinkles that you're worried about, the good news is that in this day and age you don't have to go through major cosmetic surgery to sort these things out. In fact, it's quite the opposite.

LasaDerm's Philosophy is to provide proven and effective treatments that produce results with the peace of mind that you are in the safest of hands. "We aim to offer the highest care at affordable prices to make medical aesthetics available to everyone."

SEE BACK COVER

3D-lipo
The New
1 Treatment
1 Hour
1 Inch
That really works

SEE INSIDE FRONT COVER

Botox, Filler, Radio Frequency

SEE INSIDE BACK COVER

Cosmetic treatments that change your life

SEE BACK COVER

The Fat Zapper that really works

ACNE FACIAL £20

LASER HAIR REMOVAL 50% OFF

3 HYDRODERMABRASIONS £99 - SAVE £150

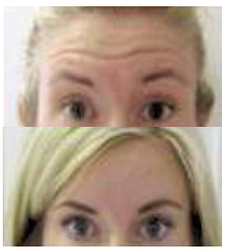
Call Now For a FREE Consultation

Tel 01908 555595 / www.lasaderm.net

LasaDerm
Hilltops Medical Centre

Hilltops Medical Centre, Kensington Drive, Great Holm, MK8 9HN

Cosmetic treatments that make all the difference



Botox - Botox treatment is ideal for easing over-active muscle movement that can cause deep frown lines and crow's feet. Overtime the treatment re-educates the muscle so you may need less treatments .Untreated areas of the face aren't affected, so you can still smile and frown, but the skin on the treated areas won't wrinkle as much as usual. The treatment is non-invasive with virtually no recovery time; you can resume your normal activities immediately after treatment. Results can be seen 7-10 days after.
Botox can also be used to reduce excess perspiration 'Hyperhidrosis' and more recently to alleviate the symptoms of migraines.

Dermal Fillers - Most of us associate Fillers with Lesley Ash and her nightmare. These are permanent Fillers. LasaDerm do not carry out procedures using permanent fillers but instead use Hyaluronic Acid Fillers which is a natural substance that can be dissolved instantly should it be required.
Fillers give you the perfect opportunity to get a smooth look and wipe away the effects of age. Results with Fillers are instant and can last up to 12 months. LasaDerm gives you a free no obligation thorough and professional consultation with one of their fully qualified doctors who use the highest quality products that are UK approved and sourced. With 25 years medical experience you can rest assured you are in the safest of hands when it matters most. LasaDerm doctors use a specialised method using a cannula for many of their Dermal Fillers which delivers a more even result, less chance of bruising and reduced discomfort

Face- volumising cheeks, jowls and eradicating nasolabial folds (lines between nose and lips)

Lips - Filler can be used to fill volume into lips which can help to eradicate smokers lines AND to plump and shape lips restoring volume to give an instant yet natural pout.

Tear Troughs (Under Eye Filler)- Hyaluronic acid shots are placed under the eye carefully by a cannula between the bone and the muscle. These fillers hide dark circles and smooth contours so light bounces uniformly off the area to give a smoother less wrinkled and light appearance. You will wake up looking refreshed and less "haggard". If dark circles are a concern you won't have to use as much concealer.

Radio Frequency - We all know that crinkle free hair makes us feel a million times more glamorous. So if ironing can work wonders for your hair imagine what it could do for your face, neck etc. What's more Radiofrequency is the first non surgical procedure that can work on your entire face including right under your eyes. This multi tasking anti wrinkle and lifting procedure is completely painless. It's a 20-30 minute lunchtime procedure which allows you to put your make up on and go straight back to work.

Radio Frequency (RF) uses tripolar electrodes to deliver the RF energy. It is optimised with Red Photodynamic energy to optimise results. RF works by tightening loose, excess or wrinkled and sagging skin by heating the deeper dermis to 55-65 degrees C which stimulates fibroblasts (these in turn produce collagen and elastin). This tightens the skin appearance and can also create a lifting effect. Radio Frequency kick starts your body's own production of collagen which can last up to 6-12 months.

RADIO FREQUENCY . NORMAL PRICE £100 PER SESSION. 4 TREATMENTS FULL FACE AND ABDOMEN ONLY £200 YOU SAVE £200

Call Now For a FREE Consultation
Tel 01908 555595 / www.lasaderm.net
LasaDerm
Hilltops Medical Centre
Hilltops Medical Centre, Kensington Drive, Great Holm, MK8 9HN

Wednesday, April 3, 2013 | Issue number: 552 | www.mk-news.co.uk | £1 where sold

MK NEWS

MK's FAVOURITE Newspaper powered online by MKWEB www.mkweb.co.uk

MK Lightning

Lightning sign off in style at Planet Ice

SEE **SPORT**

New drama club for youngsters

SEE **PAGE 7**

Mayor judges Easter bonnets

EASTER bonnets made by the youngsters at Seedlings Children's Centre, in Grange Farm, were judged by Mayor Catriona Morris this week.

The three winners were Adam Lowther, aged five, Otin Steeley, three and Lacey Randall, two.

The parade was held at 11.30am on Tuesday at the centre in Singleton Drive.

A children's party also took place between 10am and 12pm.

Activities included an Easter egg hunt, egg decorating, making Easter bonnets and Easter bunny races.

Cash donations from the day will go directly back into future events at the centre including outings for local disadvantaged families.

2,000 homes in MK hit by 'bedroom tax'

BY JAMES AVERILL
james.averill@mk-news.co.uk

THE implementation of the controversial 'bedroom tax' will affect 2,000 households in Milton Keynes, it has been revealed.

Figures in a council welfare reform update briefing also show that there will be a reduction in housing benefit spend of £1.68m, which equates to £840 per household.

The spare room subsidy, as it is officially called, was introduced on Monday, and will see housing tenants lose 14 per cent of their benefits if they are deemed to have a spare bedroom, while two spare bedrooms will see a cut of 25 per cent.

Meanwhile, a Freedom of Information request by the Labour Party has shown that there are 101 unoccupied one and two-bedroom council properties available in the city. This has raised fears that there may not be enough houses available should people affected by the benefit cuts want to move to a smaller home.

Andrew Pakes, Labour Parliamentary spokesman for Milton Keynes, said: "I have been contacted by families deeply worried about how they will cope with these changes."

But Milton Keynes Council says it has been in touch with residents and does not anticipate any problems.

A council spokesman said: "Based on customers we have spoken to so far, a few might need us to help them with smaller housing. But experience so far suggests this will be a very small proportion of cases."

And Conservative councillor Peter Geary hit back at Labour's claims, saying that the benefit changes would actually alleviate overcrowding problems in smaller houses.

He said: "The view of the council is that with flexibility all people who want and need to move can be housed, and this will solve an overcrowding issue as well."

Police swoop on all-night rave party

AN ILLEGAL rave taking place in Olney and attended by more than 2,000 people over the Easter weekend was shut down by police.

In the early hours of Sunday morning, Thames Valley officers received information through Operation Robust – a Force initiative to combat raves in rural areas – that a music party was being planned.

Working with colleagues in Northamptonshire, Thames Valley Police declared it a rave and successfully closed it down.

Two men aged 20 and 21, and a 21-year-old woman, were arrested on suspicion of conspiracy to cause a public nuisance, and a van full of sound equipment was seized. All three have been released on bail until May 14.

Northamptonshire Police arrested a further nine people and thousands of pounds worth of music equipment was recovered.

Supt Barry Halliday, Area Commander for Milton Keynes, said: "As a force we have a robust response to illegal music gatherings. This weekend was an excellent example of cross-border working and how we work with our partners to prevent such gatherings taking place, and when they do, take swift action to close them down.

"We understand the concern and disruption these illegal events can have on the local and rural community and I want to reassure people that we will always take robust action. Our swift action this weekend has ensured the impact on the rural community was relatively low.

"I would like to remind local communities that if they notice anyone acting suspiciously who may be setting up an event, please contact Thames Valley Police on 101 with a description and location to help us prevent a rave before it starts."

FURNICHE FOR UP TO 50% LESS

0% FINANCE FREE DELIVERY PRICE PROMISE

furniche
Contemporary Furniture & Accessories

FURNICHE. 26 Erica Road
Stacey Bushes Retail Centre
Milton Keynes. MK12 6HS
01908 318385
www.furniche.co.uk

Runner Daffy shows off the flower power

Daffy hard at work on the rowing machine at Bletchley Leisure Centre, as personal trainer Adam Harwood looks on and keeps time

BY JAMES AVERILL
james.averill@mk-news.co.uk

DAFFY, the Marie Curie mascot, has been pushing hard in training preparing for a 'superhero' run.

On Bank Holiday Monday, May 6, thousands of people will take part in the Milton Keynes Marathon, which also features a 1.5-mile superhero fancy dress event.

But the mascot has been forced to take training indoors at Bletchley Leisure Centre after the recent cold weather.

Having tried out boxing and a testing run on the treadmill, Daffy was pushed to the limit by personal trainer Adam Harwood, and didn't wilt under the pressure.

David Hedges, events fundraiser at Marie Curie Cancer Care, said: "Daffy has been forced to take training indoors with the recent weather, and Bletchley Leisure Centre kindly supported Marie Curie in putting Daffy through its paces in training for the Milton Keynes Marathon. Events such as this are vital in helping Marie Curie raise funds for free end-of-life nursing care in and around Buckinghamshire."

The race is open to both adults and children. Runners successful in securing a place for the race can join the Daffodil Team and support the charity on an individual basis, getting a free Nike running vest.

Visit www.mariecurie.org.uk/running or call 0845 052 4184.

FOLLOW MK NEWS ON TWITTER
and get the latest updates on decisions that affect YOU
@thisisMKnews

MKNEWS BRIEFS

Easter procession

AROUND 150 people watched an Easter procession down Newport Pagnell High Street on Good Friday. Onlookers saw Jesus carry his crucifix down the High Street to Market Hill, accompanied by Roman leader Pontius Pilate, as a reminder of the true story behind the Easter celebrations. The procession was organised by Churches Together in Newport Pagnell (CTNP), which brings together churches from the town.

UKIP to hold hustings

THE Milton Keynes branch of the UK Independence Party (UKIP) will be holding hustings this weekend to nominate candidates for the next parliamentary election. Two members will be selected to contest Milton Keynes North, and MK South. In 2010, Michael Phillips and Philip Pinto finished 4th in North and South respectively. The hustings at Kiln Farm Club take place at 12 noon on Saturday April 6.

Call to install more heart defibrillators

SOUTH Central Ambulance Services is urging local businesses to install Public Access Defibrillators (PADs) at their premises, because the equipment could save heart attack victims.

More than 30,000 people a year suffer cardiac arrests, and a person's chances of survival decrease by ten per cent every minute after.

But if defibrillation is delivered promptly, then the survival rates can be as high as 75 per cent.

The ambulance service wants the equipment to be as close to medics as possible, and wants businesses to install them.

The cost of a PAD and a secure box is £1850, excluding fitting charges. For more information on how to install a defibrillator, email richard.tracey@scas.nhs.uk

Explore time and space at gallery

THE Open University (OU) is inviting people to attend a workshop that explores space, time and identity through art at MK Gallery on Wednesday April 10.

The workshop will explore how traditional art ideas can be made more relevant in the digital age, while there will also be a demonstration including a robot.

David Chapman, senior lecturer at the OU, said: "The workshop is looking at how information interacts with our understanding of time and space, and it is doing so not only through academic conversations but also through art."

Alice Mansfield, Liz Cardash, Sandy Reid-Miller, Mark Lister and street artist Squidge hope to raise money

Art aid fundraiser for Willen

FOUR Milton Keynes artists will show off their work in an exhibition at White Label Hair and Holistics in aid of Willen Hospice.

The special event at 7pm on Saturday will have paintings, hand-made jewellery, and displays of chainsaw sculpting and fire dancing.

Staff at White Label in MK Two Business Centre, Barton Road, Bletchley, have had personal experience of the work that the hospice provides, and hope to raise as much money as possible to contribute to the charity's funding.

Owner Mark Lister said: "I have had relations and friends who have had loved ones looked after at Willen, they do such a wonderful job.

"Liz and Alice from the salon do volunteer counselling work with the hospice, so it is only natural that we try to raise as much as we can."

Each artist is donating a piece of their work to raise money, and a percentage of all money taken on the night will go to the hospice.

Witness appeal in rape inquiry

BY ANNABEL HOWARD
annabel.howard@mk-news.co.uk

POLICE are appealing for witnesses after a reported rape attack on a girl aged 15 in Monkston.

The teenager said the incident at the bus stop on the V10 took place between 3pm and 5pm on either Saturday, March 2, or Sunday, March 3.

A full investigation began after the youngster reported to police on March 10 that she had been raped.

Detective Constable John Swallow, of MK CID, said: "We are carrying out a full investigation into this incident and the victim is being fully supported.

"We are treating this as an isolated incident and are appealing for specific witnesses to come forward.

"The first potential witness was a woman walking a little Yorkshire terrier. She is described as between 40 and 50 years old, about 5ft 7ins, with blonde hair.

"The second potential witness was a woman with a pushchair. She is described as skinny with shoulder-length purple hair and wearing a purple Adidas jacket.

"I would appeal to these people to contact police as soon as possible. Alternatively, if you believe you saw something suspicious in a bus shelter on the V10 in Monkston between 3pm-5pm on the weekend of March 2 or 3, then please come forward."

Witnesses can contact Det Con Swallow at Milton Keynes CID via the 24-hour Police Enquiry Centre on 101.

If you don't want to speak directly to the police you can contact the independent charity Crimestoppers anonymously on 0800 555 111

A 17-year-old boy who has been arrested on suspicion of rape in connection with this investigation has been released on bail until May 4.

MKNEWS BRIEFS

Vote for BOB online

AN AIR Ambulance that serves the Milton Keynes area could receive £5,000 if it gets enough votes. Thames Valley and Chiltern Air Ambulance, and its helicopter BOB, has been shortlisted by Nationwide for their 'The Big Local' scheme. To vote for BOB, visit www.your.nationwide.co.uk/thebiglocal.

Army looks for recruits

MILTON Keynes' E Coy 7 Rifles unit is opening its doors to prospective new recruits to showcase employment opportunities with the Territorial Army. The event takes place at the John Howard Barracks in Blakelands on Tuesday April 9. The TA says it is 'a great way to educate Milton Keynes about the TA'.

Police hunt motorcycle thieves

THAMES Valley Police is asking motorcyclists to remain vigilant, after a surge of recent thefts.

Since March 25 four motorcycles, two scooters and one moped have been stolen in MK.

Detective Inspector Suzette Allcorn, at MK police station, said: "I would like to reassure motorcyclists that we are doing all that we can to tackle this issue. Owners can take steps in preventing thefts from taking place by following security advice available on our website.

"We know criminals will steal motorcycles to use in other criminal activities they are involved in, so it's vital owners do all they can to secure motorcycles."

Pothole patrols ready to go

MILTON Keynes Council has said that work will start on repairing the city's many potholes.

Ten two-person crews will spend six weeks tackling the large numbers of potholes that have appeared on the roads, after the prolonged cold weather.

These 'Pothole Patrols' will be out on the roads from April 8 until May 17, filling in the holes which have already been reported to the council.

The council say this will run parallel to the £50m project to improve road surfaces in the city.

Bestbuy
WINDOWS · DOORS · CONSERVATORIES

- Maintenance free – no more painting or varnishing
- High security – Yale multi-point locking mechanisms
- Energy efficient – 'A' rated energy rating as standard (save thousands of pounds on heating bills and reduces carbon footprint)

Over 80% of our work comes from word of mouth

Bestbuy products are accredited by...

Tel: 01908 849866
Web: www.wearebestbuy.co.uk Email: info@wearebestbuy.co.uk
194 Birchfield Road East, Northampton NN3 2HQ

Improve your home with the Custom Glaze range

Custom Glaze offer you a new range of composite doors in stunning and unique colours in addition to a more traditional selection.

Our window installations are all offered with 'A' rated energy windows as standard, giving you exceptionally high levels of insulation.

Visit Custom Glaze, where you will receive our best price first time, every time!

Custom Glaze
Windows • Doors • Conservatories • Garage Doors • Est 1981

Unit 8, Denbigh Hall Industrial Estate, Bletchley, Milton Keynes MK3 7QT

Call us on 01908 650140 or visit www.customglaze.co.uk

Showroom Open: Monday - Friday 9am - 6pm, Saturday 9.30am - 5pm, Sunday 10am - 4pm

FENSA Registered Company

Windows manufactured to BS 7413 & BS 7412

MK NEWS is proud to be the truly local newspaper for Milton Keynes and the surrounding areas. We provide the most widely read local newspaper for our readers and advertisers and are constantly looking at new ways to improve our service. If you have feedback for us, please contact anyone listed below

MANAGING DIRECTOR

Mike Richardson

mike.richardson
@lsnmedia.co.uk

EDITOR

Cally Jenkins

cally.jenkins
@mk-news.co.uk

NEWSDESK

Whether it's a story, picture, community, business, sports or leisure event, our newsdesk is waiting to hear from you

Newsdesk: 01908 689595
Pictures: Andy Handley 01908 689586

COMMERCIAL MANAGER

Tracey Toombs
01908 689566
tracey.toombs
@mk-news.co.uk

ADVERTISING ENQUIRIES

DISPLAY, CLASSIFIED AND RECRUITMENT
Tel. 01908 242490 Fax. 01908 689550
Email: advertising@mk-news.co.uk
We would love to show you just how effective advertising in MK NEWS is. For the most cost-effective advertising solutions across MK, call one of our sales staff

DISTRIBUTION

01582 390365
enquiries@mailboxdistribution.co.uk
www.mailboxdistribution.co.uk
IF YOU have a query regarding the delivery of your newspaper or would like to join our team as a teenage or adult newspaper deliverer contact our distribution department on the telephone number above.

WE CAREFULLY deliver the MK NEWS every Wednesday to the whole of MK as well as most of the surrounding towns and villages stretching into Central Beds and parts of Northants.

We also deliver other newspaper titles into the rest of Bedfordshire, Northants, Cambs and further afield.

In addition to our household deliveries, we hand copies of MK NEWS to commuters at MK Railway Station every Wednesday morning between 6.15am and 9-15am.

We also deliver an additional 8,000 copies each week into public buildings, offices, industrial areas, bars, restaurants and shops for people to read that may not live locally and receive a copy at home.

According to the latest independent, audited readership figures, MK NEWS has a weekly readership in excess of 130,000 adults and this figure is growing as we add on more copies to our distribution across MK. We aim to deliver the best possible service to our readers but if you have any questions or concerns about distribution please feel free to contact our team on the number listed above. Our deliverers earn top rates of pay. If you'd like to join our team please contact the distribution department on the number above.

LEAFLET DISTRIBUTION

01582 390357
leaflets@mailboxdistribution.co.uk
TO TARGET your business message by leaflet within our distribution areas please call the telephone number above for information and prices.

MKNEWS
Powered online by: MKWEB
WHERE TO FIND US

1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU
www.mk-news.co.uk
Phone: 01908 242490
Fax 01908 689550
Office open 9am-5.30pm or by appointment.
Published and originated by a division of Local World Ltd
Printed by Iliffe Print in Cambridge

MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Powered online by: MKWEB
WWW.MKWEB.CO.UK

Tax allowance rise will not benefit the poorest

SIR – In his Monthly Focus column, (MK News, March 27) Mark Lancaster MP, commented on the recent budget. He stated 'personal tax allowances rose to £10,000-a-year earlier than expected, giving £700 directly back into everyone`s pocket'.

This claim is incorrect. The poorest members of society pay no tax and self-evidently will gain no advantage whatsoever from any change to personal allowances.

Currently, they face significant cuts to welfare benefits, the 'bedroom tax', etc. In terms of fairness, it is worth contrasting the situation of the poor with that of the highest rate tax payers who from this April will benefit from the Conservative-led government's decision to reduce the top rate of tax from 50 per cent to 45 per cent. For example, the reduction will give £40,000 each year directly back into the pocket of someone on an annual salary of £1m.

David R Newens
Great Linford

It's not just car drivers who pay for our roads

SIR – I write to correct some of the points made by Ryan Green (MK Letters, March 20).

By 'Road Tax' he seems to mean Vehicle Excise Duty (VED). As this is a tax which only covers motor vehicles it's hardly surprising that bicycles are not liable for VED. If the duty were extended to cover bicycles they would presumably fall under Cars Band A, the category for vehicles with low or no CO2 emissions, which are zero-rated for VED.

Mr Green also seems under the impression that VED is used to pay directly for road repairs, when it has not been ring-fenced in this way since 1937.

The revenues raised from VED go into general government funds. Doubtless some of the money then spent on road building and repairs was originally raised as VED, but much of the expenditure was also raised from other taxes such as VAT, income tax, council tax etc.

These are all taxes paid by car-owners and non-owners alike. It is simply not the case that car-owners are the only people who pay for the upkeep of our roads.

John Jefferies
Sent by e-mail

Are we really all in this together?

SIR – Our two Conservative MPs might be giving the Budget the thumbs up (MK NEWS, March 27) but this will not be the response of many people in Milton Keynes.

As the public sector cuts begin to bite and the welfare benefit 'reforms' are introduced, we see more children in Milton Keynes living in poverty and record numbers of people becoming dependent on our excellent MK Food Bank.

This month, thanks to the coalition government, millions of working families will have their tax credits cut and with the 'bedroom tax' coming in and many benefit rises capped at a below inflation rate of 1 per cent, many more people in Milton Keynes will slip into poverty.

Contrast this with the news last month that nine Barclays' bankers received bonuses of £40million and that the government this month will be giving 13,000 millionaires a tax cut of around £100,000 each and we can see that our society is becoming increasingly unfair, under the coalition.

All in this together? I think not.

Dave Brunwin
Stony Stratford

Staff costs help fuel rail fare increases

SIR – As a decade-long London rail commuter, I find myself tired of politicians and their tea-boys (Andrew Pakes, Labour spokesperson) complaining about rail fares.

Do I like paying more to travel on the train? Of course I don't. I'd like the fares to go down each year, but rail travel isn't cheap and the money has to come from somewhere.

Perhaps Mr Pakes would prefer the government subsidise rail travel by reducing the amount it spends on welfare benefits or the NHS?

It may be worth pointing out to Mr Pakes that staff salaries account for a large share of any business cost, and the unions that fund Labour consistently demand above inflation salary increases – and fewer hours – for rail staff, causing rail fares to increase.

John Baker
Woughton

Please be more courteous to cyclists

SIR – In reply to recent letters about both cyclists and potholes.

I am courteous whether in my car, on my bicycle (even waving drivers to overtake), or on foot. Hopefully, anyone reading this will be more courteous to cyclists.

R Dixon
Sent by e-mail

FOLLOW MK NEWS ON TWITTER
and get the latest updates on decisions that affect YOU
@thisisMKnews

Jon Brett's City Life

His column written exclusively for MK NEWS

Singing star Clem Curtis really is hot stuff!

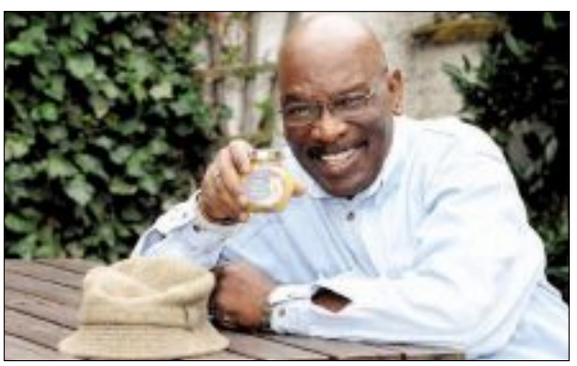
HE'S RENOWNED for his red hot performances, but now legendary crooner Clem Curtis is gaining a reputation for his red hot sauces.

When The Foundations front man, born in Trinidad but living in Olney, isn't touring the world, he can be found in his kitchen bottling the super strong sauce.

"It's my mother's recipe and I missed the taste so much, I started to make it myself," said Clem who hasn't been back to Trinidad since he moved to the UK in 1955.

"The recipe is secret and is locked away. I make it in my kitchen by hand, using natural ingredients and no preservatives. It's not on sale in shops, but by word of mouth if people contact me.

"I'm not about to put myself on Dragon's Den like Levi Roots, but if Sainsbury's want to stock my sauce, let's talk!"



City Life caught up with the Build Me Up Buttercup star at Olney Wine Bar just before he set sail for a cruise to Vietnam. Not to relax, but perform.

"I've been performing on the cruise ships since 2009 and I've literally been around the world. It's a great life and I love singing and entertaining. As long as my voice, strength and health allow me, I'm gonna carry on cruising!"

And that secret ingredient must really work; Clem's mum is 95, Clem, a great great grandad is 73 this year, and his Russian, classically trained pianist girlfriend is just 37.

At £5 a throw, perhaps Clem has managed to bottle eternal youth. I tried it, and it certainly put a spring in my step....

THE RECYCLED PAPER CONTENT OF UK NEWSPAPERS IN 2011 WAS 78.9 PER CENT

The environment is important to us. MK NEWS is printed on paper produced from environmentally managed forests.

Please recycle this newspaper

TELL US YOUR VIEWS **WWW.MK-NEWS.CO.UK**

DO YOU AGREE OR DISAGREE with the stories in the paper or have you a view on an MK subject you want heard?

Letters must arrive by noon on Monday, include your full name and address and should be kept short, to the point and may be edited.

OUR website is updated daily with all the latest news, views, sport and leisure log on to:

www.mk-news.co.uk

An E-edition of our paper is also available on-line

New team for MK healthcare

A NEW NHS organisation has assumed responsibility for healthcare in Milton Keynes.

The NHS Milton Keynes Clinical Commissioning Group (CCG) will represent all 28 GP surgeries in the city, and its 263,000 patients, after taking over from the Primary Care Trust on Monday April 1.

The CCG will also be responsible for £268m, and says it will need to be 'innovative and effective' if it wants to produce better services while reducing the cost of healthcare.

Dr Nicola Smith, chair of Milton Keynes CCG, said: "We have been working in shadow form for a year now and have been building the organisation.

"Doctors from Milton Keynes CCG are already working in partnership with the local authority and other organisations to ensure the best healthcare services possible.

"It will be hugely beneficial to Milton Keynes. It's a collaborative approach and we want to make sure the health services for Milton Keynes are the best they possibly can be."

Resident Michelle Clarke, 36, and Cllr Mick Legg at the drainage channel at the back of Angus Drive

Family homes hit by invasion of rats

BY ANNABEL HOWARD
annabel.howard@mk-news.co.uk

RATS have invaded the homes of families in West Bletchley – getting into lofts and under floorboards.

Now a councillor has called for action to end the problem which has flared up in previous years.

Pest control officials visited a council-owned property in the street two weeks ago to lay rat poison. But the problem has not been solved. Full-time mum Michelle Clarke, 36, said she has not slept in weeks after hearing rustling above her head and under the floor late at night.

Michelle's brother lifted floorboards and filled a hole to prevent rats coming through.

The mum-of-four said: "I was told by pest control that this wouldn't make any difference as they would still get in."

Three houses affected are immediately behind a storm drain in Angus Drive. It is believed to be the source of the rats. Although the storm drain is managed by Anglian Water councillors argue that MK council also has an overall responsibility for public health.

Cllr Mick Legg said: "You can imagine my shock when a resident told me that the rat problem was getting worse and the rats were living in people's homes.

"The council and Anglian Water need to liaise to resolve the issue once and for all."

Cllr Nigel Long added: "This has escalated and become a public health problem."

A council spokesman said: "We have been working with tenants who have complained of a pest problem to ensure access points to their properties are blocked and food sources and hiding places around properties are removed. This work is on-going.

"The drains were inspected last year and there were no signs of any nesting or harbourage. No runs from the drains to the properties at the time of the inspection were located."

Health centre work gets started

WORK has begun on a new health centre in Wolverton, and the occasion was marked by a turf-cutting ceremony.

The new NHS Clinical Commissioning Group secured approval for the new centre in October 2012, while the Local Improvement Financial Trust (LIFT) has invested £2.3m to replace the old building with a new modern health facility.

Speaking at the cutting, held last Thursday, Dr S A Mushtaq, of the Wolverton Health Centre, said: "I am so pleased that this day is finally here. It is a pleasure to break the ground for the building of the new health centre for the people of Wolverton."

The new centre is being built next to the current one, which will be demolished once work is finished. The health centre will remain open during the work.

Will Pope, outgoing chair of Milton Keynes Primary Care Trust, said: "A new health centre for Wolverton has been in the planning for around 10 years. This is hugely significant for the quality improvements that we expect the new centre to bring for the people of Wolverton."

Gallaghers
Windows, Doors & Conservatories Ltd

Order now for fitting in April

Beautiful
Upvc, aluminium and timber
Windows, Doors & Conservatories

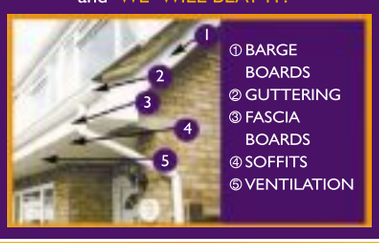
Quality PVCU Windows & doors we put our name to...
Kevin Gallagher has been installing Windows, Doors and Conservatories in and around the Milton Keynes area for over 25 years.

At Gallagher's we pride ourselves on our fast, reliable and efficient customer service. Our windows and doors are of the highest quality and come with a British Standard Kitemark plus we offer a 10 year insurance backed guarantee. Gallagher's will not be beaten on price, so call us first and transform your home forever. We are honoured to say that 90% of our work is from recommendations.

Insist on a British Standard Kitemark window.

Price promise

Good quality,expert installations, exceptional after sales. All this doesn't have to be expensive. Bring down any written quote into our new showroom and WE WILL BEAT IT!



Visit our New website
www.gallagherandcropton.co.uk

Unit 14, Stadium Business Court,
Lyon Road, Bletchley
Showroom hours: Mon - Fri 9.30am - 5pm
Sat 10am - 3pm
Office hours: 9am - 9pm. 7 Days a week
☎01908 639666

FENSA Registered Company No. 35327

Windows & Doors Installed in 21 days
Instant Security
Best Prices Guaranteed!

Doors from £499
inc VAT & Fitting while stocks last
Insurance backed Guarantee

Windows • Doors • Conservatories • Fascias • Soffits • PVCu Cladding

WIN-DOR
WINDOWS, DOORS AND CONSERVATORIES

" THE LARGEST AND MOST ESTABLISHED INDEPENDENTLY OWNED WINDOW, DOOR AND CONSERVATORY MANUFACTURER AND INSTALLER IN THE REGION."

Come and see why in our purpose built window, door and conservatory superstore

IN MK SINCE 1978 — INSTALLING WINDOWS AND DOORS — 34 YEARS

All Win-dor conservatories are 365 day a year rooms, from traditional to the modern and contemporary we only use the latest hi-tech products.

Don't settle for second best insist on British standard kite marks

3m x 3m Victorian £7499.00 inc VAT

Representative examples

Cash Price	£7499.00
Deposit	£2000.00
Outstanding Balance	£5499.00
2 Years Interest Free Monthly Payments	£229.13

BS 1279 KM 29331 · BS 950/7412 KM 33512 · BS 950/7412 KM 33512

BS EN ISO 9001-2000 FM 31065

FENSA Registered Company Reg No 10018

Read hundereds of reviews & customer testimonials at www.homepro.com

TRUST MARK

Spruce up your home & treat yourself to a new high security composite front door

0% APR Interest free

available inc buy now, pay later, long term finance packages available.

The largest number of composite doors on display in Milton Keynes and as Milton Keynes only manufacturer we will not be beaten on quality or price.

01908 233 433 or 0800 834507

TEXT WINDOR To 65365

365 reply.com

WIN-DOR
WINDOWS, DOORS AND CONSERVATORIES

FREE instore quotations, online quotations and on site visits

20 Dunsby Road, Redmoor, Milton Keynes **Visit our website at www.windor.co.uk**

VISA MasterCard

Come & browse around the largest indoor window door & conservatory showroom in the region!

No high pressure selling guaranteed!

Amy Hansford, *centre*, pictured with Charlotte and Robert Lovelock, is starting up a new drama club

Amy sets up Pyjama Drama

A FORMER primary school teacher will launch a new city drama club with some Easter celebrations.

Amy Hansford has set up Pyjama Drama, which will offer drama and play classes for babies, toddlers and children up to seven years old.

Amy, who has a two-year-old daughter, said: "The classes are packed full of fun drama games, music, movement and of course lots of role-play and pretending. Using their imagination is what children do naturally at this age and there are huge benefits to their development, such as building their confidence and developing their communication and co-operation skills."

The Easter Celebration sessions, 'The Mystery of the Missing Easter Bunny', will be held at Shenley Leisure Centre on April 9 and at Bletchley Community Centre on Saturday April 13. Regular sessions will then continue every Tuesday and Saturday.

Contact Amy on 01908 886 113.

£33k credit card bill at MK council

BY JAMES AVERILL
james.averill@mk-news.co.uk

MILTON Keynes Council ran up more than £33,000 in credit card spending between January 2009 and March last year.

The figures are revealed in a Freedom of Information request by MK NEWS.

It showed that credit cards were used for payments ranging from £2,800 on awards for staff, including high street vouchers. In one case there was a payment of £720 at John Lewis, described as 'awards'.

Also included are bills of more than £5,500 for specialist advice group SOLACE. There was also a number of bills for travel and accommodation.

Matthew Sinclair, chief executive of the Taxpayers' Alliance, said: "A number of these transactions look like terrible value for taxpayers' money, especially payments to lobbying groups like SOLACE (Society of Local Authority Chief Executives). Itemised bills for council procurement cards should be published automatically so local residents can scrutinise whether their cash is being spent wisely."

But the council defended its use of the cards, and the use of SOLACE, the Society of Local Authority Chief Executives.

A MK Council spokesman said: "SOLACE provides support to local government, and attending conferences allows the chief executive to share learning experiences with colleagues from around the UK."

The spokesman added: "Staff will inevitably incur costs and in some circumstances credit cards are the most effective way to handle such expenses.

"Costs may be incurred when staff are required to fulfil out of hours commitments and an overnight stay may be sensible."

View the full figures on our website at www.mk-news.co.uk.

MKNEWS BRIEFS

Outdoor shop relocates

AN OUTDOOR shop that has been based in Stony Stratford for more than 30 years is relocating to Stacey Bushes Retail Park. The Outdoor Shop, on High Street, will be moving to its larger home within the next few weeks. The new premises will allow the company to bring together mail order, warehouse and shop operations.

Trapped deer rescued

FIREFIGHTERS had to release a muntjac deer who had got its head trapped in a fence. Bucks Fire Service visited the scene in Sherwood Drive, Bletchley, on Sunday afternoon. One crew from Bletchley attended and were able to release the frightened animal.

REVIEW: Hairspray, MK Theatre

HAIRSPRAY delivers a dazzling riot of music, dance and more than a few laughs at MK Theatre.

Toe-tapping 60s-style rock 'n' soul had the audience up and dancing as the signature 'You Can't Stop the Beat' brought down the curtain.

The story follows teenager Tracy Turnblad's bid for stardom as a dancer on a TV pop music show. Freya Sutton brings vitality and energy to the role. The cast includes TV's Mark Benton as Tracy's mum Edna. He reduced the audience to fits of laughter and suffered a serious attack of the giggles himself in an opening night duet with Paul Rider who plays husband Wilbur Turnblad.

Full review at mk-news.co.uk. The show runs until Saturday.

Knowledge hub University of Bedfordshire

FREE management training

Skills for Growth

starts 7th May 2013 (evening programme)*

- Gain a CMI Level 5 award in Leadership and Management
- 10 week programme
- Key topics: personal development, project management, innovation for business growth

*Eligibility criteria applies. Excludes businesses paying rates in LU1, LU2, LU3 and LU4.

To find out more:
0800 328 5334
knowledge@beds.ac.uk
www.beds.ac.uk/knowledgehub

* These programmes are funded by key European and local council partners, please visit www.beds.ac.uk/knowledgehub for full details.

CROWN

Crown Conservatories, Windows & Doors
CALL TODAY FOR A FREE NO OBLIGATION QUOTATION
FULLY INSTALLED WITHIN 14-21 DAYS
ESTABLISHED FAMILY RUN BUSINESS

*Replacement Windows, Doors, Conservatories
*Fascias, Soffits, Guttering & Cladding
* Bi-Folding Doors *Bi-Folding Windows

*A RATED As Standard
* UPVC & Aluminium Products *Composite Doors
* Supply only also available * 10 Year Protection Insurance

Unit 2E, Fernfield Industrial Estate, Whaddon Road, Mursley, Milton Keynes MK17 0PR
Telephone: 01908 507778
Fax: 01908 505458
www.crownwindows.co.uk

PROMOTION ON ALL BOSCH APPLIANCES

STOLEN

During the last few months we have stolen kitchen sales from National Kitchen Outlets and Superstores.

We admit to the offence, but plead mitigation. We did not know that our Quality Kitchens could be as competitive as less quality kitchens.

We know we look expensive, but with our low overheads, we can offer better prices than larger national companies, even with their supposed, 40%, 50% or 60% off promotions.

We look forward to designing and installing your new kitchen !!!!

QUALITY, AFFORDABLE, EXCEPTIONAL VALUE

Kitchen fitting from only £499.00*

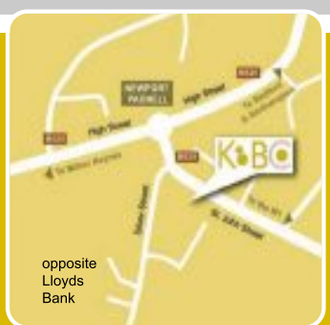
CALL FOR YOUR FREE DESIGN SERVICE – SUPPLY ONLY OR FULLY INSTALLED

*Subject to terms and conditions

Established Over 30 Years

the kitchen & bathroom co.
14 St John Street, Newport Pagnell, MK16 8HJ
sales@kmb.net
01908 615615 www.kbmk.net

FRANKE BOSCH hansgrohe matki



Drug counsellor's guide for parents

BY ANNABEL HOWARD
annabel.howard@mk-news.co.uk

A DRUG counsellor with more than 20 years of experience has written a guide for parents of drug addicts.

David Blyth, 59, of Oldbrook, wrote the book after setting up a free counselling service with wife Jeanette, for young users and their families in 1999.

Charity Eclipse Counselling based in Newport Pagnell has helped thousands of young people with addiction but David felt there was a gap in the market for parents and carers.

'A Parent's Worst Nightmare' is aimed at people like many parents David has met who did not understand why their children had turned to drugs.

The father-of-four said: "My aim is to try to help parents and grandparents who do not have a clue about drugs or what to do.

"I came up with the idea about ten years ago but only started to write it about two years ago.

"This book is not for the young people, it's for their loved ones who feel helpless."

One of David's aims is to arm carers with the knowledge to help youngsters.

Help: David Blyth with his guide for parents of young drug addicts

He said: "Abusing drugs and alcohol causes immense tension in a family. Parents feel powerless to help their children, but there are ways you can fight back."

David believes that one of the main problems for parents wanting to help young people is communication and having a lack of information.

He continued: "We want to make it so people can talk about drugs more freely

"Parents are part of the ongoing fight against addiction. We need to get as many people on the battle side as we can.

"That's just working with the parents of children who are using.

"Most parents feel they are a failure and they are not. Drugs do not choose just rich kids or poor kids.

David's 96-page book, published by Milton Keynes-based Summit, costs £8.99.

For more information visit www.eclipse-addiction.org.uk.

CROWN BUILDING SERVICES

• Architectural Design & Planning Service Available
• Extensions and New Builds from Planning to Completion
• Driveways & Patios • General Building

NOW SPECIALISING IN ALL ROOFING REPAIRS & FULL INSTALLATION

• Full Refurbishments
• Private & Commercial Property Maintenance
Please call our office for a free quotation

Unit 2E, Fernfield Industrial Estate, Whaddon Road, Mursley, Milton Keynes, MK17 0PR
Tel: 01908 507778

The difference is CRYSTAL CLEAR...

✔ Local Family Run
✔ Good, Honest, expert advice & Exceptional Service
✔ Contact us 7 days a week 8am - 8pm for a FREE No Obligation Quote
✔ Delivered & Fitted within 3 weeks
✔ All cards accepted

10% OFF windows and doors*
£500 OFF every conservatory

Replacement Glass Units
Are your glass units, cracked, broken or steaming up from the inside? A glass unit can be replaced quickly, easily and at a very low cost to ensure the continued efficiency of your window. We can order and replace glass units within 7 days.

CRYSTAL CLEAR
01908 234363 / 0771 335 4709
www.crystalclearglazing.com enquiries@crystalclearglazing.com

FIRST 75 MEMBERS PAY NO JOINING FEE!*

At last in Fenny Stratford

the complete fitness & weight loss solution for every woman...

Results guaranteed in just 6 weeks*

• Easyline circuit
• Motortone circuit
• Range of classes including Zumba
• Free parking

énergie fitness for women

*Terms and conditions apply.

55a/55b Aylesbury Street
Fenny Stratford MK2 2BH
www.effw.co.uk/fennystratford

Places are limited so phone today on
01908 374478

Homesnow

Selected properties from local estate agents

TAXIS AND PRIVATE HIRE

Eezy Cabs gives you fixed prices at time of booking online or by phone

New Live online CASH WEB BOOKER

The ONLY COMPANY IN Milton Keynes to accept LIVE online bookings.
*The ONLY company in Milton Keynes to accept in the vehicle Credit and Debit card payments.
The only company to give fixed prices.

EEZYCABS
01908 218 218
www.eezycabs.co.uk

'PASSENGER ASSISTANTS (SCHOOL ESCORTS) REQUIRED'

ATOMIC wheels and tyres

YOKOHAMA
205/55/16 - £65
225/45/17 - £92
225/40/18 - £100

Great deals on all Makes of Tyres
call today for prices...

...0800 313 4993

4 Wheel Alignment checks only £35

TOYO TIRES
205/55/16 - £59
225/45/17 - £75
225/40/18 - £96

DUNLOP
205/55/16 - £65
225/45/17 - £90
225/40/18 - £109

tyre prices are subject to change - please call

Find us at Northfield Drive, MK15 0DQ or online www.atomicwheels.co.uk Call us on 01908 768510

FRIENDLY FAMILY RUN GARAGE
SERVING MILTON KEYNES SINCE 1979

MOT
10 Day FREE re-test period

Accident Repairs

Servicing

Tyres

Mechanical Repairs

Full laser wheel alignment

Body & Paintshop

Vehicle Diagnostics

FREE VALET
With every major service
*T&C apply

Get your car checked for Winter with our specialist health checks

New text reminder service now being used for MoTs

MOT £35

AUTOCARE

- BETTER SERVICE
- QUICK TURNAROUND
- BETTER PARTS

Quality service from trained technicians.
All Autocare technicians have access to top quality training in the latest technology

www.okgarage.co.uk

Follow us on Facebook

COMPETITIVE PRICES, CALL NOW FOR A QUOTE

OK Garage

Tel: 01908 606848

Waterside, Peartree Bridge Milton Keynes, MK6 3BX

16 months in jail for prison officer

BY JAMES AVERILL
james.averill@mk-news.co.uk

A PRISON officer who worked at the city's Woodhill Prison has been jailed for 16 months.

Richard Trunkfield, 31, sold secrets about James Bulger killer Jon Venables to The Sun newspaper to clear his credit card debts.

Trunkfield, of Ashley Lane, Moulton, Northants, admitted one count of misconduct in a public office, in March and April 2010.

The operational support officer called journalists offering information about Venables being held in isolation, and even his 'burger and chip' eating habits.

He made £3,350 by fuelling five stories about Venables, including prison rumours that the child murderer's family were refusing to visit him behind bars.

Trunkfield, who worked for the prison service for five years, got the idea to ring The Sun after gossiping with colleagues that The Sun would pay for information on the high-profile inmate.

Venables, now living under an assumed identity, was convicted alongside Robert Thompson of killing toddler James Bulger in 1993 when they were both aged 10.

He was recalled to prison in 2010 after being suspected of child porn offences.

Jailing Trunkfield, the judge, Mr Justice Fulford said corruption risked the integrity of the prison service, and could have jeopardised inmate's safety.

"This was thoroughly disgraceful behaviour," he told Trunkfield. "The defendant's actions could have proved highly damaging to the prison service in this country," the judge added. "He hoped to improve his short term financial position."

He said Trunkfield's actions had a 'highly corrosive effect' on the integrity of the prison service.

Trunkfield was ordered to pay back £3730.99 within a month as he was jailed.

Jailed: Richard Trunkfield

Gallaghers Windows, Doors & Conservatories
Secured by Design
Composite Doors - Bi Fold Doors – French Doors – Patio Sliding Doors
Price from £650
Large selection of colours available on all doors
FENSA
Bi fold doors Unique Low threshold
3 doors upto 3 metres £1755
4 doors upto 4 metres £2215
Fitted inc VAT
Price Promise
Good Quality, expert installation exceptional after sales. All this doesn't have to be expensive
Sliding patio door
Bring down any written quote into our new showroom and WE WILL BEAT IT!
Unit 14, Stadium Business Court,Lyon Road, Bletchley
Showroom hours: Mon - Fri 9.30am - 5pm
Sat 10am - 3pm Office hours: 9am - 9pm. 7 Days a week
(01908) 639666 www.gallagherandcropton.co.uk
See our main advert on page 5

PREGNANT?
MUM & BABY SCAN
Reassurance for peace of mind
ULTRASOUND SCANS BY EXPERIENCED SONOGRAPHERS/MIDWIVES
Early Dating Scan
Gender/Sexing Scan
Reassurance Scan
Anomaly Scan (to detect any abnormalities)
3D/4D Baby Bonding Scan
Evening and weekend appointments so the whole family can enjoy the wonderful experience
Best prices in the Milton Keynes area
For more information, visit our website www.mumandbabyscan.co.uk or Call 01908 909090
VENUE: THE CLINIC MK, 4 STATION HOUSE, CENTRAL MILTON KEYNES MK9 1BB
The Clinic MK is a modern private clinic conveniently located at the Central Milton Keynes train station.
Opening Times: Monday-Friday 8am-8pm Saturday 9am-6pm

Promote your business with Leaflets in any of our newspapers from only £14.50 per 1,000 t:01582 390357

ADVERTISEMENT

Cloudy2Clear Windows – Service With A Smile!

It's been a crazy few months for Cloudy2Clear Windows. The company which specialises in repairing windows which are steamed up, broken or damaged by replacing the panes – not the frames has grown rapidly as homeowners take advantage of their services.

Managing Director Billy Harley feels that it's all about service. 'Our product is simple. If your double glazing is misted up we can replace the glass at a fraction of the cost of a new window, in any type of frame, and with a new 5 year guarantee. But it's not just about saving people money, although that obviously helps.

Many tradespeople have struggled since last year and I honestly feel that during the good times a minority perhaps didn't focus on customer care as much as they should have done. We make sure we turn up when we say we will, do the job the customer requires and leave their house as clean as a whistle. I often get comments back from customers on how they really didn't expect that sort of service which, in a way, is very sad for the service industry as a whole.'

Cloudy2Clear service the Bedford, Milton Keynes & Leighton Buzzard areas and Billy is finding that his approach is a major factor in his success. 'The truth is that it's not just the personal satisfaction that I get from doing a good job but also it makes good business sense. I get a huge amount of business from friends and family of people I've done work for, which just goes to show how much a little bit of effort is appreciated.'

So, if your windows are steamed up, broken or damaged give Billy a call for a free quotation on **0800 61 21 118** and he'll be happy to help!

STEAMED UP DOUBLE GLAZING?
Don't replace the Frames... just the Panes!
Broken or Damaged Windows?
Faulty Hinges, Handles or Locks?
Want The Latest Energy Saving Glass?
All Glazing Backed By Our
5 Year Manufacturers Guarantee
cloudy 2 CLEAR WINDOWS
REPLACING YOUR FAILED DOUBLE GLAZING
Priority Freephone
0800 61 21 118
www.cloudy2clear.com
...we make saving money perfectly clear...

10,000 Leaflets
Printed And Distributed
from only £417

Limited Special Offer

- High Impact
- Low Cost
- Choose your target area
- 3,000 to 750,000 quantities

Contact Our Sales Team
t: 01582 390357

(offers subject to terms and conditions, and may vary by minimum order value, size of product and chosen distribution area)

College scheme links

BY JAMES AVERILL
james.averill@mk-news.co.uk

AN INNOVATIVE new scheme will help connect MK College students with local employers.

The college and REED NCFE this week launched their new partnership, which will offer businesses in the city a free recruitment service, and will teach the young students how best to prepare for work.

Last Wednesday's launch, attended by local business leaders, offered an insight into how the partnership will operate. Employment brokers will work with students to ensure that they match the specific needs of businesses, and will help with mindset skills. And employers who take part in the scheme committing to interviewing applicants from the college will not have to pay recruitment fees.

Since the beginning of January, more than 600 students have signed up to the scheme.

Dr. Julie Mills, principal of MK College, said: "All we ask in return from employers for taking advantage of this valuable offer is feedback on their new recruits, particularly their behaviour and attitude in the workplace.

"It's important for employers to know that we're also very open to the idea of finding part-time work for students. It can be crucial for young people to be able to contribute financially at home while they're learning.

"We are one of only ten colleges in the UK to offer this service and we are excited about the opportunities it provides for our students and employers."

The REED team will be working from a dedicated room in the college, named the 'Work Hive', which was officially opened by Dr. Ann Limb, chairman of the South East Midlands Local Enterprise Partnership.

Dr Limb said: "This is a major investment by the college into its students' future employability and is an exciting and innovative way of matching students to jobs, in turn helping boost the region's economy.

"It is wonderful to be part of this launch and congratulations to Milton Keynes College for leading the way and having employment experts here in the classroom."

Tom Millar a director of REED NCFE, added: "A lot of people think there is very little work out there for young people but actu-

Chileshe Kanyanta and Esther Webb with Giuseppe Di Leonardo of REED NCFE at the official opening of The Work Hive at MK College

The Marle Inn presents...

HOME MADE PIE CLUB

Choice of different pies every week
Chicken & Ham Hock
Beef & Ale
Steak & Kidney
Fish Pie
Vegetarian & Gluten free available
To include vegetables and potatoes a glass of wine or beer or a soft drink all for only
£10.00

Marle Inn
Every Thursday pre book to avoid disappointment

01908 237231
www.themarleinn.co.uk
Great Linford Lakes, Wolverton Road, Milton Keynes, MK 14 5AH

SALE NOW ON

Contemporary Designed Kitchens, Bathrooms and Bedrooms, using top brands such as MEREWAY , FRANKE, SIEMENS, ELICA & FRONTLINE. Incorperating our NEW MAT Strech ceilings we offer a completely new way to complete your visions.

Providing a complete service from concept to completion.

EMPORIUM DESIGN
Kitchens & Bathrooms

0800 865 4549
Come and Visit our amazing showroom at
195 - 201 Wellingborough Road Northampton, NN1 4AT
Car Park rear of Sainsbury

www.emporiumdesign.co.uk

Homesnow

Selected properties from local estate agents

students to jobs in MK

ally there are hundreds of jobs just waiting for the right person.

"Since the launch of the partnership in January 2012 at Bournemouth and Poole College, the service has had an average of 200 live vacancies each month, placing hundreds of students in employment at the end of their college courses. We hope and expect the same success for Milton Keynes College."

One of the students already benefiting from the service is 26-year-old Esther Webb, who has just finished studying an IT Essential course.

REED have said that they will work with students for a year after they finish their courses.

"I've been out of work for seven years because I've been bringing up my two children, and REED have helped me because a lot has changed in that time.

"I didn't really know what to write on my CV, but now I have a couple of part-time jobs lined up. At this stage I don't want a full-time job because I want to come back and study networking security."

The partnership also received the backing of MP Iain Stewart, who attended the launch. Mr Stewart told MK NEWS: "I think it's an excellent project.

"We are officially the best for business, we will only attract more businesses in the future. We have to show that we have the right skill base available."

Dr Ann Limb of SEMLEP unveils the 'Work Hive', the home for REED within MK college

REED's Tom Millar speaks

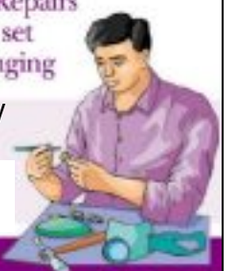
STEPHEN ALAN'S JEWELLERS

Fast efficient jewellery repair service

Soldering • Ring sizing
Remodelling • Chain Repairs
Stone supplied and set
Pearl and bead restringing

Also Watches, Jewellery and Valuations

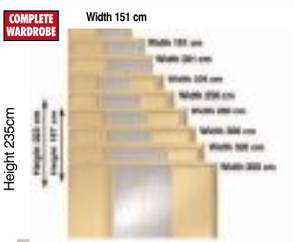
I ♡ LB
Go local first



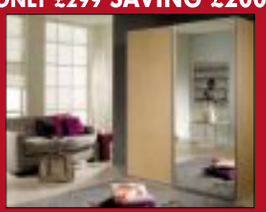
30 High Street, Leighton Buzzard Tel: 01525 373177
52 Queensway, Bletchley Tel: 01908 632257

SALE NOW ON
YOU BUY - WE BUILD - FREE ASSEMBLY
DOUBLE DISCOUNTS - EVERYTHING REDUCED

COMPLETE WARDROBE
Width 151 cm
Height 235cm



THIS SLIDING WARDROBE ONLY £299 SAVING £200



FREE ASSEMBLY

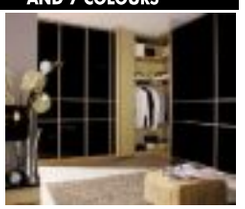
AVAILABLE IN 9 WIDTHS, 3 HEIGHTS AND 7 COLOURS

CHROME TRIM RANGE

OVER 100 COMBINATIONS POSSIBLE

CHOICE OF SLIDING OR HINGED DOORS

DESIGNS TO MATCH YOUR REQUIREMENTS



0% INTEREST FREE CREDIT AVAILABLE

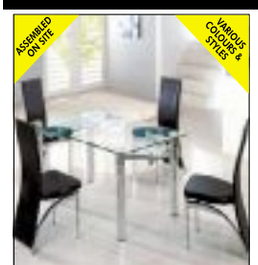
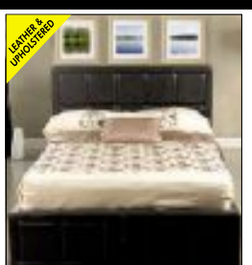
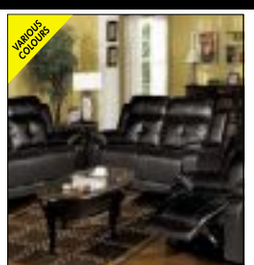


TABLE AND 4 CHAIRS
WAS £999
NOW WITH DOUBLE DISCOUNT £539



NEW RANGE OF BED FRAMES
WITH OTTOMAN STORAGE
FROM £242



OVER 20 SOFAS ON DISPLAY
3+2 OPTION WAS £1648
NOW £799

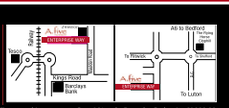
TABLE AND 4 CHAIRS
WAS £1215
NOW £599

OVER 40 RANGES ON DISPLAY

Take our Virtual Tour Now
Also on Google Maps

www.afivefurniture.com
Over 20,000sqft showroom - Ample easy parking.
Tel: 01525 721727
Enterprise Way,
Maulden Road, Flitwick,
Bedfordshire MK45 5BS
Only 20 mins from the A1

Monday - Saturday: 9.00am - 5.30pm
Sunday: 10.00am - 4.00pm



*Finance subject to status. Over 18's only. Example: Cash price £1000.00. 10% Deposit £100.00. Balance £900.00. 12 payments of £75.00 paid monthly. Total amount payable £1000.00 – 0% APR.

A.five Furniture
Local Family Company - Established over 16 years

CLAYS
VECHICLE REPAIRS

ONE CALL DOES IT ALL

FULL SERVICE FOR £49.99
ALL INCLUSIVE OF PARTS AND LABOUR

MOT'S £20
ENGINE DIAGNOSTIC ALL MECHANICAL WORK UNDERTAKEN

BODY SHOP 612204
Customisation, small scruffs and scratches. Accident repairs, full re-sprays. Cut price cut and polish. Alloy repairs & trade work welcome

TYRES, ALL SIZES AVAILBLE

01908 616158/01280 860700

ANY MAKE, ANY MODEL FREE COLLECTION AND DELIVERY
WRITTEN DETAILS ON REQUEST

72 Tanners Drive, Blakelands, Milton Keynes MK14 5BP

Clays

www.jobsnow.co.uk

Rosie Kitchiner
CCEP DACNB FACFN
FABVR FCC (Paeds)
Doctor of Chiropractic
rosie@gfchiro.co.uk

LIVE LIFE HAPPY & HEALTHY

Babies & Children £10 check ups

Happy Baby Clinic, Happy Child Clinic, Posture & Movement Clinic, Headache Clinic, Sports Tune-Ups

19 Whestone Close
Heelands
Milton Keynes
MK13 7PP

GENTLY DOES IT!

Gentle Family Chiropractic

07812124076
www.gfchiro.co.uk
*Terms and conditions apply.

Gabrielle Stevens
BSc(Hons) DC, LCC
Doctor of Chiropractic

- Also has a degree in Sports Exercise Science
- Also qualified to perform Dry Needling techniques
- Member of the British Chiropractic Association
- Registered with the General Chiropractic Council
- Member of the College of Chiropractors
- Trained in a diverse range of Chiropractic Treatment Techniques for patients of all ages
- Qualified to examine, diagnose, X-Ray and treat numerous BACK, NECK, PELVIS, LIMB and SPINAL COMPLAINTS and CONDITIONS

Available for direct private appointments at
Milton Keynes Chiropractic Clinic
at Fenny Stratford (Bletchley)

Initial 1 hour consultation, including examination & either treatment or x-rays for the ALL inclusive fee of only £30

Clinic Opening Hours:
- 9am - 9pm Monday to Thursday
- 9am - 6pm Friday
- 9am - 2pm Saturday
- XRAY SUITE ON SITE
- PRIVATE CAR PARK

To make an appointment or for more information please call
Fenny Stratford
(01908) 37 27 37
63 Aylesbury Street, Fenny Stratford (nr Bletchley), Milton Keynes, MK2 2BJ
www.mkbackpain.com

Homesnow

Selected properties from local estate agents

Barry aims to inspire

BY ANNABEL HOWARD
annabel.howard@mk-news.co.uk

AN 'EX-DIABETIC' who changed his life after being diagnosed with the condition 11 years ago has written a book to help other sufferers.

Barry Landsberg, 62, from Little Brickhill, author of 'Becoming an Ex-Diabetic', lost six stone in 15 months after he discovered he had diabetes.

His self-confessed love of food and hate of exercise, lead Barry to weighing 19 stone.

A product manager for AGFA Graphics, he was diagnosed with type two diabetes while working in France.

He said: "I had not been looking after myself and they discovered I had a lot of sugar in my blood.

"I thought it was just because I was getting old as I had just turned 50.

"I had just accepted that the rest of my life I would be big."

His GP in the UK told him he needed to change his lifestyle.

SLIMMER: Barry shows how he's lost a notch or two on his belt and *inset*, how he looked before losing weight and becoming an ex-diabetic

Barry said: "I fell out with him because I wanted a quick fix. I wanted him to give me a pill to make it go away. I wanted the easy way out.

"He said I would have to change my diet. I didn't like it, but now I'm very grateful to him. I've done it the hard way and it has been a lifestyle change.

After the initial weight loss, the dad-of-two became interested in fitness and took up kickboxing and other sports.

He said: "They were things I never would have dreamed of trying before."

Barry kept a journal during his battle to lose weight and maintain a healthy lifestyle.

Two years ago he sat down and began to seriously write a book to inspire other people with the condition.

His book promotes the idea that you can be diabetic without having to the live the life of one.

He added: "The myth is when you get it you have it for the rest of your life."

In Autumn 2012 Barry's doctors took him off the diabetes register and due to his new health and fitness regime he quickly recovered after having a heart operation last August.

Barry continued: "They told me had I been the weight I was before I would not have recovered as well."

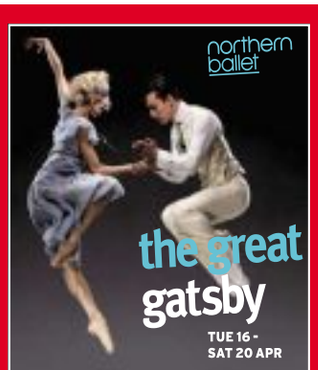
More than 9,000 people in Milton Keynes have diabetes.

Trusted Friends
(with Individually Yours Ltd)
MK Pet Crematorium
"Lay Your Best Friend to Rest With Dignity & Respect"
In the sad event of your pet's passing,there is no need to leave them at the vets.
Collection & return within 48 hours.
Guaranteed Individual Cremation
Tel: 07514 226671
www.trustedfriendspfs.co.uk

JobsNOW
www.jobsnow.co.uk
DON'T WAIT FOR YOUR PERFECT JOB
- PLACE YOUR CV ONLINE WITH US NOW!

MILTON KEYNES THEATRE

ATG TICKETS 0844 8717652*
www.atgtickets.com/miltonkeynes*
(*bkg fee)



diabetes sufferers

About 90 per cent of these people have type two diabetes and according to Diabetes UK, thousands of people in the UK do not even know they have it.

Pav Kalfi, a clinical advisor for Diabetes UK, said: "There's no such thing as a cure. With a change of diet the effects can be reversed and you can come off medication, but you'll still have it.

"It's just in the short term that it's not a problem, but chances are that later in life it will catch up with Barry and he will need to go on to medication.

"It's fantastic what he's done. It's achievable for anyone to come off the medication and be in Barry's state, but not everyone has the determination. It's something which can be manageable.

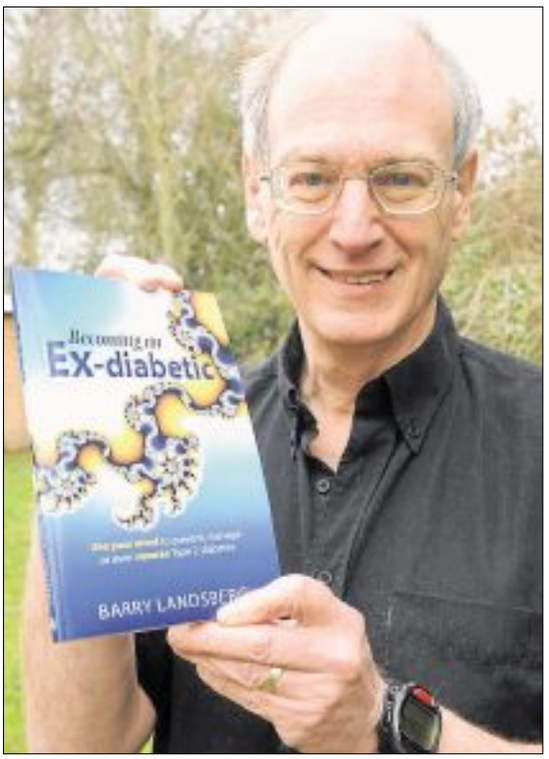
"Barry has managed it extremely well. He still has diabetes, but he is delaying any problems which come along with that. The fact he has been successfully managing it for 11 years, is a great achievement."

Wife of nearly 40 years, Linda, 61, is proud of Barry's achievement.

The programme manager for the Open University said: "It was really something he decided he had to do."

Linda also said that he had tried dieting for about 20 years without long-term success.

She added: "He can do things now he couldn't do before."



GUIDE: Barry Landsberg with his book 'Becoming an Ex-diabetic'

Promote your business with Leaflets in any of our newspapers from only £14.50 per 1,000 t:01582 390357

Kitchen Makeovers Ltd
Door Replacement Specialists
Complete Kitchens Made to Measure

Ring for a free quote
01234 340643
07801 624444
Unit 16, Bedford Business Centre, Mile Road, Bedford MK42 9TW

Beautiful fresh flowers for any occasion
Worldwide Delivery Open 7 days a week
Birthdays, Anniversaries or just to say thank you, we also arrange flowers for weddings, events, funerals and corporate displays for offices and hotels.
We can also deliver chocolates, teddies and helium balloons with flowers..
Our flower business is based on the belief that our customers' needs are of the utmost importance.
Our entire team is committed to meeting those needs. As a result, a high percentage of our business is from repeat customers and referrals.
Same day delivery in and around Milton Keynes
Call or stop by today!
Milton Keynes Florists
The Gatehouse, Chenney Weld, Milton Keynes, MK6 1HE
www.miltonkeynesflorists.com
01908 677888

WILTON HALL
Milton Keynes Premier Venue to Dine, Dance and Party the Night Away
Presents

Ultimate Beatles Tribute
Friday 12th April £23

Party night with Pure Genius
Friday 19th April
£18 Special

70's night with Generation Disco
Friday 26th April
£23

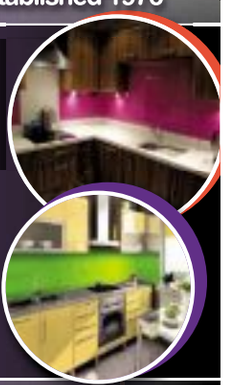
70's & 80's with Groove Connection
Friday 3rd May
Start your Bank Holiday Weekend with a great night out, great food, great music, great company.
Limited Time Special Offer £18

All our Theme Nights include a superb hot and cold buffet with a choice of sweets, cheeses and our fabulous chocolate fountain.
PRE-BOOKING ONLY – Box Office: 01908 372277
• Special offers are for NEW bookings only and can be withdrawn at any time. E&OE
Book now for Outside Catering, Weddings, School Proms, Private Events, Wakes and Christmas Parties
Strictly Smart Casual, NO TRAINERS , Over 18s Only
The Management reserve the right to change the menu or programme without prior notice.
For terms and conditions please visit www.wiltonhall.co.uk E&OE.
Wilton Avenue, Bletchley, Milton Keynes, MK3 6BN

LOCHS & GLENS HOLIDAYS
Scenic Scotland
Highland Hotel
Fort William
STB ★★★
A 5 day coach holiday staying at our Highland Hotel. There will be an excursion everyday including the Isle of Skye to Armadale with entrance to the Clan Donald estate, cruise on Loch Linnhe, Loch Ness and Inverness.
All for just £249 per person
Your special coach departs Saturday 18th May
Tour includes:
4 Nights Half Board
Nightly Entertainment
All Excursions
Pickup from Leighton Buzzard, Milton Keynes, Towcester, Northampton
01389 713713 www.lochs.com
Holidays are fully bonded.
School Road, Gartocharn, G83 8RW

HomesNOW
www.homesnow.co.uk
Your property search just got easier

City Glass
... Established 1976
CITY GLASS INTRODUCES COLOURCOTE GLASS
FOR SPLASHBACKS, TABLE TOPS ETC
BESPOKE SERVICE ANY COLOUR AND SIZE SUPPLY ONLY OR SUPPLIED AND FITTED
WE CAN SUPPLY A SINGLE SPLASHBACK OR FIT YOUR ENTIRE KITCHEN, BATHROOM OR OFFICE.
GLASS CAN BE SHAPED AROUND ELECTRIC SOCKETS, SWITCHES OR FEATURES
MODERN ALTERNATIVE TO TILES, GRANITE ETC.
NO GROUT LINES TO DISCOLOUR!
TELEPHONE FOR A COMPETITIVE QUOTATION:



21 Vicarage Road, Stony Stratford, Milton Keynes, MK11 1BN
Tel: 01908 563866
Unit 6 Enigma Centre, Bilton Road, Bletchley, Milton Keynes MK1 1HW
Tel: 01908 368686
www.mkcityglass.co.uk
email: city_glass@btconnect.com

SONY
make.believe

exclusive Sony Centre offer...

free MS Office Home & Student 2013

(normally £109.99)

with all new 2013 Sony VAIO laptops over £599.

E-SERIES.
Easy-to-use 15" notebook with stand-out style, Intel® Core™ i5 processor and 1TB HDD

£599.99

Model: Sony SVE-1513B4E

T-SERIES.
our most portable VAIO.

Lightweight 13" Ultrabook™ with touchscreen that's easy to use anytime, anywhere

£649.99

Sony SVT-1313L1E

S-SERIES.
our most powerful VAIO.

Lightweight 13" notebook with i5 processor, 6GB RAM and Windows 8 PRO

£799.99

Sony SVS-1313P9E

D-SERIES.
our most dynamic VAIO.

Hybrid design Sony notebook with touchscreen features, i7 processor and 256GB SSD

£1499.99

Sony SVD-1121Z9E

free Microsoft Office Home & Student 2013
also available on these E-Series models - our most popular VAIO...

upgrade version of above with quicker i7 processor

£749.99

Sony SVE-1513C4E

larger 17" version of above with 650GB Hard Disc Drive

£649.99

Sony SVE-1713S1E

larger 17" version of above with 1TB HDD & i7 processor

£899.99

Sony SVE-1713Z1E

half price AVG Security
just £19.99
with any Sony VAIO
(Norm. £39.99)

Huge range of new 2013 Sony VAIO now available at
MILTON KEYNES SONY CENTRE: 3 Sunset Walk, Milton Keynes (Central), MK9 3PD. 01908 240 500

Sony Centre

Proprietors: Centre Style 1 Limited.

Next take up final spot at MK1 park

BY JAMES AVERILL
james.averill@mk-news.co.uk

DOZENS of people queued to be first in as Next officially opened a new Milton Keynes store.

The 12,113 sq ft shop will be a move from the current building that is situated on the Westcroft Retail Park, which closed for business on March 24 at 5pm.

It has been announced that all staff can transfer to MK 1.

Over 80 people stood to wait in line for the official opening at 10am. Further to that, the first 100 people to enter were all given a golden ticket, with one lucky winner getting a £75 gift voucher to spend on new items.

The store will be more fashion focused, with the womens and childrenswear departments increasing in size, and the home department slightly decreasing.

A Next spokesperson said: "The retail park near stadiummk has so many other fashion retailers it made sense to have a fashion lead store.

"Although we are decreasing the home floor space by a small amount, our home customers will not need to worry as Next opened a home stand alone store in Rooksley back in December 2011."

Queue: Customers wait for the new Next store at MK1 to open and, *inset*, the ribbon is cut as the latest branch officially starts trading

The new store also entered into the Easter spirit, as they hid three bunnies in the childrenswear department, each one with a £75 gift voucher.

The MK1 shopping park opened in November 2012 and is located next to stadiummk. It is also home to stores from leading retailers such as H&M, New Look, and Primark.

The new Next store will be open Monday to Friday 9am-8pm, Saturday 9am-7pm, and Sunday 11am-5pm.

UPLOAD YOUR PICTURES
FACEBOOK.COM/THISISMKNEWS

Cotels Serviced Apartments

Everything you expect from a hotel room, everything you *love* about home...

Stylish apartments & penthouses in the heart of the City Centre, offering more space and freedom than a Hotel - with NO hidden extras.

T: 01908 802 853

- Fully Inclusive Rates
- Satellite, Broadband & Parking At No Addional Cost
- Weekly Maid Service With Luxury Bath Towels & Linen
- 24 Hour Centrally Located Reception Desk
- Studio, 1, 2 & 3 bedroom Apartments & Penthouses
- Close To Shopping,Eating Out And Transport Links

FROM AS LITTLE AS £56.43 +VAT PER NIGHT!

www.cotels.co.uk

Wilson Peacock estate agents
MK's Leading Estate Agent with an office in thecentre:mk
CALL 01908 606951
www.wilsonpeacock.co.uk
Wilson Peacock estate agents

Get ready for Spring
We stock a huge range of spring plants & bulbs
4 60L bags of compost £12
GARDENING SUPPLIES NOW AVAILABLE
*Fresh Turf
*Selection of Oak tubs & pots
COAL, LOGS & KINDLING ALSO AVAILABLE
LOCAL PRODUCE
Handmade Pies & Cakes
Handmade Jams, Pickles & Relishes
We have a large stock of Horse and Pet Feeds
POTATOES
Maris Piper
Scotch WIlja
Desiree
King Edwards
Washed Whites
HUNTERS FARM SHOP
01908 377537
Just off the A5, Fenny Stratford MK17 9DN Open 7 days a week 9am -5.30pm

COMFORT HOMECARE

MAKING LIFE EASIER

WE SELL ♥ WE REPAIR ♥ WE CARE

BEDFORDSHIRE'S BIGGEST SELECTION OF MOBILITY AIDS

(NEW & RECONDITIONED)

OVER 50 SCOOTERS IN STOCK
ALL BRANDS UNDER ONE ROOF
LOOK OUT FOR OUR WEEKLY SPECIALS

STAIRLIFTS FROM
£950 FITTED

SPECIAL PURCHASE

KYMCO MAXI XLS
NEW MODEL - 1 ONLY
£1299

MERCURY M48 GT
39 STONE
£1999

SPECIAL PURCHASE

TGA BREEZE
HEAVY DUTY
£2295

RISE & RECLINERS
FROM
£695

SPECIAL PURCHASE

TGA ECLIPSE
£695
+1 YEAR FREE INSURANCE

SPECIAL PURCHASE

TGA VITA
£1999

KOMFI RIDER AEROLITE PLUS
POSSIBLY THE LIGHTEST SCOOTER EVER!
£695

ADJUSTABLE
BED
£749

INVACARE COMET HEAVY
DUTY 8MPH - 1 ONLY £1099

BATHLIFTS
FROM £295

BACK IN STOCK

TRI WALKER ALLOY
LIGHT WEIGHT RRP £99
SALE £49

STAR BUY

BOOT
SCOOTER
NEW FROM £499

WHEELCHAIRS
FROM £99

SPECIAL PURCHASE

PRIDE COLT SPORT - 1 LEFT
£999

DRIVE ENIGMA ENERGI
£1499

MINIMUM PART EXCHANGE VALUE OF £250 LARGE SELECTION OF USED SCOOTERS FROM £250 WITH GUARANTEE

3 YEARS GUARANTEE ✓
ON ALL NEW MOBILITY SCOOTERS

Unit 12C, Oldbridge Way, Shefford, Bedfordshire, SG17 5HQ

Opening Hours Monday – Friday 9.00am – 5.00pm Saturday 9.00am – 4.00pm

- Only mobility shop approved by Central Beds Trading Standards
- Approved centre of excellence for Days Healthcare
- OFT approved/finance available
- Largest and most comprehensive stock of mobility aids and daily living aids
- Free home demos

OFF ROAD PARKING RIGHT OUTSIDE THE SHOWROOM

01462 811211 *Bedfordshire's leading mobility specialist. We lead others follow!*

www.comforthomecare.co.uk

*Some of the advertised scooters may already be sold, we reserve the right to change any offer without notice, some scooters advertised may be ex-demo, lightly used (full description available on request) ex lease hire scooters, bankrupt stock or part exchanges, a minimum or 3 months guarantee applied to all used scooters and 3 years on all new scooters.

New business boss revealed

BY JAMES AVERILL
james.averill@mk-news.co.uk

SOUTH East Midlands Local Enterprise Partnership (SEMLEP) has named its new chief executive.

The board voted unanimously in favour of recruiting Daniel Charles Mouawad, who previously held the post of chief executive at pro.manchester, a private sector business development company.

Daniel, a senior British commercial diplomat and Chairman of the UK's Institute of Economic Development, is now planning to move to the South East Midlands.

"SEMLEP's ambition, which I am wholly subscribed to, is to be one of the most innovative, successful and high performing local enterprise partnerships in England," said Daniel. "The Government's response to Lord Heseltine's review now sets the framework for SEMLEP to develop a strategic plan to bid for a Local Growth Fund covering transport, housing and skills.

"I very much look forward to working closely with businesses and our wider stakeholders to unlock the barriers and accelerate economic growth."

SEMLEP, which covers Milton Keynes, is one of 39 Local Enterprise Partnerships in England, which were set up by the coalition Government to determine local economic priorities, and drive economic growth and creation of local jobs.

Dr Ann Limb, Chair of SEMLEP, said: "Daniel's impressive track record, successful career in the private sector and his understanding for the public sector and for Government funding made our decision so much easier. This is an exciting development for SEMLEP."

APPOINTED: Daniel Mouawad is the new chief executive at SEMLEP

FOLLOW MK NEWS ON TWITTER
and get the latest updates on decisions that affect YOU
@thisisMKnews

The latest job vacancies every week!
Jobs now
www.jobsnow.co.uk

www.mk-news.co.uk
Your news ...delivered to suit you
Never miss a copy
Sign up for FREE and receive a copy each week directly to your inbox

Your second-hand bargain store!

- Stock Changes Daily
- Open 7 Days a Week
- Clean, Tested, Guaranteed
- Good Quality, Great Value
- Online Order Facility
- Low Cost Delivery

VISA Maestro MasterCard SOLO PayPal Love2shop

www.YourBargainStation.com
7 Clarke Road, Mount Farm, Milton Keynes, MK1 1LJ

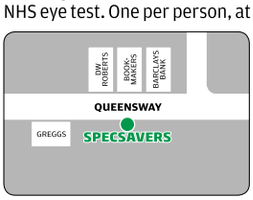
AZ Rental
White Goods and Vision Specialist
EURONICS
Ask about free removal of old appliance
DON'T PART WITH YOUR HARD EARNED CASH

BRAND NEW
1200 Spin Washer
FREE DELIVERY
FREE INSTALLATION
NO REPAIR BILLS
Now Only
£3.69
Per week
Order on line www.azrental.co.uk
SHOP LOCAL 01582 751666
Minimum Rental Period 18 Months. Payable by direct debit. Available to applicants 18 years and over. Subject to status and £20 admin fee. Head Office: 13a West Street, Dunstable, Beds LU6

FREE KIDS' GLASSES
with free SuperTough lenses

Our SuperTough single vision lenses are made from Trivex, a material so tough, we guarantee they'll never break, crack or chip. And at Specsavers, they come free in glasses as standard for under-16s. Don't forget, all glasses in our kids' £64 and teens' £85 ranges are free with an under-16s' NHS optical voucher, and they get a free NHS eye test too.

FREE EYE TEST FOR YOU
Valid for one test booked on or before 29th June 2013. Present voucher at time of test. Cannot be exchanged for cash, used with other vouchers or redeemed by customers already entitled to a free NHS eye test. One per person, at named Specsavers stores only. CODE 6705



Specsavers

Bletchley
110 Queensway.
Tel: 01908 365 533

Free Kids' Glasses: NHS optical voucher and NHS eye test not applicable in Channel Islands; cannot be used with other offers. Extra Options available at an additional charge. SKU 25257762. ©2012 Specsavers. All rights reserved.

Grand National

AINTREE APRIL 6, 2013

At 4.15pm on Saturday, April 6, 2013, the scheduled off-time of the John Smith's Grand National, there will be few bookmakers willing to lay odds about what many in Britain, and plenty more throughout the world, will be doing for the next quarter of an hour.

Not only is the great race compellingly demanding - the feeling of even completing is one cherished by all involved - but it is also financially rewarding.

Millions and millions of people in Britain bet on the John Smith's Grand National each year, making the race easily the biggest single turnover event, and the most anticipated.

Below is a list of the 49 contenders- and local companies getting involved with the fun- who will you pick this Grand National?

(*names correctly at time going to print- info sourced from racing post)

Imperial Commander

www.elanele.co.uk
01908 566565
10 Market Square, Stony Stratford, Bucks MK11 1BE

What A Friend

UNIT18 AUTOMOTIVE
Garage
01908 320043
www.unit18.co.uk
Galleon Wharf, Old Wolverton Road, Old Wolverton, MK1 2NL
Always happy to answer your questions

Weird Al

TWO WHEELERS' GARAGE
51 Tickford Street, Newport Pagnell, MK16 9AW
www.2wg.co.uk
01908 611653 / 01908 611753
CARS & MOTORBIKES

Quel Esprit

LAMPWISE
63 High Street, Stony Stratford MK11 1AY
01908 269888
www.Lampwise.co.uk

Big Fella Thanks

Ruths Floral Design Studio
13 Stratford Road, Wolverton, Milton Keynes MK12 5LJ
Phone: 01908 222855
Fax: 01908 225346
info@ruthsfloraldesign.co.uk
www.ruthsfloraldesign.co.uk

Roberto Goldback

MK MOT
Simply A Good Service
More Than Just MOT's
01908 26 23 23

Seabass

Bestbuy
WINDOWS · DOORS · CONSERVATORIES
01908 849866
www.wearebestbuy.co.uk
info@wearebestbuy.co.uk

Ballabriggs

SureSlim
SureSlim Newport Pagnell
73 High Street, Newport Pagnell, Bucks MK16 8AB
01908 611140
email: newportpag@sureslimuk.com

Sunnyhillboy

MK PROPERTY SALES
01908 694694
www.mkpropertysales.co.uk
mkproperty@btconnect.com

Teaforthree

furniche
26 Stacey Bushes Retail Centre Milton Keynes. MK12 6HS
Tel: 01908 318385
www.furniche.co.uk

Across The Bay

AVENUES ESTATE AGENTS
42 Stratford Road, Wolverton MK12 5LW
01908 317007
www.avenuesestate agents.co.uk

Join Together

Car & Tyre Services
5 Glyn Square, Wolverton, Milton Keynes MK12 5JQ
Tel: 01908 313044/316342
www.carandtyre.co.uk

Colbert Station

Rosemary Conley Fitness Classes
Call Maria
01908 520518
maria.burnell@rosemaryconley.com

Forpadydeplasterer

TOWCESTER RACECOURSE
01327-353414
www.towcester-racecourse.co.uk

On His Own

Active Bodies
01908 615978
1st Floor, 21 John Street, Newport Pagnell, MK16 8HE
www.effw.co.uk/miltonkeynes

Joncol

www.greenthumb.co.uk
01908 483395
Green Thumb

Balthazar King

OK GARAGE
The Quality Garage
*Servicing *Tyres
*Mechanical Repairs
*Full Laser Wheel Alignment
* Vehicle Diagnostics
*Body & Paint shop
Competive Prices
Call now for a quote
01908 606848 Waterside, Peartree Bridge MK6 3BY

Cappa Bleu

CROWN
Conservatories, Windows & Doors
01908 507 778
www.crownwindows.co.uk

Oscar Time

napoli
Award winning Napoli Fish Bar
01908 313193
www.napolifishbar.com

Always Waining

EmptyCartridge
www.printercartridgerecycling.co.uk
01908 371929

Grand National

AINTREE APRIL 6, 2013

Quinz	Tatenen	Treacle	Lost Glory	Saint Are
Swing Bill	Chicago Grey	Quiscover Fontaine	Becauseicouldntsee	Harry The Viking
Rare Bob	The Rainbow Hunter	Mr Moonshine	Mumbles Head	Pearlysteps
Auroras Encore	Ninetieth Minute	Tarquinius	Any Currency	Poker de Sivola
Major Malarkey	Backstage	Soll	Romanesco	Viking Blond
Cloudy Lane	Pentiffic	Gullible Gordon	Mortimers Cross	

MK PROPERTY SALES
01908 694694
www.mkpropertysales.co.uk
mkproperty@btconnect.com

01327-353414
www.towcester-racecourse.co.uk

OK GARAGE
The Quality Garage
*Servicing *Tyres
*Mechanical Repairs
*Full Laser Wheel Alignment
* Vehicle Diagnostics
*Body & Paint shop
Competive Prices
Call now for a quote
01908 606848 Waterside, Peartree Bridge MK6 3BY

EmptyCartridge
Unit 4 Denbigh Hall Industrial Estate, Denbigh Hall, Bletchley, MK3 7QT
www.emptycartridge.co.uk
01908 371929

Enjoy your holiday ... You know she will!
Spacious heated chalets
Large runs
F.A.B. trained staff
Quiet, rural location
Inspection welcomed
01525 261808
07808 927612
Ivy Lane Cattery
Ivy Lane, Great Brickhill
Milton Keynes

SPECIAL OPS MK
Book on 07774 022122 or 01908 663016
More information at www.specialopsmk.com

Hunters Farm Shop
Get Ready for Spring
01908 377537
open 7 days

CROWN
Conservatories, Windows & Doors
01908 507 778
www.crownwindows.co.uk

SPEEDLINE TAXIS
01908 260 260
We have MK covered!!

ATOMIC wheels and tyres
find us at Northfield Drive
0800 313 4993
MK13 0DG
For more info see inside back page

Eastern Paradise Balti House
01908 312969
01908 225765
www.eastern paradise.co.uk

The Grange
Indian Restaurant & Bar
01908 340607
01908 340660

CRYSTAL CLEAR
Windows, Doors & Conservatories
01908 234363
0771 335 4709
www.crystalclearglazing.com

MFS Reprographics Ltd
Printing • Plotting • Scanning
01908 504550
www.mfsreprographics.co.uk

napoli
Award winning Napoli Fish Bar
01908 313193
www.napolifishbar.com

STADIUM STUDIOS
• KITCHENS
• BATHROOMS
• BEDROOMS
01908 648640
WWW.STADIUMSTUDIOS.CO.UK

Slab & Tackle
Your local Landscape Centre
01908 644888
www.pavingsslabs miltonkeynes.com

SHELLY TINGLE
Specialist Waxing
WE TAKE YOU FROM BRAZIL TO HOLLYWOOD!
Call or text Shelly on
07818 093926

AUTO CLASSICS & Crash Repairs
01908 502638
Unit 4, Fernfield Ind. Est., Whaddon Road, Mursley, Milton Keynes MK17 0PR

CLEAN GUTTERS MK
Low Prices Call Today
01908 474895

DIGITAL AERIALS
freesat HD Freeview
01908 474895

Steve's Autos
• Servicing • Engines
• Brakes • Exhausts
All makes and models
01908 366555
07958 393705
8 Romar Court, Bletchley MK1 1RH

Jay's Tyres
New & Part worn
THE CHEAPEST IN MK!!
01908 378653
07926 715097
80-86 Tavistock St, Bletchley MK2 2PB

CROSS KEYS
The Cross Keys
New menu now available
Call the Brasserie
01908 679404
www.crosskeysmiltonkeynes.co.uk

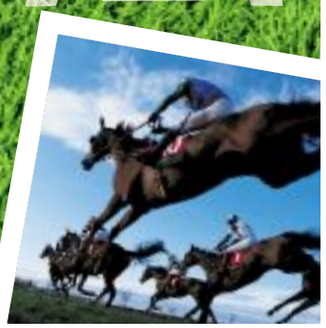
Gallaghers
Windows, Doors & Conservatories
01908 639666
www.gallagherandcropton.co.uk

pure
• Boiler repairs and servicing
• Free quotations
01908 321456
www.pureph.co.uk
sales@pureph.co.uk

MK GAS 24/7
Gas · Electrical · Plumbing · Heating
01908 982260
07564 298494
07564 298493

napoli
Award winning Napoli Fish Bar
01908 313193
www.napolifishbar.com

SHELLY TINGLE
Specialist Waxing
WE TAKE YOU FROM BRAZIL TO HOLLYWOOD!
Call or text Shelly on
07818 093926



AIRPORTS DIRECT

Receive sms message confirming your booking the evening before you travel.

Getting you there relaxed and stress free!

Your premier airport transfer and taxi company in the Bucks area

Our rates are extremely competitive whilst providing a higher, more reliable level of sevice.

Place your trust in a well established, reputable company where reliability and professionalism are 1st and foremost.

Book online with us and receive an instant email confirmation and an sms message sent to you the day before each of your pick ups with the driver's name, mobile number, your booking date and time for your added peace of mind.

Book online at
www.airportsdirectmk.com
T: 01908 22 55 23 or 0800 707 6003
e: info@airportsdirectmk.com

TAYLORS
Milton Keynes

Branches where you need them
Call us on: 01908 678151

TAYLORS

Musicians win chance of Westminster show

BY JAMES AVERILL
james.averill@mk-news.co.uk

MUSIC acts from the city have been put forward by MP Iain Stewart in a competition to play at the House of Commons.

Rock The House, started by Mike Weatherley, a Conservative MP for Hove and Portslade, aims to raise awareness of live music and intellectual property, with the winners receiving music equipment and a chance to perform in front of the famous green benches of Westminster.

Artists from across Milton Keynes submitted their work, and Mr Stewart, alongside MK NEWS and Heart FM, chose three acts to progress through to the national stages.

Going through as the Solo Artist nominee is singer-songwriter Steve Winch, while 14-year-old Jaymi King sailed through the under-19 solo artist category.

Also progressing through in the under-19 group category were 'Seven for a Secret'.

Reacting to the news that he had been put through, Steve Winch said: "Although I've been described as a 'protestor singer' I wouldn't have a problem playing in front of the politicians, it's a great opportunity.

"It's good that it's promoting intellectual property as well," added the 41-year-old from Bletchley.

"Although promotion is great, streaming stuff for free means you sell less CDs, which isn't brilliant if you have to make a living from the music industry.

"If I was to win I'd have to wait and see which song I'd perform."

Rocking: Steve Winch is in with a chance of playing at Westminster

FOLLOW MK NEWS ON TWITTER and get the latest updates on decisions that affect YOU @thisisMKnews

MKNEWS TO ADVERTISE CALL 01908 242490

NEW DESIGNER FURNITURE COLLECTIONS

FURNICHE FOR UP TO 50% LESS

furniche
Contemporary Furniture & Accessories

26 Stacey Bushes Retail Centre
Milton Keynes. MK12 6HS
Tel: 01908 318385 - www.furniche.co.uk

property search is now truly local

HomesNOW
www.homesnow.co.uk

Join our growing network of followers

facebook.com / thisisMKnews
twitter.com / thisisMKnews

Reach a massive Local Audience

MKNEWS

Potential weekly audience in paper and online

- 140,918 and growing

Find out how our portfolio of media can benefit your business

01908 242490 www.mk-news.co.uk

source – JICREG data as at 01/10/2012, Comscore - weekly unique browsers and e-edition subscribers

We carry over £1,000,000 worth of stock!

Its like a Zoo, but with FREE entry!

New animals now on show: Armadillo, Racoon Dog, Genet, Kookaburra, Turaco and Coati

Possibly the...

LARGEST AQUATIC & PET CENTRE IN THE WORLD?

REPTILES

Massive selection of Snakes, Lizards, Spiders, Tortoises, Inverts & Amphibians

Possibly the best and largest range of reptile goods in Bedfordshire & Hertfordshire!

Superb selection of Vivariums in a multitude of sizes and colour choices! – We can even make them to your specifications.

Yankee, Woodwick, Ribbonwick & Trapp Candles probably one of the largest displays in the country. Yee Kwan & Ryeburn of Helmsley Ice Creams ideal for parties. Jigsaws, Soft Toys, Mrs Bridges Jams & Chutneys, Airfix and Corgi products. Ornamental Chinese Dolls and Gifts. Willow Tree, Steiff, Wild Bird Food. Heathcote & Ivory, Norfolk Lavender, Ashleigh & Burwood Fragrance Lamps. Massive selection of Dog and Animal Treats

Full range of pre-formed ponds all in stock • Liners, Pumps, UVs, Filters – in fact everything!

AQUARIUMS

Definitely the largest selection in the world - Complete Juwel range in all colours Massive Marine fish and invert selection at **DISCOUNT PRICES!**

Thousands of high quality hand picked

JAPANESE KOI

Thousands of top quality Tropical and Marine fish, invertebrates and corals!

Tropical fish from 75p

Small Animals & Birds

Rabbits, Guinea Pigs, Mice, Rats, Gerbils, Chinchillas, Hamsters, Degus and Pygmy Hedgehogs

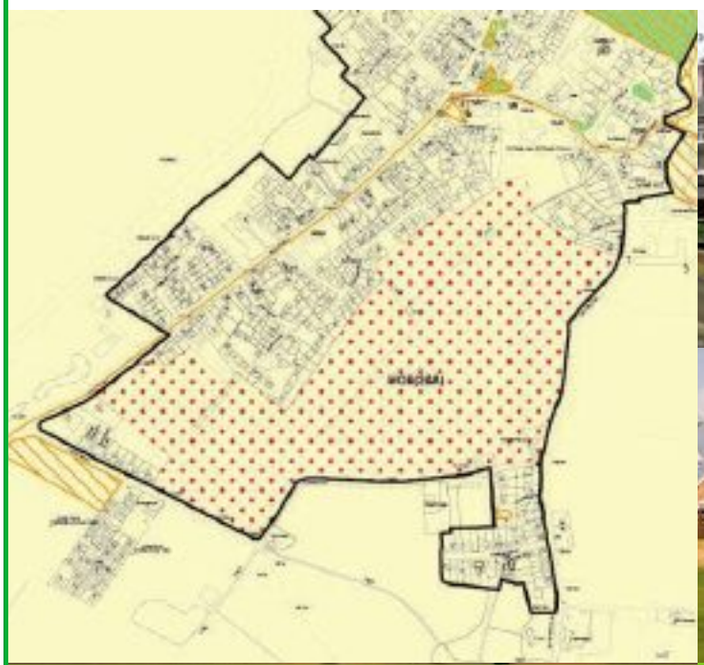
The largest selection in Bedfordshire including: Hand tame Parrots, Canaries, Budgies, Finches, Quails, Lovebirds, Rosellas, Diamond Doves, Cockatiels and Java Sparrows etc... all in our special purpose built room!

Dog/Cat Toys & Treats, Leads, Collars, Grooming Products and Beds etc. • Steiff, Teddy Bears

Hitchin Road, Henlow, Bedfordshire, SG16 6BB TEL: 01462 850822

Opening Times: Monday - Saturday 9am-5.30pm & Sunday 11am-5pm Visit our website: www.Japanese-koi.co.uk

LAND AND DEVELOPMENT OPPORTUNITIES WANTED WITH OR WITHOUT PLANNING PERMISSION



WITH OR WITHOUT PLANNING PERMISSION

Nurturing your opportunity with **care**

Calling all Landowners, owners of Property on large plots or Property in need of renovation or with potential to convert

Please call one of our experienced consultants on

01234 855 875

or email
consultants@taylorpropertysonsultants.com
or
smile@tacpc.com

Following a high sales rate since the New Year we are in need of sites to sell urgently.

The market is literally buzzing for new opportunities and therefore we are keen to speak to land/property owners with property that is `unusual` or perceived as difficult to sell.

We have the skill, we have the market, we have the buyers, we have the results. We are keen, we are pro active, we get great results. What have you got to lose, call us today.

Taylor&Co Property Consultants

Tel: 01234 855875
Sunbeam Road | Woburn Road Industrial Estate
Kempston | Bedford | MK42 7BY
www.taylorpropertyconsultants.com

WITH UP TO
50% OFF

TO MAKE ROOM FOR OUR NEW SPRING COLLECTION WE ARE HOLDING A
10 DAY EASTER SHOP FLOOR CLEARANCE EVENT

Solo

34 Market Square, Olney, Buckinghamshire MK46 4AJ
(Next door to Costa Coffee)
01234 711938 | www.solofurniture.co.uk | Open 7 days a week

Rockbottom DISCOUNT WAREHOUSE

www.RockBottomDiscount.co.uk
42 Gold St, Northampton, NN1 1RS
01604 60 30 80
OPEN 7 DAYS A WEEK
Mon-Sat 9am to 5:30pm Sun 10am to 4pm

East Opening Hours: Friday 10am-4pm Sat 9am-5:30pm Sun 10am-4pm Mon 10am-4pm

WE DELIVER IN MILTON KEYNES Landlord enquiries welcome

was ~~£189.99~~
NOW £149.99
also in single & king size

Double Gas Lift Frame
mattress not included.

Double Orthopaedic Mattress & Faux Leather Bed

both for £149.99

LIMITED TIME OFFER

SAVE 30% off RRP

Orthopaedic Mattress & Divan Base
Headboards & drawers are extra

from £99.99
Single: £99.99
Double: £129.99
King: £159.99

Regular Mattress & Divan Base

Sliders are extra

from £49.99
Single: £49.99
Double: £79.99
King: £109.99

Light Quilted Mattress & Divan Base

headboards are extra

from £69.99
Single: £69.99
Double: £109.99
King: £149.99

from £29.99

	Single	Double
Regular:	£29.99	£49.99
Light Quilted:	£49.99	£69.99
Deep Quilted:	£59.99	£79.99
Orthopaedic:	£69.99	£89.99
Super Ortho:	£99.99	£119.99

Mattresses

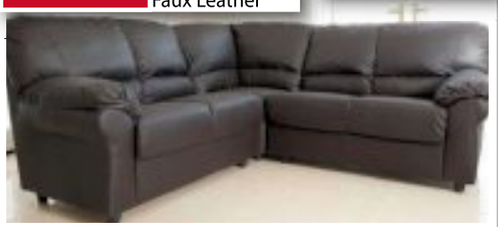
Single **Ottoman Bed** & 3ft Ortho Mattress
only £199

only £449 Zina **Sofa Suite** 3+2 Seater

SAVE £350 off RRP

only £349 Candy **Corner Sofa** Faux Leather

SAVE £150 off RRP



Includes MATTRESS

both for £69.99 **Metal Bed** & Mattress

SAVE 30% off RRP

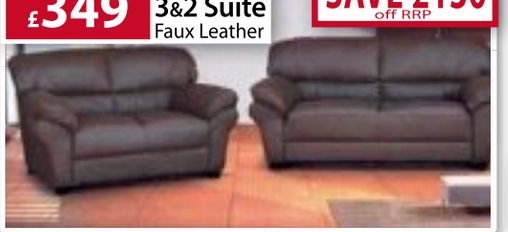
SAVE £50 off RRP

Available in Brown/Biege & Black/Grey

only £449 Dino **Corner Sofa** Jumbo Cord

only £349 Candy **3&2 Suite** Faux Leather

SAVE £130 off RRP



Includes MATTRESS

both for £79.99 **Wooden Bed** & Mattress

SAVE 30% off RRP

UPGRADE TO SUPER ORTHO THICK MATTRESS FOR £50

only £299 **King Size** Tuscany Sleigh Bed & **Ortho Mattress**

AMAZING MARCH OFFER

10" THICK

Orthopaedic Mattress

Headboard varies from image.

DOUBLE 10" MATTRESS DIVAN BASE 4 DRAWERS & HEADBOARD

SAVE £50

all for £199 Mayfair Double Divan Set

Solid Pine Corona Range
Full Range Available In-Store or Online

Single, Double or King Bed Frame
Optional Underbed Drawers

Medium Bookcase
Flat Screen TV Unit
2+2 Drawer Chest
Bedside Table
Coffee Table
Nest of Tables
2 Door Wardrobe

Prices correct as at time of going to press and subject to change without prior notice. Online prices may vary. See in-store for more details. All items are subject to availability. Prices only valid for March 2013.

Feeling chilled out?

If your boiler needs replacing or repair don't wear you coat indoors, call Pure Plumbing & Heating for quality work at competitive prices

- Boiler repairs and servicing
- Heating and gas installations
- Plumbing and Heating Installations - Free quotations
- Special offer on Summer boiler Services and power flush on your heating system with this advert

01908 321 456

www.pureph.co.uk
sales@pureph.co.uk

Gas Safe Register

pure PLUMBING HEATING

planet dosa

Indian & Sri Lankan Restaurant

GRAND OPENING - 10th April 2013

Take Away and Delivery Service Available

We cater for private functions
(seperate from main dining area)
or at your chosen venue

Tuesday - Sunday: 12.00pm - 11.00pm
Monday: Closed (except Bank Holiday)

20% off
On production of this voucher

1 - 3 Duckworth Court, Oldbrook, Milton Keynes MK6 2RX
01908 968200 www.planetdosa.com

GET A FREE REPLACEMENT BOILER FOR YOUR HOME

GREEN DEAL APPROVED Installer*

Take advantage of the Affordable Warmth* Scheme

If you get Child Tax Credit with an income below £15,860, State Pension Credit or any other benefit you may be entitled to a free replacement boiler via the government's Affordable Warmth* Scheme.

Also **FREE** cavity wall and loft insulation available via the scheme.

Landlords, homeowners and tenants, CALL **01908 639371** TO APPLY Quote: AW01

*Subject to survey (Council and housing association do not qualify)

FSG
Your local property services expert!

Unit 4B, Avant Business Centre
Third Avenue, Denbigh West
Milton Keynes MK1 1DR
sales@fsgps.co.uk
www.fsgps.co.uk

Exclusive Offer! FREE Green Deal Assessment

gas safe register

MKlife

your guide to leisure in your city

Leisure or events news? e-mail **editor@mk-news.co.uk** phone **01908 689595**

Read the full interview with Toyah at mk-news.co.uk

'Housewife' Toyah's hormones will be running riot

TOYAH WILLCOX, self-confessed 'teenager from hell', has clearly grown up – but it's still hard to envisage Toyah, the rock star, writer, television presenter and serious actor of stage and screen, as a hormonal housewife. Nevertheless, next Sunday, at Milton Keynes Theatre, that is exactly who she will be!

Hormonal Housewives, a series of sketches, gags and stories would appear to be one for the girls but, Toyah says, it's actually a great night out for all.

"The show appeals to women of all ages – and lots of men too. It's not suitable for under 16s because the language is very fruity and there is no part of the anatomy that doesn't get discussed but it's great for mothers and daughters, for career women for gay women and men – everyone is welcome. It's not political, it's not feminist and it's not man-bashing, it's clever – actually, it's pure joy. There's a laugh every five lines. It's rude, it's naughty, it's bawdy it's well-observed and it's very fast. The audience get picked up and carried along on a tidal wave of humour and they go with it!"

Go to www.mk-news.co.uk to read the full interview with Toyah.

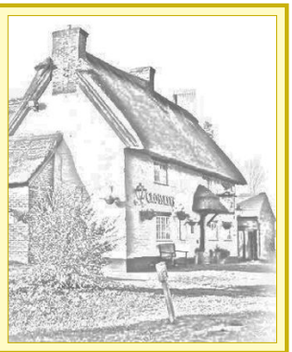
CROSS KEYS

Get The Keys to our kitchen

UNLOCK the fabulous flavours of fresh food at the new-look Cross Keys in Woolstone. Be among the first to taste the difference our new state-of-the art kitchen makes to our fine dining dishes – which have already been voted among the best in Milton Keynes by the global travellers of Trip Advisor.

Call our re-opened Brasserie bookings hotline: 01908679404 and join The Keys Club on www.crosskeysmiltonkeynes.co.uk to earn a free welcome drink.*

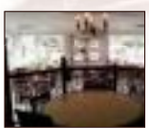
*T&C's apply



Smart Rockers

NEW ADULT
Rock & Roll Class
FOR BEGINNERS
Class Starts 7pm to 7.45pm
Friday 5th April 2013
£5per person
Queensway Methodist Hall
261 Queensway Bletchley, MK2 2HB
For Further Details 01908 365185
www.smartrockers.co.uk
Get Fit & Healthy
Meet New Friends!

COME HOME TO
The Enigma
Family-run, with something for everyone.



COMPLIMENTS TO THE CHEF
NEW SPRING MENU. NEW CHEF TOO!
COME AND TRY OUR MOUTHWATERING FOOD!

OAP DISCOUNT
40% OFF
ON PRODUCTION OF THIS VOUCHER

GOOD FRIDAY, EASTER SUNDAY AND MONDAY
CHECK OUR WEBSITE OR FOLLOW US ON FACEBOOK FOR GREAT EASTER OFFERS!

LUNCHTIME £4.49 FOR HOT BUFFET
EAT AS MUCH AS YOU LIKE

Tuesday - Salsa
Wednesday - Poker
Thursday - Singing Comps
Friday - Disco
Saturday - Live Music
Sunday - Quiz Night

FREE SALAD BAR
WITH A MAIN MEAL ORDER

2 PRINCES WAY, BLETCHLEY MK2 2EN
Opening Times : Monday-Thursday : 11am-11pm
Friday: 11am-2am Saturday: 11am-1am
Sunday: 12 Midday-10.30pm
TEL : 01908 645523
www.facebook.com/TheEnigmaTavern
www.enigmatavern.co.uk
Food is served all day from 12pm to 9pm, Mon - Sat and 12pm to 5pm Sunday, just pop in anytime, however if you are celebrating something special you can book a table in advance, that way we get to make more of a fuss over you!

The Enigma

newfilms

OUR resident film expert Gavin Miller previews the latest block-buster movie releases appearing in cinemas now.

G.I. JOE: RETALIATION (12A): The lacklustre original didn't seem to win many critical admirers, but it took enough box-office wonga for Dwayne Johnson and Bruce Willis, *pictured bottom right*, to jump on board for the sequel.

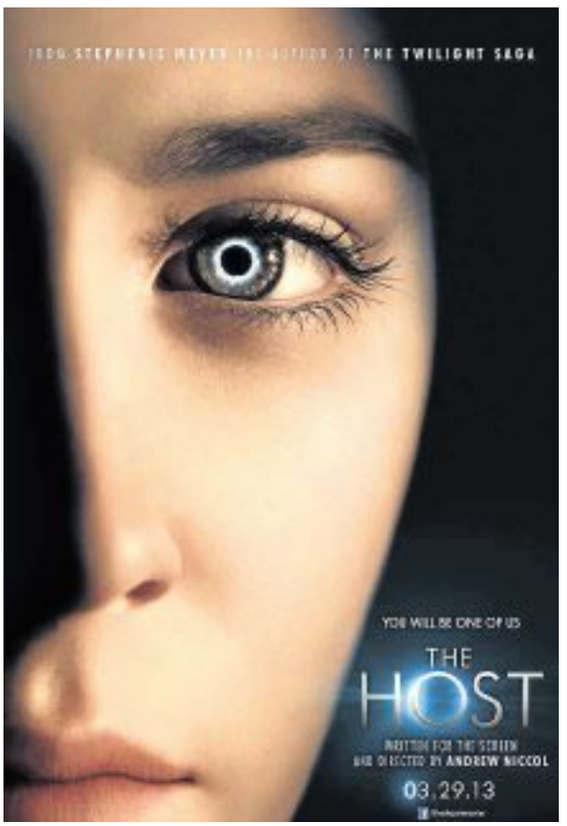
It was even delayed from last summer to cash-in on a 3D conversion, as they join Channing Tatum's Duke to take on their mortal enemy COBRA, who have infiltrated the government.

TRANCE (15): James McAvoy returns for his second thriller in three weeks – starring in director Danny Boyle's latest attempt to add to his burgeoning CV of masterpieces.

He stars as a fine art auctioneer, who teams up with a criminal gang to steal a painting worth millions of dollars – only to forget where he hid the painting after taking a blow to the head. Co-stars Rosario Dawson (Sin City).

THE HOST (12A): The Twilight Saga scribe Stephanie Meyer converts another novel to the big-screen for another romance/adventure. When an unseen enemy threatens mankind by inhabiting human bodies and erasing their memories, Saoirse Ronan's (The Lovely Bones) Melanie holds the key to fighting the alien invader, and will risk everything to protect the ones she loves.

FINDING NEMO 3D (U): After Monsters Inc received the 3D treatment in January, Nemo and co are the latest to get taken to another dimension with this Disney re-release. To be fair, it is arguably one of the most appropriate Pixar films to get the upgrade, with it's spectacular sea-setting – and of course, Bruce the shark. It's just astonishing it's already been ten years since the little clownfish got lost first time round.



theshee

THIS exceptional all-female band show off three incredible voices and extraordinary instrumental prowess.

The Shee have a diverse range of influences, and their music pays homage to genre's such as folk, Gaelic, Scots and bluegrass.

They have appeared at Cambridge Folk Festival and Celtic Connections, and released their third album Murmations in October.

This is the first chance to hear the new tracks, as well the ones that got them to where they are. And those who have purchased the record know they possess something unique, because band member Lillian Kinsman-Blake, also a graphic designer, has illustrated each individual album cover differently.

The Shee play at The Stables tonight at 8pm. Tickets are £15.

LIKE US ON FACEBOOK
FACEBOOK.COM/THISISMKNEWS

MKlife

Gig guide | MK Theatre | Comedy

tonylaw

ONE of the UK's most highly-rated up-and-coming comedians visits Newport Pagnell on Sunday.

Tony Law hails from Canada, but is now making a splash over here. The chances are if you watch a comedy panel show on TV, whether it's 'Have I Got News For You' or '8 Out Of 10 Cats', Tony will have been a guest.

He's also had huge success on the circuit for the last few years, gaining a plethora of four and five star reviews.

Along the way, Tony has earnt the respect of his fellow comedians.

"Imagine if Harry Potter was a Canadian non-wizard who writes very funny jokes with his big hands, that's Tony Law," says Sean Lock.

Other stand ups like Stewart Lee and Adam Buxton have also chimed in with praise.

In short, you know you're in for a rather funny evening. Tony Law appears at the That Time of The Month Comedy Club at 7pm on Sunday April 7.

theatrethrills

HAVING recently been adapted into a Hollywood movie starring Daniel Radcliffe, the story of 'The Woman in Black' is probably at the peak of its popularity.

The film is based on the 1983 horror novella by Susan Hill, but it was first adapted for theatre by Stephen Mallatratt in 1987.

That the same production is still running is testament to its quality. It is, in fact, the second longest running non-musical on the West End, after Mousetrap.

Unanimously acclaimed by critics, the show combines the power and intensity of live theatre with a cinematic quality that has been inspired by film noir.

When a lawyer engages a young actor to help tell his terrifying story, it's innocent enough.

But soon, as they delve into his darker memories, reality and make believe begin to blur, transporting the audience into a ghostly world.

The Woman In Black arrives at Milton Keynes Theatre on Monday April 8 and runs until Saturday April 13.

Tickets cost £10-£27, and can be booked at www.atgtickets.com/miltonkeynes.

bronzeband

OUR Man in the Bronze Age is a rock band with two drummers, so you can expect the show to be loud.

They will also be proud to be playing the Craufurd Arms, as the band hails from Milton Keynes. And along with the drums, the audience can expect a three-guitar assault.

But it isn't just all heavy, as the band likes to include both light and dark moments in the songs, so four-piece harmonies and sweeping piano segments will be prominent.

The band has already delighted fans with first album 'The Gallows Tree', which was released in June last year.

Loyal fans will have extra reason to head along to this show, as the band will be trying out new material from a forthcoming album.

Our Man in the Bronze Age play at the Craufurd Arms at 7.30pm on Saturday April 6. Tickets cost £6.

www.mk-news.co.uk
Your news ...delivered to suit you
Never miss a copy
Sign up for FREE and receive a copy each week directly to your inbox

FAITH DIMENSIONS MINISTRIES
"WHERE JESUS IS LORD"
We invite you to come and join us at Faith Dimensions Ministries. At FDM you will find a warm welcome, dynamic praise & worship, dancing, life changing teaching & messages by Pastor Glen Ferguson.
SERVICE TIMES
Sundays 9.00am - 10.00am & 11.00am - 1.30pm
Sunday 6.00pm - 7.30pm (First Sunday of Every Month)
Wednesday Bible Study/Prayer Meeting 8.00pm - 9.30pm
Every 4th Friday of the month Youth Service 6.30pm - 8.00pm
PASTOR GLEN FERGUSON
63 Stratford Road, Wolverton, Milton Keynes, MK12 5LT
(T) 01908 221 381 (E) admin@faithdimensions.com
(W) www.faithdimensions.com
www.facebook.com/faithdimensionsministries
FREE TRANSPORT SERVICE AVAILABLE
CRECHE FACILITIES AVAILABLE
PASTOR GLEN & FIRST LADY LU FERGUSON

Box Office: 01908 280800 www.stables.org
the stables
Sunday 7 April, 8pm
ACKER BILK & HIS PARAMOUNT JAZZ BAND
National treasure of the UK jazz scene and long-time favourite at The Stables.
Tickets £20
Wednesday 10 April, 8pm
SONS OF CREAM
Powerhouse tribute to one of the 60's true supergroups.
Tickets £17.50
Thursday 11 April, 1.30pm
MICHAELA STRACHAN'S REALY WILD ADVENTURES
Popular TV presenter takes you on a journey into the jungle with stories, music, poetry and dance (suitable for ages 3-8).
Tickets £11.50 & £12.50
Thursday 11 April, 8pm
DEBORAH BONHAM BAND
Sister of John performs tracks from her new album, Spirit + support from Steve Rodgers.
Tickets £12.50
Friday 12 April, 8pm
FEAST OF FIDLES
Now a folk-rock institution, six of the UK's finest fiddlers perform a mix of tunes to stir the soul and get the feet tapping.
Tickets £17
01908 280800
Booking fee of £2.60 per transaction applies to all telephone sales

ThePARKSTrust
MILTON KEYNES

What's on
www.theparkstrust.com
April

Sat 6 Apr
BIG EASTER EGGS - TRAVAGANZA
Join the rangers for Easter family fun with lots of Easter activities.
Campbell Park 11am – 2pm £5/family

Sat 6 Apr
DISCOVER: REPTILES AND AMPHIBIANS
Adult education course. Booking essential. Park at Campbell Park Pavilion, Silbury Boulevard.
Campbell Park 10am – 4pm £15/person

Wed 10 Apr
WOODLAND PLAY
Woodland activities run by MK Play Association. Limited parking located at Enfield Chase car park, off V7 Saxon Street. **Linford Wood 2pm – 4pm £1/per child**

Sat 13 Apr
BARK IN THE PARK
Meet in the car park off H7 Chaffron Way, opposite the Westcroft Centre.
Howe Park Wood 10am £1/dog

Sun 14 Apr
ORIENTEERING
Park at the Open University, off V10 Brickhill Street. **Ouzel Valley Park 10am - 12pm £4/entry**

Thu 18 Apr
RANGER RAMBLE
Meet in the car park off H7 Chaffron Way, opposite the Westcroft Centre.
Howe Park Wood 6pm £1/person

Sat 20 Apr
DISCOVER: GARDENING FOR WILDLIFE
Adult education course. Booking essential. Park at Campbell Park Pavilion, Silbury Boulevard. **Campbell Park 10am – 4pm £15/person**

Wed 24 Apr
PUSHCHAIRS IN THE PARK
Meet at 10am for guided walk. Park in the car park off Livingstone Drive, Newlands. **Tree Cathedral 10am – 11.30am Free**

Book online, email
events@theparkstrust.com
or call **01908 255379**

Supported by:
MKNEWS
MK's FAVOURITE and Britain's BEST
Find us on Facebook

www.theparkstrust.com

SHELLY TINGLE
Specialist Waxing
WE TAKE YOU FROM BRAZIL TO HOLLYWOOD!
CALL OR TEXT SHELLY ON
07818 093926

Your news... delivered to suit you

Never miss a copy
Sign up for FREE and receive a copy each week directly to your inbox
www.mk-news.co.uk

This is your present to the future

Recycle your daily newspaper and help us make the best use of forest fibres.

Paper recovered from the domestic waste stream currently accounts for 75.5% of the raw materials used to make newspapers. You can help us to increase this.

To find out more about recycling newspapers contact:
The Newsprint & Newspaper Industry Environmental Action Group
on 01793 889637 or www.nnieag.org.uk

NEWSPAPERS SUPPORT RECYCLING

Issued by the Newsprint & Newspaper Industry Environmental Action Group

MKlife

Dance | Theatre | The Stables

ewanmclennan

AWARD-WINNING folk star Ewan McLennan is an emerging talent who is beginning to make the headlines.

His self-penned songs, which draw on the music of his native Scotland, have been earning critical acclaim across the board.

Debut album 'Rags and Robes' was named as a 'Top 10' album for 2010 by influential MOJO magazine, while BBC Radio 2's Mike Harding has described him as 'terrific'. He has also won the station's Horizon Award.

His playing is influenced by the years he spent studying classical guitar, but his tracks still retain that traditional folk sound.

Ewan McLennan appears at The Stables at 8.45pm on Friday. Tickets are £10 in advance, and £12 on the door.

danceclass

PERHAPS you may want to improve some of your dancing skills, or maybe you want to shake off some of that extra Easter bulk?

If either of these things is on your to-do list, then what better to do than head along to the On Point Dance Studio in Oxley Park.

Lukas McFarlane, who won Sky 1's 'Got To Dance' talent show, will be holding a workshop showing off his brand of contemporary dance, with elements of street dance thrown in for good measure.

Lukas, aged 19, wowed judges Ashley Banjo (from Diversity) and Aston Marrygold of JLS with his slick moves, and took home the £250,000 prize money.

So for the chance to learn from and dance with an expert, then visit the group's studio on Redgrave Drive.

Tickets for Saturday, April 16 are £10 in advance and £15 on the door. Book by calling Samantha on 01908 505450 or 07766 761475.

All are welcome, regardless of age or dancing ability.

beatstyle

PUPILS from Myra Tiffin Performing Arts School are now selling tickets for their annual show at Stantonbury Theatre in April.

Like our Beat? Like our Style! runs from Thursday, April 4-6 at 7.30pm with a Saturday matinee at 2.30pm.

The talented youngsters have taken part in professional shows, festivals and competitions this year.

The production promises something for any audience with music from musicals to the latest rock and pop hits.

Tickets cost £13 with concessions at £11 and can be booked from www.mtpas.co.uk

FOLLOW MK NEWS ON TWITTER
@thisismknews

Fun fitness for all ages

big rock climbing centre

Open Weekdays 11am - 10pm | Weekends 10am - 7pm

Dispel the myth that exercise is boring and try indoor climbing at Big Rock. It's the perfect antidote to boring gym regimes for adults and a great way to prove to kids that exercise is actually really exciting!

- 1250m^2 of amazing indoor climbing
- Hundreds of colour coded climbs up to 11m high
- Huge low level bouldering arena
- Climbing clubs and activities for adults and kids from age 3+
- Kids' climbing area with Tommy the Elephant for ages 3-6
- Expert instruction from complete beginner to advanced level
- Birthday Parties, Stag and Hen Activities, Corporate Events
- Premium café with free WiFi and full catering options
- Plenty of free car parking

www.bigrockclimbing.co.uk

01908 583 128 | info@bigrockclimbing.co.uk

Big Rock | Mandeville Drive | Kingston | Milton Keynes | MK10 0AG

TRAVEL OFFERS

MKNEWS

Fantastic Value Holidays

Newmarket Holidays

8 days from £569.00

Florence, Siena & the Treasures of Tuscany

Flying direct from Luton
Departs April – October 2013

Discover the 'heart of Italy' on this wonderful value escorted holiday that includes visits to spellbinding Florence, Siena and San Gimignano, and offers optional excursions to Rome, Perugia and Assisi.

Price includes

- Return flights to Italy direct from Luton
- Seven nights' dinner, bed and breakfast accommodation at the three-star Hotel Plaza, Chianciano Terme (upgrade to the four-star Hotel Cristallo available for a supplement)
- Full day excursion to Florence
- Full day excursion to Siena and San Gimignano
- Return airport to hotel transfers
- One suitcase allowance per person
- Services of a Tour Manager

2 days from £109.00

Malvern Spring Gardening Show

Bursting with inspiration!
Departs 10 May 2013

Bursting with inspiration the hugely popular Malvern Spring Gardening Show, held at the Three Counties Showground is always a delight! Explore award-winning show gardens, visit the floral marquee and get advice from the gardening experts. Including a visit to historic Stratford-on-Avon this is one great value break that you won't want to miss!

Price includes

- Return coach travel
- One night's dinner, bed and English breakfast accommodation in good hotel in the West Midlands area
- Entrance to the Malvern Spring Gardening Show
- A visit to Stratford-on-Avon
- The services of a Tour Manager

5 days from £209.00

Paris in the Summertime

Great value five-day coach-inclusive break
Departs 7 August 2013

Don't miss this great-value five-day break to the enchanting city of Paris! There's no place in the world quite like Paris, especially during the summertime, when the 'City of Light', bathed in glorious sunshine, can be seen and enjoyed at its brilliant best.

Price includes

- Return coach travel
- Return Channel crossings via ferry/Eurotunnel
- Four nights' bed and continental breakfast accommodation at the three-star Forest Hill Meudon hotel (or similar)
- A panoramic sightseeing tour of Paris
- Central Paris coach transfers on three days
- The services of a Tour Manager

4 days from £179.00

100th Tour de France – Paris

See our sporting heroes in action!
Departs 19 July 2013

In its' 100th anniversary year, this is your chance to experience the carnival atmosphere of the crowds, and the thrilling climax of the Tour de France!

Price includes

- Return coach travel from the local area
- Return Channel crossings
- Three nights' bed & continental breakfast accommodation in a hotel on the outskirts of Paris
- Short Sightseeing Tour of Paris
- Transfer to Paris to view the final of Tour de France
- The services of a Tour Manager

www.newmarket.travel/bos 0844 391 2188 Code BOS

These holidays are organised & operated by Newmarket Promotions/Air Holidays Ltd. ABTA V787X/V7812. ATOL protected 2325. Subject to availability. Single supplements apply. Calls cost 4p per minute.

ABTA The Travel Association

Plan **your weekend** in MK...

Visit the most comprehensive events calendar in Milton Keynes for:

- Family & Children's Events
- Business Events
- Sport & Outdoor Events
- Pubs, Clubs & Nightlife
- Theatre & Music Listings
- Classes & Tuition

MKWEB
www.mkweb.co.uk

www.mkweb.co.uk/whatson

When you are moving house and you want a quick, professional service speak to Martin Rangecroft at CMK on 01908 202150

Woodfines
SOLICITORS

www.woodfines.co.uk

Property Classifieds

Flats to Let

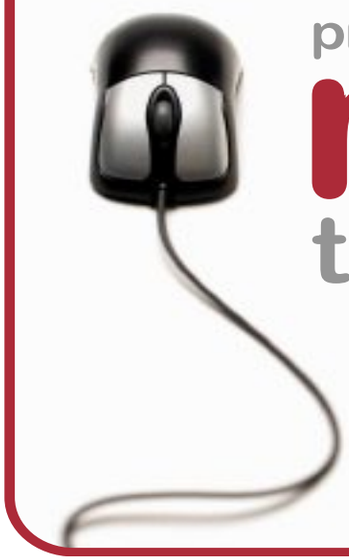
2 bed flat West Bletchley. Balcony overlooking green. Possible HB considered. £675pcm. Over 30 please. 07797 840804

MKNEWS

Wilson Peacock estate agents

MK's Leading Estate Agent with an office in thecentre:mk
CALL 01908 606951
www.wilsonpeacock.co.uk

Wilson Peacock estate agents



property search is
now
truly local

Homesnow
www.homesnow.co.uk

Tel: 01908 282820
Fax: 01908 282862

BEASLEY & PARTNERS
Residential Sales & Letting Agents

6 High Street
Woburn Sands

Property to let

WOBURN SANDS £1,600pcm

A refurbished four bedroom detached house with two reception rooms, double length garage and parking. Unfurnished. Available Now.

WOBURN £709pcm

A refurbished two bedroom end of terrace property with off road parking, close to Town Centre. Unfurnished. Available Now.

SALFORD £1,600pcm

An extended four double bedroom house situated in a rural and off road location benefiting from en suite and garage. Unfurnished. Available Now.

WOBURN SANDS £1,600pcm

A brand new three bedroom detached house with cloakroom, en suite, double garage and parking. Unfurnished. Available Now.

HUSBORNE CRAWLEY £709pcm

A two bedroom mid terrace property with two reception rooms and off road parking. Unfurnished. Available Now.

WAVENDON £700pcm

A spacious one bedroom fully furnished stable conversion situated in the grounds of Wavendon Lodge. Single occupancy only. Available Now.

LITTLE BRICKHILL £1,650pcm

A four bedroom detached property situated in a quiet cul de sac location benefiting from cloakroom, en suite and double garage. Unfurnished. Available Now.

WOBURN SANDS £1,350pcm

A redecorated three bedroom detached property in a cul de sac location, benefiting from conservatory and garage. Unfurnished. Available Now.

Website: www.beasley-partners.co.uk • Email: justask@beasley-partners.co.uk

Jobsnow www.jobsnow.co.uk

HUNDREDS OF NEW VACANCIES EVERY WEEK

ADVERTISE YOUR VACANCY

Tel: 01908 689561 Email: recruitment@lsnmedia.co.uk

supplyteaching

Established Agency run by Teachers

The best service for both Teachers & Schools

Excellent rates, Free CRB and Holiday pay!

01908 662 655 07970 211238

mail@supplyteaching.net

STAR

Star Events Group Are Recruiting

Sales Manager
Sales Administrator
Operations Administrator

- All full time positions
- Working in a busy environment
- Must have access to own transport

For salary information and a full job description, please contact:

Sales Manager role - Hina.Copeland@StarEventsGroup.com
Sales Administrator role - Matt.Temperley@StarEventsGroup.com
Operations Administrator role - Abby.Bambury@StarEventsGroup.com

www.StarEventsGroup.com

Bricklaying Gangs

Required for immediate start.

Tel 01462 629296 Mob 07831 095521

DRIVER REQUIRE
DRIVER RECRUITMENT SPECIALISTS

01234 217181 DRIVERS

PART -TIME TEMPORARY

RECEPTIONIST

The successful applicant will need to be a team player, demonstrate commitment, good communication skills, be keyboard literate and have the ability to work methodically within a pressurised clinical environment. Whilst experience is preferred, training will be given to a suitable applicant. Hours negotiable (20 - 24) average over a two week rota, plus ability to cover holidays/sickness. Whilst this is a temporary position there is the possibility that the position may become permanent. Please send a covering letter and C.V. to:-

Mrs Alex Gunning - Assistant Practice Manager
Private & Confidential
Sharnbrook Surgery
The Surgery
Templars Way
Sharnbrook
Bedford MK44 1PZ

Tel: 01234 781392

Closing date for applications 20th April 2013

www.sharnbrooksurgery.co.uk

Merry Poppets
Early Learning Day Care Nurseries

REQUIRE A
DEPUTY MANAGER & NURSERY NURSES

Qualified Staff In Child Care NVQ Level 2/3 and above. Up-to-date CRB documentation required.

Please contact **Amy Green** on **01525 718241** or e-mail **merrypoppets1@gmail.com**

(previous applicants need not apply)

The latest job vacancies every week!

Jobs now www.jobsnow.co.uk

MKNEWS

Cedar Coaches require

PART TIME DRIVER

for am & pm school contracts
Require PCV licence
Up to date CRB
Please contact Ben for more info 07833241510 or 01234 354054

MKNEWS

We are looking for distributors in the following areas:

New Bradwell	**Shenley Church End**
Two Mile Ash	**Stoke Goldington**
Fishermead	**Bletchley**
Old Farm Park	**Woburn Sands**
Stony Stratford	**Blakelands**

IF YOU WOULD LIKE TO EARN SOME EXTRA MONEY AND YOU ARE 13 OR OVER APPLY VIA EMAIL TO: **ENQUIRIES@MAILBOXDISTRIBUTION.CO.UK** OR CALL **01582 390365** OR ONLINE AT **WWW.MAILBOXDISTRIBUTION.CO.UK/PAPERROUNDS**

WOOTTON UPPER SCHOOL & Arts College

Mixed Comprehensive Upper School 13-18

HEAD OF SCIENCE

(TLR 1D)

Required for September 2013, an experienced and dynamic Head of Science to lead our highly successful Science Faculty into the next stage of its development as our 16-19 STEM College opens in September 2013. The ability to teach Physics or another discipline to all levels including A2 would be an advantage.

The school is always over-subscribed and successful, with an inclusive, supportive culture.

Further details on our Science Department and an application form are available on our website: www.wootton.beds.sch.uk.

Closing date: Wednesday 17th April 2013 (noon)

All posts in schools are subject to Disclosure

Wootton Upper School, Hall End Road, Wootton, Bedford. MK43 9HT.
Tel: 01234 767123 Fax: 01234 765203

Email: wootton@wootton.beds.sch.uk
Website: www.wootton.beds.sch.uk

Wootton Upper School & Arts College is operated by Wootton Academy Trust. Registered in England & Wales, Company No. 7740758

Roseview windows

We have a vacancy within our Secondary Glazing Department to assist in the production of Secondary Windows, as part of a small team and to develop with increasing responsibilities.
Previous experience of window manufacture is preferred.

Please apply by CV with covering letter to:

Roseview Windows, 35 Stilebrook Road, Olney, Bucks, MK46 5EA

Vetroseal
LEADERS IN GLASS SEALED UNITS

Vetroseal Limited

Glass Sealed unit manufacturing Operatives required.

Must be experienced in any of the following; Sealing, Taping, Glass Assembly, Glass Cutting and Georgians.

Please apply in writing only with covering letter to

Eric Falisi, Vetroseal Limited,
1 Postley Road, Woburn Road Industrial Estate, Kempston MK42 7BU

MP Modplan

Local Building Contractor requires sub-contractors in all trades for a variety of domestic & commercial projects from

£10,000 in value up to £1,500,000

Apply in the first instance for an application form stating preferred type & size of contract.

Building & Refurbishment Contractors Ltd

Calvervale House, 23 Clifton Road, Shefford, Beds, SG17 5AE
Tel No: 01462 819574
Email: info@modplanbuilding.co.uk

HMC BOARDING AND DAY
715 Boys
300 Sixth Form

BEDFORD SCHOOL

TEACHER OF ART

An enthusiastic, well qualified Teacher of Art is required for September 2013 to join a large and successful department, with over 40 boys studying Art at AS, A level or the International Baccalaureate (IB) in the Sixth Form. A specialism in Printmaking would be an advantage.

A willingness to take an active part in the wider life of a busy boarding and day School is essential and the ability to coach games, especially one of the School's major sports, would be an advantage.

The School has its own salary scale which is well above the national scale. Accommodation may be available and there is generous fee remission for children of teaching staff of all the Harpur Trust Schools in Bedford.

Further details are available from
Sarah Lapidge, Bedford School,
De Parys Avenue, Bedford MK40 2TU
tel: 01234 362214 fax: 01234 362283
email: slapidge@bedfordschool.org.uk.

A copy of the job description and an application form is available to download from the School's website (www.bedfordschool.org.uk). Applications should be returned to the Head Master no later than midday on Friday 12th April 2013.

www.bedfordschool.org.uk

The Harpur Trust is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. The successful applicant will be subject to an Enhanced DBS (formerly CRB) check, references and other checks.

Bedford School is part of the Harpur Trust

Interview Date
Friday 19th April 2013

Bedford Borough Council

For this week's vacancies visit www.bedford.gov.uk

For careers advice and help with finding work, visit the jobs hub, 15 Greyfriars, Bedford.

INVESTORS IN PEOPLE

Dial House Care is one of Bedford's leading care providers

and we are currently seeking the following staff to work within our 50 bedded registered nursing home.

ACTIVITIES ASSISTANT

The successful candidate will have some experience within a Care of the Elderly environment. They will also require to have a full driving licence as the role involves driving our ambulance to take residents out on trips.

The role involves all activities for the residents under the supervision of the Activities Coordinator and to deputise for in her absence. You will be required to assist with meal times for the residents and act as an escort for hospital visits and appointments as required.

If you would like to discuss this position in greater detail or request an application pack, contact Susan Yates, Manager on 01234 356555 during normal office hours.

Criminals Records Bureau Disclosure Applies.

Celebrating 25 Years of Engineered Solutions

BEDFORD PUMPS LTD.

Bedford Pumps Ltd is one of the UK's leading manufacturers and repairers of large centrifugal pumps serving the water and waste water industry both in the UK and overseas.

As a result of recent successes in winning work overseas and expansion of our premises in Kempston, vacancies now exist for:-

ASSEMBLY FITTERS
SITE ENGINEERS
TECHNICAL SERVICE ENGINEERS
PROPOSALS ENGINEERS
PART-TIME HEALTH & SAFETY/QA ADMINISTRATOR

Successful candidates for the Fitters position will have served a mechanical apprenticeship on rotating equipment and be experienced in working to close tolerances including the fitting of motors, shafts, mechanical seals and bearings.

Training in the use of overhead travelling cranes and slinging would be an advantage. Preference will be given to applicants with previous experience on large pumping equipment.

Applicants for the Site Engineers role must have all relevant site/construction training associated with Water Industry type work.

Candidates for the Proposals Engineer position will need to demonstrate a technical knowledge of pump selection and pumping systems, together with commercial experience in preparing complex mechanical and electrical tenders.

The positions are based at our Kempston Works, although working away from time to time can be expected.

An attractive salary is available, commensurate with experience, in addition to pension and other benefits.

Please apply with your CV and current remuneration package to:-
The Personnel Department, Bedford Pumps Ltd, Brooklands, Woburn Rd Industrial Estate, Kempston, Beds. MK42 7UH

No Agencies please

www.bedfordpumps.co.uk

ideal

ARE YOU LOOKING FOR A NEW JOB?

...to find full details of all our current vacancies – including job specifications and salary information.....

www.ideal-personnel.net

Ideal Personnel and Recruitment Solutions

Email: info@ideal-personnel.net

Bells Motor Group Bedford

We require a

Skilled Technician

To work in our busy workshop

Please send a CV and covering letter to:
Simon Linnell
General Manager
Bells Motor Group,
Riverfield Drive,
Bedford, MK41 0SF

Or email to:
skl@bellsmotorgroup.co.uk

Experienced Painter and Decorator required . CIS registered. Enthusiastic hardworking person as a trainee painter and decorator on the job, Bedford - 360896

JobsNOW

DON'T WAIT FOR YOUR PERFECT JOB

www.jobsnow.co.uk

KIMBOLTON LODGE
Nursing and Residential Home

Provides care for the elderly in Bedford

We have the following vacancy

Part time Housekeeper

20 hours per week
(to include alternate Saturday mornings)
Previous applicants need not apply.

Please collect an application form from:
Kimbolton Lodge
1, Kimbolton Road
Bedford, MK40 2NT
Tel: 01234 355918
E-mail: Kimboltonlodge@btconnect.com

Part-time PRACTICE NURSE vacancy at Goldington Avenue Surgery, Bedford

Goldington Avenue Surgery has a vacancy for a part-time practice nurse, to work 14 hours a week, ideally all day Monday, Wednesday morning and Friday morning.

We are a popular friendly practice, with a good relationship with our patients, and seek an experienced practice nurse with chronic disease management skills, ideally with Minor Illness training (or you will be prepared to complete the training).

Please send your CV and a covering letter to: Mrs C Prentice, Business Manager, Goldington Avenue Surgery, 85 Goldington Avenue, Bedford, MK40 3DB.

Closing date: 12th April '13.

Take action to help children live life to the full.

action for children

Central Bedfordshire Children's Centres provide supportive services for children 0-5 years and their parents/carers delivering a range of services aimed at enhancing children's opportunities in a variety of venues which include purpose built centres, community venues and across rural areas. We also visit families in their homes.

Volunteer Co-ordinator
£19,698 - £22,311 pa | Fixed-term, 30 hours per week
Ref. HRSS002290

You will recruit and develop a volunteer workforce for the children's centres. You will need experience of managing and ideally have worked with volunteers previously.

Family Support Practitioner
£17,231 - £22,311 pa | Full-time | Ref. HRSS002304

Family Support Worker
£15,790 - £17,231 pa | Full-time | Ref. HRSS002305

Our support workers need a sound understanding of child development and experience of working with children and families. You will deliver a wide range of services including targeted groups and one to one work.

Our Supervised Contact Service works across Central Bedfordshire to ensure children and young people have a quality contact session with their parent/s under supervision (as directed by the court).

Family Support Worker
£15,790 - £17,231 pa pro rata | Part-time, 6 hours per week (with the possibility of more) | Ref. HRSS002310

Family Support Worker
£7.66 per hour | Casual | Ref. HRSS002302

Administrative Officer
£17,231 - £19,698 pa pro rata Part-time, 30 hours per week
Ref. HRSS002322

Support Workers will require good observational skills, understanding of child development and excellent written skills and the ability to use IT. You will need to be prepared to work early evenings and some Saturdays. Our Business Support will need excellent IT skills with the ability to input and extract data on Excel. You will require good communication skills and be able to work autonomously as well as part of a team of support staff who work across our Central Bedfordshire services.

For informal enquiries please contact Parkside Family Project on 01582 863830.

For more information and to apply visit **www.actionforchildren.org.uk/jobs** or write to Action for Children, Human Resource Shared Service, City Park, 368 Alexandra Parade, Glasgow G31 3AU quoting the relevant reference number.

Closing date: Monday 15th April 2013.

Committed to quality, equality and valuing diversity, we welcome applications that reflect the cultural diversity of the communities within which we work.
Registered charity no. 1097940.
Company no. 4764232.
Charity registered in Scotland SC038092.

Stonewall DIVERSITY CHAMPION · nbp COMMITTED TO EQUALITY EMPLOYER · POSITIVE ABOUT DISABLED PEOPLE · INVESTORS IN PEOPLE

as long as it takes

Box & Charnock Ltd
Mechanical, Electrical and Plumbing Contractors

require fully qualified
PLUMBERS AND ELECTRICIANS
to work on Center Parcs, Woburn and other new build projects.

Apply by requesting an application form via jobs@boxcharnock.co.uk
Like us on Facebook and follow us on Twitter @boxcharnock for job updates.

---

newstaff

We are always recruiting for EXPERIENCED HGV DRIVERS
Cat. C+E, C, C1, ADR, HIAB, MOFFETT

01582 877002

*DRIVING * INDUSTRIAL*OFFICE*

www.newstaffemployment.co.uk
e-mail Luton@newstaffemployment.co.uk

Beds Compressor Service Ltd

Unit 4H Aston Rd, Cambridge Rd Ind Est, Bedford, MK42 0LJ
Tel: 01234 364446 Fax: 01234 217344

SERVICE ENGINEER

We are looking to recruit someone with a mechanical & electrical engineering background for a new position in our established team Experience in the compressed air industry would be an advantage.

Previous applicants need not apply

Please apply via e-mail to: contact@bedscompressorservice.co.uk or send your CV to the above address

Closing date for applications 10 April 2013

---

www.mk-news.co.uk

Your news ...delivered to suit you

Never miss a copy

Sign up for FREE and receive a copy each week directly to your inbox

---

HASTINGSBURY Business & Enterprise College
"Finding talent in everyone!"

Hill Rise
Kempston
Bedford MK42 7EB
Tel: (01234) 290900
Fax: (01234) 290901
Number on Roll 818
Including 183 Sixth Form

Headteacher: Mr Martin Fletcher martinfletcher@hastingsbury.beds.sch.uk

WORKSHOP TECHNICIAN – DESIGN TECHNOLOGY

37 hours per week – Full Time
Salary Level 2D, Points 13 - 16 (£15,444 - £16,440 pa)
Required as soon as possible

A vacancy exists for a Workshop Technician to work within Design Technology for 37 hours per week. This post is for a full-time permanent contract.
We are interested in applicants skilled in the use of metal and/or wood, machinery and tools including CAD CAM. It is essential that the applicant can work independently using his or her own initiative. An interest or experience in electronics, graphics or design is an advantage but is not essential.
For further details of the post and Support Application Form please visit our website. Alternatively you may contact Joanne Carr at the College on (01234) 290900 or email: jangosnell@hastingsbury.beds.sch.uk for an application form and further details.
The closing date for completed applications is Monday 15 April 2013.
Hastingsbury is committed to safeguarding and promoting the welfare of children. In accordance with the Police Act 1997 all posts in schools are subject to disclosure of criminal records.

Hastingsbury 'Finding Talent in Everyone'

Healthy School · cei centre for education & industry excellence in enterprise education · INVESTORS IN PEOPLE

www.hastingsbury.beds.sch.uk email: hastingsb@deal.bedfordshire.gov.uk

---

Charles Warren Academy · Academies Enterprise Trust

Business and Personnel Manager

£22,607 per annum
37 hours per week, 42 weeks per year
Required immediately

We are looking for a Business and Personnel Manager who will be responsible for strategic school planning, finance (including marketing and income generation), personnel management, site and building management, school administration, risk management, management information / ICT systems, catering and school transport. The successful candidate will also be responsible for managing a small team and therefore will have previous leadership experience. Previous experience within a school environment would be an advantage but is not essential.

Closing date: 17 April 2013.

For further information on this position and to make an application please visit: www.academiesenterprisetrust.org/careers

Each of the academies within the AET is committed to safeguarding and protecting the welfare of children and expects all staff and volunteers to share this commitment. A Disclosure and Barring Service Certificate will be required for all posts.

DWM Technical Solutions Ltd
INNOVATING THROUGH TECHNOLOGY

CAD/Vectorworks Technician

DWM are a long established and dynamic organisation who provide cutting edge and forward thinking IT Solutions.
We are offering a competitive salary, 20 days holiday and future training/career opportunities.

Main duties include:
- Assisting with site surveys
- The production of complex 2D drawings using AutoCAD/Visio
- The production of creative 3D drawings using Vectorworks
- The creation/distribution of customer documentation

Skills Required:
- AutoCAD
- Vectorworks
- The ability to understand and follow complex oral/written instructions

Personal Attributes:
- The ability to multitask and deliver work within set timeframes with minimal supervision
- Good interpersonal, organisational and communication skills
- A team player, dedicated to the delivery of projects
- Be able to show initiative and has a desire to improve
- A creative flair and an eye for detail

The applicant should have a full, clean driving licence and will be required to complete a CRB check application.

Please send your CV with a covering letter to:
Enterprise House, Chequers Hill, Wilden, Bedfordshire, MK44 2QQ
careers@dwmts.com

Milton Keynes Development Partnership

Milton Keynes

Independent Members

Milton Keynes, a vibrant and growing city of 250,000 people is seeking to complete the appointment of Board Members for the Milton Keynes Development Partnership (MKDP).

Following the successful appointment of two Independent Members of the four available positions, we are seeking to complement the skills of those already appointed and interest is invited from candidates with a commercial surveying background and Chartered Surveyor status with senior property and business experience.

The purpose of the MKDP is to deliver optimum economic value to the citizens of Milton Keynes from property assets recently purchased from the Government's Homes and Communities Agency, in line with the Council's Corporate Plan and Economic Development Strategy.

Led by a recently appointed chair from the private sector, MKDP will be required to take a commercial and entrepreneurial approach in reaching deals with third party developers and investors, whilst ensuring full community and stakeholder engagement in the preparation of development briefs for the sites in question.

Prospective candidates are expected to have significant property and business experience and are likely to be Chartered Surveyors. Experience in regeneration, investment, development and structuring of joint ventures would be an advantage.

For further details please contact Andrea Marks, telephone number 01908 252507 or e-mail Andrea.Marks@Milton-Keynes.gov.uk

Applications by letter should be sent to MKDP Independent Members, Andrea Marks, Saxon Court, 502 Avebury Boulevard, Central Milton Keynes, MK9 3HS.

Closing date: Sunday 14 April 2013.
Interviews will be held w/c 29 April 2013.

Be part of our next magazine and feature in our real life weddings.

We're particularly interested in local people that have been married in and around Bedfordshire and Buckinghamshire.

If you would like your big day to feature in our forthcoming issue, please contact our publishing team on 01582 390350 for further details.

onsunday onsunday MKNEWS Herald&Post

Selected properties from local estate agents

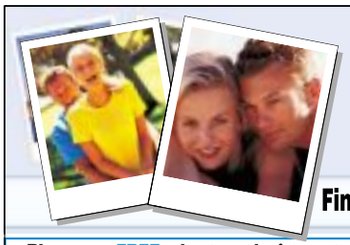
10,000 Leaflets
Printed And Distributed from only £417

Limited Special Offer

- High Impact
- Low Cost
- Choose your target area
- 3,000 to 750,000 quantities

Contact Our Sales Team
t: **01582 390357**

(offers subject to terms and conditions, and may vary by minimum order value, size of product and chosen distribution area)



Finding love has never been so easy! call now to place your advert on

0844 887 2317 MKNEWS dating

Finding Love has never been so easy! Call now... JOINING IS FREE!

Place your FREE advert on the internet and use our FREE date search. With hundreds of people in your area finding love has never been so easy! **http://www.mk-news.datelocally.co.uk/**

IF YOU'RE looking to meet or chat to someone, look no further. Text **MATCH262** to **65125 or call 0906 635 0510. (T&C'S BELOW)**

single women

ABBY is a passionate sexy girl seeking some fun times. **Tel: 0905 002 1956 Box No: 373603**

JOAN mid 70's, widow, family orientated, likes gardening, dancing, meals out, walks, seeks male for friendship and companionship. **Tel No: 0906 500 3674 Box No: 403665**

LISA 39yr old tall slim blonde with GSOH and a wicked sense of humour, employed, OHAC, looking for similar male who enjoys life as much as I do. **Tel No: 0906 500 3674 Box No: 403391**

BEV very attractive lady who loves cosy nights in, seeks caring man who can put the spring back in my step and twinkle back in my eye, call me. **Tel No: 0906 500 3674 Box No: 403353**

VICKY petite size 16, attractive, caring, genuine and very much single, likes varied interests, WLTM kind genuine N/S male 40-55yrs for dates hopefully more. **Tel No: 0906 500 3674 Box No: 403343**

FEMALE brown hair, blue eyes, likes gardening, seeks male for friendship, maybe more. **Tel No: 0906 500 3674 Box No: 403465**

ATTRACTIVE classy, stylish lady seeks intelligent, funny, real man, 25-45 to make me feel special. **Tel No: 0906 500 3674 Box No: 403269**

SHARON 37yr old size 10 attractive feminine blonde, divorced with OHAC, seeks nice male who like me is fed up with being on their own. **Tel No: 0906 500 3674 Box No: 403351**

65YR old widow, 5ft 7ins, N/S, likes most things, walks, coffee/chats, seeks honest, reliable gent, 65-70 for friendly relationship. **Tel No: 0906 500 3674 Box No: 403387**

SLIM attractive white female, bubbly, easygoing, seeks Afro Caribbean gent, 50-60. **Tel No: 0906 500 3674 Box No: 367761**

BUSTY fun female, loves to tease, seeks confident, mature male who knows just how to treat a girl! **Tel No: 0906 500 3674 Box No: 375212**

CHRISTIAN brunette, friendly, curvy, romantic, medium build, 5ft 2ins, likes gardening, cooking, gym, N/S, non drinker, seeking male, 58-69 for friendship, maybe more. **Tel No: 0906 500 3674 Box No: 403029**

CAROL, discreet, married, 47yrs seeks man for fun times. **Tel: 0905 002 1957 Box No: 400499**

GILL 41, shy, lonely single country loving female with no ties, OHAC WLTM n/s genuine, confident male companion for friendship, maybe more. **Tel No: 0906 500 3674 Box No: 402799**

JO 29 tall slim female who loves soaps, animals, shopping, being a mum and am looking for 40's male with GSOH who will appreciate a tactile, loving female. **Tel No: 0906 500 3674 Box No: 402765**

FEMALE 43, medium build, caring, honest, good heart, lonely, likes most things, seeks male, 35-55 for friendship, maybe more. **Tel No: 0906 500 3674 Box No: 396771**

BLONDE tanned female, trendy, 46, GSOH, likes walks, pubs, nights in, seeks male. **Tel No: 0906 500 3674 Box No: 384852**

40YR old slim, black female, seeks white male 45-50 for friendship, maybe more. **Tel No: 0906 500 3674 Box No: 403079**

AMANDA 36yr old single female, blue eyes, curvy, really pretty with lovely smile, loves music, nights out, WLTM loving male for dates and hopeful ltr. **Tel No: 0906 500 3674 Box No: 402787**

SLIM attractive female, 56, blonde, young looking, loving, curvy, seeking male for LTR. **Tel No: 0906 500 3674 Box No: 403073**

CHRISTINA attractive, blonde hair, 5ft 2ins, seeks similar aged male for love, maybe more. **Tel No: 0906 500 3674 Box No: 402739**

ATTRACTIVE lady, medium build, friendly, likes gardening, seeks male with similar interests. **Tel No: 0906 500 3674 Box No: 348629**

CLAIRE looking for adventurous male to live life to the max and enjoy adult fun times with. Go on give me a call. Any age. **Tel No: 0906 500 3674 Box No: 402993**

JAYNE 44 bored, underappreciated pretty blue eyed intelligent lady seeking fun and interesting professional in similar situation to me for discreet fun times. **Tel No: 0906 500 3674 Box No: 403011**

60YR old female, slim, 5ft 2ins, red/brown hair, green eyes, likes meals out, walks, travelling, seeking male for companionship. **Tel No: 0906 500 3674 Box No: 394338**

MILTON Keynes lady, petite, medium build, green eyes, long brown hair, seeking man to make me smile again. **Tel No: 0906 500 3674 Box No: 398677**

FUN loving female, 50, likes cooking, reading, countryside, history, theatre, music, seeking intelligent humorous male for love and laughter. **Tel No: 0906 500 3674 Box No: 401693**

single men

LOOKING to **MEET** or CHAT to someone, look no further. Text **MATCH262** to **65125 (T&C'S BELOW)**

SIMON young looking 47, trendy, toned, single, seeking assertive, dominant female for love, engagement and marriage. **Tel No: 0906 500 3674 Box No: 403693**

GENT 62, fresh look on life, seeks lady, 40-55 for fun and friendship. **Tel No: 0906 500 3674 Box No: 403579**

MALE seeks female for holidays and good times. **Tel No: 0906 500 3674 Box No: 403507**

MICHAEL 53, kind, considerate, loving, likes meals out, cosy nights in, looking for genuine female for friendship, maybe more. **Tel No: 0906 500 3674 Box No: 403505**

WHITE gent 58, fun, good looking, seeks lady friend, any age. London. **Tel No: 0906 500 3674 Box No: 353301**

FUN loving tall, dark guy, 37, GSOH, attractive, seeks lady, 25-38 to share good life with. **Tel No: 0906 500 3674 Box No: 394542**

GRAHAM 50, dark hair, blue eyes, likes walks, beach, meals out, seeking genuine, kind, caring, honest female. **Tel No: 0906 500 3674 Box No: 403441**

MIKE 65, new to area, retired, financially independent, quiet, shy, reliable, considerate, caring, generous, romantic, likes animals, varied interests, seeks sincere female for friendship, maybe more. **Tel No: 0906 500 3674 Box No: 403285**

OLLIE seeking nice, attractive female, 18-35. **Tel No: 0906 500 3674 Box No: 403249**

SIMON young fit looking 47yr old male, trendy, likes coast, nature, days/weekends out, seeks pretty girlfriend for LTR leading to marriage. **Tel No: 0906 500 3674 Box No: 403223**

MICHAEL early 70's, feels like 60, 5ft 6ins, seeks adventurous female, any age to share good things in life. **Tel No: 0906 500 3674 Box No: 398257**

TALL handsome, mature, assertive guy, seeks unassertive lady for daytime fun. **Tel No: 0906 500 3674 Box No: 403153**

CALL CHARGES*: 18+ ONLY 0905/09065 calls cost £1.53 per min. Plus network extras. Mobiles will be considerably higher, calls are recorded and may appear on your bill. 033 calls are charged at standard network rate. TEXT*: 88833 texts £1.50 per msg. Mobiles must be MMS/Wap compatible in order to use these services, if not contact your Network Provider. Text alerts are charged at £1.50 per week (3 x 50p billed msgs). To unsubscribe to text alerts, text DATING STOP to 63333. To cancel free match alerts, text STOP to 07781474042. For full T&Cs go to www.localdates-terms.co.uk/. Strictly 18+ and have the bill payer,s permission. Reply by Text to 66888 costs £1.50 per msg sent plus your networks standard charges. A minimum of six messages are checked and passed for safety sake before adult verified users may pass contact details. Max 150 characters per message. RBT is a text chat service moderated by operators, we make no guarantee that you can meet the people advertised and some profiles may not match their description. To stop text STOP to 66888. *SMS Txt Chat services on 65125: after registration you will be sent 3 chat mesg at a cost of £1.50 per mesg then all subsequent mesg received will be charged at £1.50/mesg. SMS Txt Chat is virtual chat services meaning that you will not be able to meet the people listed. This service is for entertainment only. We reserve the right to contact individuals with occasional promotional invitations. Switchfire Ltd. To STOP text stop to 65125. Help: 08444457707. OptOut: www.SFire.co.uk DATA PROTECTION: Service provided by JMedia UK Ltd, SW4 7BX, 0844 800 1188. We will collect the details you provide and may send you details of other services and events operated by us. We may pass your details onto this newspaper for marketing or PhonePayPlus for regulatory purposes. W/C 030413

CALL NOW TO PLACE YOUR ADVERT
0844 887 2317

CONTACT MEMBERS BY PHONE
0906 500 3674*
09065 cost £1.53per min

CONTACT MEMBERS BY TEXT

If an advert has a 📱 next to it then you can reply to this advertiser by text message. Simply send **LSNMK** followed by the box number of the advertiser you wish to respond to plus your message and send it to **66888***

SEE WHO'S LEFT YOU A MESSAGE
0906 500 3676*
09065 cost £1.53per min

TAKE A LOOK AT OUR MEMBERS!

When you see a 📷 symbol, this mean the member has a photo. Text **MKN**(space)the advertisers mailbox number, and send to **88833*** to receive it straight to your mobile.

CUSTOMER SUPPORT

Call: **0844 800 1188**
Monday - Friday 9 to 4 or you can email us at **support@jmediauk.co.uk**

mkclassified

Telephone 01908 242490

Sell your goods or services *FAST* through mkclassified

Phone, email, or fax one of our friendly staff or why not pop in and speak to us in person.

PHONE 01908 242490

EMAIL classified@mk-news.co.uk

POST MKNEWS, 1 Diamond Court, Milton Keynes, MK15 0DU

FAX 01908 689550

BY HAND MKNEWS, 1 Diamond Court, Milton Keynes, MK15 0DU

A Aerial Services

DIGITAL SERVICES

- ✓Digital Aerial
- ✓Digital Freesat
- ✓Freeview
- ✓Specialist
- ✓Sky Faults
- ✓Broadband
- ✓Points
- ✓BT Telephone Point
- ✓T.V. Tuning
- ✓T.V. Installation
- ✓Multi Room
- ✓Viewing
- ✓FM/DAB Aerials
- ✓OAP Discounts
- ✓Free Quotes
- ✓CCTV
- ✓Full C.A.J Guarantee Scheme
- ✓Full Public Liability Insurance

Call 01908 474895 freesat HD Freeview

LEIGHTON AERIALS

(Furzton and Middleton)

Serving Milton Keynes since 1970

Your local Digital Aerial specialist

Call Colin on 01908 980116

A Architecture

AERIAL , Sky, Freeview, Television wall bracket & Telephone TelRon(01234)306244 Mobile(07944)864326

A Accountancy

ACCA Free initial consultation. Accounts, TAX, start ups and CIS. 01908 980105

BUILDING PLANS

FOR NEW BUILDINGS EXTENSIONS ETC
31 YEARS IN BUSINESS
Stephen Everitt
AMPTHILL (01525) 405840

A Articles For Sale

House clearance sale

Sat 6th April 2013

Tables and chairs, 3 piece suite, new washing machine, new fridge freezer, beds and bedroom furniture, step ladders, ladders and carpenters tools.

Anson Road, Wolverton

10am - 15.30pm

Phone: 07904 430380

Britney Spears Curious Perfume Body Spray and Cream £15. Charlie Red Eau de Fresh Perfume/Body Fragrance £15 and Charlie Blue Eau de Fresh Perfume/Body Fragrance £15. All Boxed as new. Tel 01908 696816

Henry Hoover £50 and Dyson DC 11 Cylinder £60. Both Excellent Condition. Tel 07929 257686

Mothercare Deluxe Maxi Cosy Swivel Pram and Buggy in Black, suitable from Newborn upwards, in Excellent Condition. Cost £500 new will accept £100. Tel 07801 351804

3 Seater Plus 2 Seater Sofa Sets Light creamy brown with flower design, very good condition, must be seen. £225 ONO.King Size Bed plus mattress £100 ONO. Tel 07817 745213

2 Black Video Storage Cases £25, Very Good Condition. Sony DVD Player £40. Router Black Colour, only £5 Tel 01908 696816

Hayter Harrier 41 Petrol Lawn Mower Roller and Drive £130. Mountfield Petrol Lawn Mower £70. Both in Excellent Condition. Tel 07944 010272

A Auctions

CHARLES ROSS

FINE ART AUCTIONEERS AND VALUERS

The Old Town Hall, Woburn, Bedfordshire

Tel: 01525 290502

www.charles-ross.co.uk

'The April Sale'

Thursday 25th April commencing at 11.00 am

Entries for this sale being received now

Please contact the sale room for further details

www.mk-news.co.uk
Your news ...delivered to suit you
Never miss a copy
Sign up for FREE and receive a copy each week directly to your inbox

B Blinds & Curtains

Beautiful Blinds

- Rollers from £35 fitted
- Wooden from £35 fitted
- Verticals from £30 fitted
- Venetians from £30 fitted
- Conservatory window blinds from £299 (3m x 3m conservatory)
- FITTED IN 10 DAYS

Call us on 01908 642 084
Or visit our showroom at
Unit 14, Stadium Business Court, Lyon Rd, Bletchley

B Builders

ff Cheap Aggregates ff

ATTENTION ALL BUILDERS/LANDSCAPERS

SAND • BALLAST• TYPE 1 • SHINGLE • TOPSOIL

ALL DELIVERED LOOSE -SMALL LOADS FROM 1 TON

SAME/NEXT DAY DELIVERY

SMALL FAMILY BUSINESS WITH LOW OVERHEADS

For orders or general enquiries, Call

01908 318149/ Mobile 07795 837810

Suplied & Delivered by Aggregate MK

A Articles Wanted

Records Wanted

1950's to 2011.

All Singles, LPs and EPs.

Contact Tel 07956 854161

WOODWORK TOOLS WANTED Planes, chisels etc please leave details on MK 314785

A Articles For Sale

Caravan Waste Water Container (Waste Hog) with Cover and Spare Level Gauge. £30. Tel 07586 964546

LEATHER DOUBLE BED, BRAND NEW (FAUX) good quality, still boxed, never opened, space needed, hence £139, can deliver 07851 511595

MEMORY FOAM MATTRESS - DOUBLE Brand new, still wrapped, never used, good quality deep mattress. Bargain £149, can deliver. 07851 511595

Jobs now www.jobsnow.co.uk
Don't miss out on that ideal job opportunity
Packed full of jobs throughout the region
Register your CV at www.jobsnow.co.uk and receive your free weekly E-Magazine.

B Building Services

BATHROOMS COMPLETE

(Genuine Offer)

Bath, Pedestal and basin, taps, toilet and cistern, floor to ceiling tiling, floor tiling.

CHOICE OF TAPS — All supplied and fitted £1,900 — CHOICE OF TILES

Phone 01767 261515 or 07846621439

MASON PROPERTY SERVICES LTD Est 1985

- ★ Small building works
- ★ General maintenance
- ★ Kitchens/bathrooms
- ★ Carpentry/glazing
- ★ Painting & decorating
- ★ Tiling & Upvc work
- ★ Garage Conversions
- ★ Insurance claims

Clean, reliable, prompt service. Fully insured.

Fensa Registered
01908 211476
07789 176300
CALL STEVE (7 DAYS)

DIGGER & DRIVER FOR HIRE

FOUNDATIONS, DRIVEWAYS, GARDEN CLEARANCE, PONDS ETC.

07855 321781

C Carpentry / Joinery

RJP CARPENTRY

Doors a speciality

- Decking
- Skirtings
- Architraves
- Bespoke made wardrobes

Doors and locks fitted and eased. For all your carpentry needs.

25 years experience

01908 616117
07816 285701

Qualified carpenter joiner, CRB Checked

Recommended on Which
References on request

www.rjpcarpentry.co.uk

£2 million public liability insurance

C Carpet & Upholstery Cleaning

Call 01908 242490 ...to advertise

WE COME TO YOU!

1000'S OF SAMPLES TO CHOOSE FROM IN THE COMFORT OF YOUR OWN HOME.

- Trade prices and guaranteed to beat any other home to supplier
- Free measuring service
- Why go anywhere else?
- We will beat any price, any quote... Guaranteed!!

THE WAREHOUSE Carpet & Warehouse Floor Specialist
CALL US TODAY ON 01908 318811
www.thewarehousemk.co.uk

C Carpets & Flooring

TEMPLEMAN CARPETS

Est 1971

For carpets & all types of flooring samples simply call

01908 560608 or 07778 934 708

Appointments made for daytime evenings or weekends

Friendly service - Helpful advice

Ace Flooring

Est. 1990

Carpets, Vinyls, Designer flooring.

Supplied and fitted.

Call: 07955 503158

WELCOME
Compulsive Viewing
www.homesnow.co.uk

@ Email

classified@mk-news.co.uk ...to advertise

C Carpets & Flooring

CarpetLine Mobile Showroom

Established 1993

FREE underlay, gripper and bars.

Lowest prices guarantee, with exceptional service.

7 DAYS 9AM - 9PM

Expert Fitting FREE Estimates

01604 708000
01933 402040

www.carpetline.co.uk

Plan your weekend in MK...
Visit the most comprehensive events calendar in Milton Keynes
MKWEB
www.mkweb.co.uk/whatson

mkclassified

Telephone 01908 242490

C Cleaning Services

ULTIMATE CARPET CLEANING
We won't be beaten on price
SAVE £ £ £
DON'T REPLACE YOUR CARPETS, CLEAN THEM WITH OUR HIGH POWERED TRUCK MOUNTED STEAM CLEANING MACHINES

TO DISCUSS YOUR NEEDS
CALL: 01908 354936 OR 07540 969417
www.diamondfloorcare.co.uk

CARPET CLEANING
- Carpets & Upholstery
- Domestic & Commercial
- Truck Mount System
- Professional & Reliable Service

01908 216327
www.spinnakercarpetcare.co.uk

★ DEEP CLEAN ★
CARPETS • UPHOLSTERY LEATHER
Efficient & Affordable
Latest technology / Removes most stains
Very thorough clean / ideal for deep stains
DOMESTIC & COMMERCIAL
01525 851811
www.deep-cleaners.co.uk see web for details

C Computer Services

LAPTOP & COMPUTER
Server, Set up, Repairs, Data Recovery, Internet, Network, virus, Home/ Office computer problems, 7 days services from £30
No Fix No Fee, FREE QUOTE
Qualified & Experienced
www.SpeedyITSupport.co.uk
01908 508144

PCFIX
PC & LAPTOPS
Custom Built PC's. Repairs, Viruses, Windows 8 Help, Dala Recovery, Websites.
Call David or Margaret
01908 317575
07986 124069

D Decorators

B&B DECORATORS
Est. 1969
- Domestic & commercial
- Painting & decorating
- Interior & exterior
- Specialist in hanging all wall coverings
- Skilled tradesmen only

Call **a service you can trust** today for your free quote
0800 838062 / 01908 645550
Mobile 07831 871662
Fax 01908 645700
42 Wharfside, Bletchley, Milton Keynes
www.bbdecorators.co.uk
bbdecorators@btconnect.com

MKNEWS

D Domestic Appliance Repairs

Kingsway Property Services
All aspects of property maintenance including:
- Carpentry
- Bathrooms
- General Plumbing
- Painting/Decorating
- Fencing/Decking/Patios
- Renovations/refurbishments
- Roofing inc repairs

10% discount with this advert!
For a free quote, please call:
01908-631930
07774-828057
www.kingswaymiltonkeynes.co.uk

Washing Machine Repairs
All models of Washing Machine & Tumble Dryers. Repaired and Serviced. No call out charge
Call anytime
01908 642653 or 07903 549762

D Domestic Services

Quintessence Cleaning
Giving you the time to do what you want to do
Professional domestic cleaning service with one of our fully vetted and insured experienced reliable housekeepers.
Special rates for senior citizens!
• 01908 613911 •
Jenny 07540803779 • Jo 07793430667
www.quintessencecleaning.co.uk
quintessencecleaning@hotmail.co.uk

D Driving Tuition

Drive Wizard
Learn to Drive
5 lessons for £50
Manual and automatic lessons available
Block & Student discount welcome.
www.drive-wizard.co.uk
Call Salim on 07817 745213

RDS
Driver Training
Established 1997
Very High Pass Rate
5 Lessons for £56
10 Lessons for £160
Friendly and patient Driving Instructor
Ask about our Intensive Courses
07956 804303
raywarne_RDS@yahoo.co.uk

E Electrical Services

G&P ELECTRICAL
• Security Alarms
• Fire Alarms
• Electrical Maintenance
• Door Entry Systems
01908 690963
07547 588950

Jobs now
www.jobsnow.co.uk
Register your CV at www.jobsnow.co.uk and receive your free weekly E-Magazine.
packed full of jobs throughout the region

F Fencing & Gates

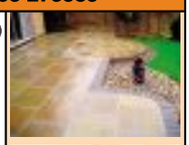
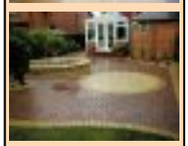
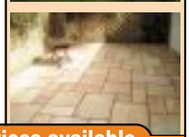
FIXRIGHT FENCING
•Fencing •Decking •Closeboard/Overlap Panels
•Concrete Posts / Gravel Boards •Gates
•Repair Spurs •Supply and fit or fit only
•Repairs and Renewals
All work guaranteed.
For a free quote please phone or email:
Tel: 01908 217562
Mobile: 07704 201984
fixrightfencing@aol.co.uk

Call 01908 242490 ...to advertise

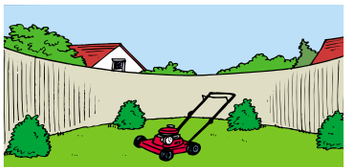
G Garden Services

Slab & Tackle
Your local landscape centre
01908 644888 Kevin 07795 273589

• Patio slabs & Natural stone All types and sizes available at prices to suit your budget	• Type 1 MOT(Roadstone) • Slate • Rockery stone • Compost • Postcrete • Landscape Sleepers • Grade 1 top soil • Fence panels • Fence posts
• Sharp sand • Ballast • Shingle • Building sand	

• Fence Panels • Fence Posts •Close Board Fencing
All supplied and/or fitted
Block paving & Kiln dried sand available from
£12.50 per sqm plus much more
WE ALSO OFFER A FULL LANDSCAPING SERVICE - CALL US FOR AN ESTIMATE
Brickwork and Scaffold services available
visit us at Willowbridge Marina,Stoke Road, Bletchley
Admission free



GAC Garden Design & Maintenance
Full Landscaping Design and Maintenance Available.
Patios, pergolas, fencing, turfing etc.
References given.
Free survey.
For a personal and competitive quote call:
01908 235467 or 07889 457002

COUNTY FENCING MILTON KEYNES
ALL TYPES OF FENCING, DECKING & GATES SUPPLIED AND FITTED
OVERLAP PANELS FITTED FROM £42
Free Quotations
01908 318149 / 07795 837810
www.countyfencingmk.com
Patios, Driveways and Garden Contstruction also undertaken
CHAS

ROBINSON'S GARDEN SERVICES
Free Quotes
No job too small
- Fencing
- General Tidy Ups
- Grass Cutting
- Hedge Trimming
- Planting
- Rubbish Removal
- Tree Topping
- Turfing

www.robinsonsgardenservices.co.uk
01908 967804 07716 331792
07951 545133
robinsons.gardening@gmail.com

A.B. FARMER
FENCING SPECIALIST
FREE QUOTATIONS
01908 674184
07852 881126
Patios, Decking & Pergolas

Jobsnow
www.jobsnow.co.uk
DON'T WAIT FOR YOUR PERFECT JOB
- PLACE YOUR CV ONLINE WITH US NOW!

H Handy Person

Mr Builder
- General Maintenance
- Carpentry
- Decorating
- Plumbing
- Flooring
- Kitchen fittings

07975 798478

H Home Maintenance

HOME TECH
PROPERTY SERVICES

• Bathrooms	• Gardens
• Kitchens	• Driveways
• Plumbing	• Patios
• Carpentry	• Pointing
• Plastering	• Brickwork

All work guaranteed
Very Competitive
No Job Too Small
Inside or Out
Over 25 years experience
07736 680580
Tel: 01908 670166 Email: home-tech@live.co.uk

G Guttering

Fax 01908 689550 ...to advertise

FASCIAS & SOFFITS
Windows, Doors & Conservatories
Speak to your local family experts
The difference is
CRYSTAL CLEAR...

Fascias, Soffits & Guttering *Windows*

CRYSTAL CLEAR
01908 234363
0771 335 4709
www.crystalclearglazing.com
enquiries@crystalclearglazing.com

CLEAN GUTTERS MK
• Dripping Water • Blocked Gutter
• Moss & leaves • Spring Clean
2 Bed House £30
3 Bed House £35
4 Bed House £40
5 bed House £45

Low Prices - Call Today
01908 474895

MKNEWS

KPC PROPERTY SERVICES
- **Kitchens and bathrooms**
- **Plumbing and heating**
- **Painting and decorating**
- **Tiling and flooring**
- **Carpentry**
- **General maintenance**

Well established
Fully insured
Superior workmanship
Fair prices
07900 887 156
kpcmaintenance@googlemail.com

P Painting Services

ARTEX
Phone Roy on
01908 542482 or
07985 383630
Ceilings, Coving, Decorating, Pattern Changes, Ceilings Skimmed Flat Insurance work Free estimates Established 35+ years

mkclassified

Telephone 01908 242490

Pet Rescue

FOREVER HOME FOR PIP. YOUNG FRIENDLY WHITE CAT. BEEN LIVING OUT IN THE SNOW FOR WEEKS 01908 375485 (Animal action) www.animal-action.org.uk

Plastering

ALFA PLASTERING
SPECIALIST IN ALL TYPES OF PLASTERING
• Tiling
Flooring
Paint & Decorating
Fencing
Decking
Block Paving
City & Guilds
All work guaranteed, call Dino for a free quote
07966 250856
01908 670802
dino@alfaplastering.com
www.alfaplastering.co.uk

T H Plastering
All aspects of plastering and decorating, ceilings skimmed flat, general household maintenance friendly professional, affordable
Call Tom - 01908 415918 07809 382067

Home Decorating Co.
Plastering, Skimming, Artex Ceilings Made Flat
No job too small
Clean & Tidy work
01908 316822
07535 472262

Plumbing & Heating Services

MK GAS 24/7 Gas • Electrical • Plumbing • Heating
• Gas Boiler installation & servicing
• Advanced Boiler Breakdown Technicians
• Cooker Installation
• Yearly Landlord Safety Certification
• Bathroom Installations
• All aspects of Plumbing & Heating undertaken
• Unvented Hot Water Systems Yearly Service
• All aspects of Electrical Work undertaken, from broken sockets to full re-wires
• PAT testing
24/7 EMERGENCY CALLOUT
01908 982260
531310 546392
07564 298 494 (24/7) 07564 298 493 (24/7)
mkgas24.7@hotmail.co.uk
LIABILITY INSURED UP TO £5m
Fully Qualified Plumbing
Always check contractors ID

Getting cold feet?
If your boiler needs replacement or repair don't wear your coat indoors, call PURE PLUMBING & HEATING for quality work at competitive rates
• Boiler repairs and servicing • Heating and gas installations • Free quotations
01908 321 456
www.pureph.co.uk sales@pureph.co.uk
safe
pure PLUMBING HEATING

GASTEAM
the central heating people
✔ Landlord Gas Certs £50
✔ Boiler Service £50
✔ Cooker Installation £50
✔ Boiler Repairs
We also service/install and certificate
Commercial Boilers and Commercial Catering Appliances
COMBI BOILER INSTALL £1200
Includes: Glow Worm 24kw, time clock, digital room stat, scalemaster, powercleanse, horizontal flue.
See website for details.
tel: 01908 760306
www.gasteam.co.uk
safe

Alan's Plumbing
No job to small or to big
10% off for OAP's No extra for weekends
Leaking Taps, Showers, Radiators,
Installing Dishwasher, Washing Machines
Full Plan & design Bathrooms / Kitchens
Tiling wall and floor
01908 610 269 07930 523 582

S.E.S
All plumbing work undertaken
Bathrooms, tiling, showers. Gutter and Drain clearance.
Housing Association Approved. Over 25 years local experience.
01908 274909
07905497663

Ashwell Plumbing
Fully qualified
Drips, leaks, repairs, bathrooms, kitchens
All plumbing work undertaken
01908 393400
07527497996

Griffon Gas & Plumbing Services
• Gas • Plumbing • Repairs • Bathrooms
• Service • Kitchens • Replacement • Showers
Central Heating Repairs and Alterations
All Work Guaranteed 40 Years Experience
Reasonable Rates
0759 032 7315 • 01908 661335
Eaglestone - Milton Keynes

Removals & Storage

ROBINSON'S REMOVALS
★ Ideal for all Removals
★ Domestic & Commercial
★ Competitive prices
★ Short or long distance
★ Very professional friendly service
★ Call today for a free quotation
robinsonsremovalsmk@gmail.com
01908 967804
07716 331792
Multiple Vehicles up to 7 tonnes
07951 545133

Jobsnow
DON'T WAIT FOR YOUR PERFECT JOB
www.jobsnow.co.uk

www.simplevanandtruckhire.co.uk
VAN & TRUCK HIRE
MOVING? Business Use?
Now located at Lok'n Store!
✓ 7.5t Tail Lift Vehicles
✓ Box Vans - Panel Vans
✓ No Deposit
✓ New Hourly Van Hire Rates
07734 050007 (7 days) 07703 279392 (7 days)
01908 582838 Milton Keynes

MORTIMERS
ALL SIZE REMOVALS WELCOME
LOCAL & LONG DISTANCE
MK 312260
HOURLY RATE OR FIXED PRICE
WWW.MORTIMERS-REMOVALS.CO.UK

BALD MAN BIG VAN
6.5 Tonne Truck with Tailift.
23ft long.
Ideal for all removals including Office moves.
Est 1989.
Please call Nigel
07973 317334

Man & Van
House, Garden, Garage, Shed Cleared - Cleaned
Removals
Call Jamie
07896 956571
Friendly Service

Man and Van
For moving
Home/Rubbish
No job too small
From £10
Call Dwain
07979 403673

BIG WHITE VAN MAN
Will pick up or deliver
24 hours
7 days a week
From £10
Call Dean
07743 373781

Man & Van 24/7
Removals & Purchasing
Gardening Services also available
Local & National
Great Rates
Call Ify
07568 085167
07889 342282

Man & Luton Van with Tail lift
1 Item to full load
Local / National
Anything moved
House moves
House clearance
Call Sean
07935 502413
01908 238403

Call 01908 242490 ...to advertise

Roofing & Cladding

J. B. Roofing
All aspects of Roofing undertaken
No job too small
07975 798478

Skip Hire

G MOORE SKIP & GRAB HIRE
RECYCLING CENTRE
90%+ of your rubbish recycled when using our services
All sizes available Topsoil, Crushed Concrete, sand etc
01234 857000
VISA MasterCard

SANDY SKIP HIRE
SKIP HIRE FOR BEDFORDSHIRE, MILTON KEYNES & HERTS
• SAMEDAY SERVICE • DELIVERY & COLLECTION
• 2, 4, 6, 8, 10, 12, 14, 16, 20, 40 YD SKIPS
• OPEN, CLOSED & DROP ENDS ROLL ON, ROLL OFF
• 6&8 WHEEL GRAB SERVICES
SUPPLIERS OF CRUSHED CONCRETE & TOP SOIL
PROMPT, EFFICIENT SERVICE DAILY, WEEKLY & LONG TERM HIRE
(WRITTEN DETAILS ON REQUEST)
FOR DETAILS CALL
TEL 01767 682613

JONES SKIP HIRE
3, 4, 6 and 7 yard skips
Builders & DIY
Registered Waste Carrier
01908 690937
07768 450054
All major credit cards accepted

Telecommunications

TELEPHONE and Broadband, Television. Extensions & faults. TelRon 01234 306244 07944 864326

Windows & Conservatories

Problems with your uPVC windows, doors or conservatory?
SPEAK TO YOUR LOCAL EXPERTS
• Misted sealed unit
• Broken double glazed glass replacement
• Replacement of broken and damaged hardware (Handles, catches, hinges).
• Replacement locks and lock upgrades
• Window and door servicing
• uPVC profile repair and restoration
Custom Glaze
Windows • Doors • Conservatories • Garage Doors • Est 1981
Call: 01908 650148
www.customglaze.co.uk
service@customglaze.co.uk
FENSA

Tree Surgery

◆ Trees reduced, pruned and felled.
◆ Hedge work and bushcutting.
◆ NPTC Qualified and insured.
◆ Small tree specialist.
◆ For a professional service and free quotation call
The Small Tree Company 07770 861913

Upholstery/ Fabric

Diane Merner
Upholstery & Interior Services
Workshop: 01908 507022
Mobile: 07956-526676
ANTIQUE, DOMESTIC & INDUSTRIAL UPHOLSTERERS & CURTAIN MAKERS, WIDE RANGE OF FABRICS
FREE ESTIMATES, EXCELLENT RATES.

Windows & Conservatories

AMAZING GLAZING
Trade prices for windows / doors / conservatories / soffits & facias
Repairs - misty / broken units / hinges / handles
Over 30 years exp.
Call Dean
01908 967427 / 07743 373781

1st Glass Window Repairs
• Steamed up glass
• Faulty window or door locks
• Broken hinges & handles
• Draughty windows
• Leaking roof
• Fully insured
• Security upgrades
Local company who can fix all types of problems
Call for a free written quotation
Emergency service available
Contact us on
07511906161

Email classified@mk-news.co.uk ...to advertise

Jobs now www.jobsnow.co.uk
Register your CV at www.jobsnow.co.uk and receive your free weekly E-Magazine.
Packed full of jobs throughout the region

mkclassified

Telephone 01908 242490

Chat Lines

Personal

CHAT OR DATE
10p per min WOMEN CHAT FREE!*
WOMEN: 0800 075 3617
MEN: 0871 550 3060
18+. Helpdesk 0844 944 0844. 0871 = 10p per min. *0800 = Free from a BT Landline. Network Extras Apply. Live calls recorded. SP: 4D.

GAY CHAT
ONLY 10p PER MIN
0871 550 4390
18+. Helpdesk 0844 944 0844. Live calls recorded. 0871 = 10p per min. Network extras apply. SP: 4D.

CHEAP ADULT QUICK XXX
36p PER MINUTE PURE ADULT RELAX WITH GIRLS
0909 864 0211
Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd PO6538 NN2 7YN. Help 08448714497.

DEBBIE, 29yrs
Always discreet.
Just 5min from MK Rail Station all guys welcome Pm&eves only.
Txt **DEBBIE** to **69996** for pics.
18+ £1.50/pic/msg rec. Fantasy. Plus Conct 02088205280 text stop to 69996.

60+ LADIES
ONLY 36p per min
0983 050 5824
18+. Calls recorded. 09=36p per min from a BT landline. Network extras apply. SP:CWL. Helpdesk 0844 999 4499.

BAD 18+ GIRLS
ONLY 36p per min
0909 742 2716
18+. Calls recorded. 09=36p per min from a BT landline. Network extras apply. SP:CWL. Helpdesk 0844 999 4499.

GAY? BI? or CURIOUS?
Connect to our network of guys for chat, mates and fun!
ONLY 10p per min
0871 908 9758
18+ Helpdesk 0844 944 0844. Live calls recorded. 0871 = 10p per min. Network extras apply SP: 4D.

Meet guys the quick way!
GAY TEXT
TEXT 'GSUNBED' to 88199
£1.50 for 6 msgs sent/recvd. £1.50 per pic msg sent/recvd.
18+ only. Helpdesk 0844 944 0002. Standard network charges apply. Send STOP to 88199 to stop. IP: X-On.

LIVE 121 ADULT CHAT
36p per minute
0909 860 6698
OLDER LADIES 0909 860 8967
XY Media PO Box 4324 N16 0GZ. Calls recorded & cost 36p per minute + network charges. Over 18s. We may send promos msgs. Helpline 0844 848 1004.

1st Class
Exotic Ladies
Out-call escort agency
MK and all surrounding areas
Early - Late
Please call
01908 785629
No witheld numbers please
www.escortsmiltonkeynes.co.uk

Foxy Kittens
07040 901858
www.foxykittens.net
Registered Professional Escort Agency

Annabellas Escorts
01908 234646
www.annabellasescorts.com

CHAMPAGNES
BEDS, BUCKS, HERTS out calls only
CALL
07858 379849
new faces welcome
www.champagnesescorts.co.uk

NEW
Sunny Massage
MK
07553 278018

Staff
Required
New Agency based in MK.
In-calls and out-calls.
All nationalities welcome!
Call 07881 046200

SHADES
Massage available
01908 645537
www.shadesof seduction.co.uk

MK HELEN
07966 544521
www.mkhelen.co.uk

CATHERINE
Massage available
07986 808595
www.lady-catherine.co.uk

Kaitlyn Independent Escort Call anytime 07914 608248

MALE ESCORT SERVICES in MK, No witheld calls. 07851 963329

PRINCE TAZ
Male Escorts
07407 700999
No texts or witheld numbers

LONELY GUY
wishes to meet ladies in Milton Keynes area for friendship and good times.
Please text/call
07917 288537

kissing massage in central milton keynes
07417 400151

PENNY ESCORT Very private. Mon-Fri 10am-6pm. Weekends 10am-2pm. Rural MK. 07763191974

FEMALE ESCORT CMK. 07969 853051

ORIGINAL THAI MASSAGE
Full Body
07512 036040

Yuko Massage
MK
07774792828

Karen P Independent Escort 07884 133945 www.karen4hire.com

CINDY'S MASSAGE 11am-11pm,call 01582 534717

MYA Independent Escort. Close to CMK, Good Rates 07506 076411 No witheld Numbers www.adultwork.com/Indian_Mya

Personal Services

Autumn Temptation
11am - 8pm
Special Offers
07733 128402
www.redhead-independent-escort.com

DIANA
New to CMK!
Available on Wednesdays and Fridays 11am until 7pm.
Call: 07933 031542

Hot Olivia
CMK
07541 589895

BRAND NEW ESCORT
New to area and business.
Available 24/7.
All services available.
Good rates.
07033 122789

HomesNOW
www.homesnow.co.uk
Your property search just got easier

MKNEWS
Get your business ranking on search engines
Drive your business forward by reaching the widest possible online audience...
Be one step ahead of your opposition - Buy one of our new microsite packages and see your ranking increase on search engines.
Benefits to your business:
- Build brand awareness
- Measureable results
- Easy to update
- Low Cost
- Increase sales and revenue
- Targeted traffic, which means you get the enquiries you want more of
- Direct link to your existing website

Microsites cost as little as £41.25 (+vat) per month with no additional fees.
Call 01908 242490 for more details
www.mk-news.co.uk

TRAVEL OFFERS

MKNEWS Newmarket Holidays

Baltic Cities & St Petersburg

Sailing from Tilbury on board *MS Marco Polo*
Departs 5 May 2013
Price includes
- 12 nights' full board accommodation on board MS Marco Polo based on two people sharing a twin cabin
- First-class on-board entertainment
- Ports of Call: Copenhagen, Warnemünde (Germany), Helsinki, St Petersburg, Tallinn (Estonia) & Stockholm/Nynäshamn* (Sweden)
- Excellent service from an attentive crew
- Traditional British and International full board cuisine
- Afternoon tea and late night snacks
- Informative guest speakers
- A wide range of on-board leisure facilities

**Discount applies to bookings made by 30 April 2013. All fares exclude gratuities. Offer may be withdrawn at any time.*

Edinburgh Tattoo, Lochs & Steam

A host of Scottish highlights!
Departs 4 August 2013
Price includes
- Return coach travel from the local area
- Three nights' bed and Scottish breakfast accommodation in the Glasgow/Strathclyde area
- Two three course evening meals
- A seat for the Edinburgh Tattoo
- An orientation tour of Edinburgh
- A cruise on Loch Katrine on board SS Sir Walter Scott
- Return journey on the Bo'ness and Kinneil Railway
- Visits to Moffat and Gretna Green
- The services of a Tour Manager

www.newmarket.travel/bos 0844 391 2188 Code BOS

These holidays are organised & operated by Newmarket Promotions/Air Holidays Ltd. ABTA V787X/V7812. ATOL protected 2325. Subject to availability. Single supplements apply. Calls cost 4p per minute.

CONTACTS

TO CONTACT ADVERTISERS IN THIS COLUMN CALL
0906 199 8100

If an ad has a 📷 next to it, then the advertiser has sent in their photo. To receive a copy of the photo to your mobile phone, all you have to do is text: **MKN**(space)mailbox number and send to **88833**.

0906 calls cost £1.53 per/min, 0871 calls cost 10p per/min at all times. Plus network extras. Mobiles will be considerably higher. TEXT 88833 cost £1.50 per message. Participants must be 18 years or over. JMedia UK, London SW4 7BX. WC 030413 Helpline: 0871 434 4131.

BARBRA stylish feminine professional, many interests, social, good natured, looking for trustworthy male for good company and romance. **Tel No: 0906 199 8100 Box No: 375151**

LYNN 37 single mum, petite slim and very pretty, seeking caring funny guy to be with and become my Mr Wonderful. Dads welcome. **Tel No: 0906 199 8100 Box No: 386633**

ATTRACTIVE slim lady, striking green eyes, long blonde hair, likes animals, nights in/out, WLTM experienced male for fun friendship/relationship. **Tel No: 0906 199 8100 Box No: 371573**

CAROL 39yrs attractive slim brunette just looking for genuine caring man for romance, meals in and maybe more. Any age. **Tel No: 0906 199 8100 Box No: 375575**

JAN 35yr old blue eyed blonde, outgoing, friendly, WLTM passionate guy to share good wine, good conversation, flirting and fun times. **Tel No: 0906 199 8100 Box No: 368383**

JULIETTE blonde blue eyed lady who loves to have fun and enjoy life, seeking similar passionate guy to let my hair down and have some serious fun with. **Tel No: 0906 199 8100 Box No: 381725**

GEM curvy brunette who loves life and living it to the full, looking for kind heart male to share fun, laughter, love and lots of good times. **Tel No: 0906 199 8100 Box No: 393425**

LORRAINE curvy figured single mum who I Likes nothing better than a good cuddle with a nice glass of wine, just missing companion, pls call me. **Tel No: 0906 199 8100 Box No: 393457**

KEELY blonde 18yr old, blue eyes size 10, busty, stays at home too much and looking for causal fun with older male with OHAC. **Tel No: 0906 199 8100 Box No: 385377**

DEBBIE attractive young looking divorced female, seeking male who wants but does not need a special someone in their life, single dad welcome. **Tel No: 0906 199 8100 Box No: 390077**

SARAH looking for good times and mutual interest sharing, open-minded so age/looks and status not important. Call me you won't be disappointed. **Tel No: 0906 199 8100 Box No: 393323**

JUDY 35, slim petite blue eyed pretty blonde, new to this, not sure what to expect but determined to find love, if you feel the same, pls call. It could be fun! **Tel No: 0906 199 8100 Box No: 393461**

DEE buxom brown hair blue eyed naughty exhibitionist, looking for fun times with extremely broadminded man. Any age/looks/status. ACA. **Tel No: 0906 199 8100 Box No: 375145**

MAXINE lonely heart, fun good looking single mum with GSOH seeks gentle considerate male to try and get to know better, dads welcome. **Tel No: 0906 199 8100 Box No: 393329**

ATTRACTIVE curvy Jamaican female 37 who loves to party, cook/bake and have fun, looking for no strings adult companionship only with white male, any age. **Tel No: 0906 199 8100 Box No: 393423**

ALISON slim pretty lonely divorcee looking for caring supportive man who enjoys life and is looking to share it with me. **Tel No: 0906 199 8100 Box No: 402255**

LORRAINE petite attractive 32yr old outgoing single female looking for fun loving Mr Right to enjoy cosy romantic nights in with. **Tel No: 0906 199 8100 Box No: 393331**

EMMIE 28yr old lonely single mum all out of love, looking for good company with male who can tame a confident beautiful sensual lady. Any looks. **Tel No: 0906 199 8100 Box No: 381363**

THE COUNCIL OF THE BOROUGH OF MILTON KEYNES
ALTERATIONS TO WAITING AND PARKING CONTROLS
IN CENTRAL MILTON KEYNES 2013

NOTICE IS HEREBY GIVEN that the Council of the Borough of Milton Keynes has, on the 2nd April 2013, made eleven Traffic Regulation Orders under the Road Traffic Regulation Act 1984 in relation to Central Milton Keynes. The Orders, the titles of which are recited at the end of this Notice, will vary existing parking restrictions and introduce new parking and waiting restrictions and will affect all classes of motor vehicles. The Orders will have the following effects within the roads or parts of the roads stated below:-

To introduce some electric vehicle parking places between the hours of 7.00am and 6.00pm every day of the week along parts of Avebury Boulevard and Silbury Boulevard;

To introduce some combined premium rate, pay by mobile phone and electric vehicle parking places within parts of Avebury Boulevard, Midsummer Boulevard, Silbury Boulevard and Saxon Gate. Premium rate parking will only be in effect within these parking places between the hours of 10.00am and 4.00pm every day of the week. Electric vehicle parking will be permitted from 7.00am to 6.00pm every day of the week;

To introduce some combined free, and electric vehicle parking places with a maximum period for free parking of 2 hours with no return within 2 hours between the hours of 10.00am and 4.00pm every day of the week along part of Midsummer Boulevard;

To introduce some combined standard rate, pay by mobile phone and electric vehicle parking places within parts of Midsummer Boulevard and Silbury Boulevard. Standard rate parking will only be in effect within these parking places between the hours of 10.00am and 4.00pm every day of the week. Electric vehicle parking will be permitted from 7.00am to 6.00pm every day of the week;

Electric vehicles:- including hybrid vehicles which use petrol and battery power; must display a relevant current tax disc whilst parked; need not be charging whilst parked.

The introduction of additional premium rate pay and display parking places in part of Avebury Boulevard;

The removal of the No Stopping Except Taxis restriction in part of Avebury Boulevard;

The introduction of No Stopping Except Taxis restriction along part of the north-east side of Lower Twelfth Street between the hours of 10.00pm and 6.00am Friday to Sunday;

The reinstatement of the No Stopping Except Taxis restriction – the whole 24 hours of every day on part of Midsummer Boulevard;

The introduction of Low Emission Vehicle Permit parking for vehicles which emit less than 100g CO_2 per km driven in all Standard Rate parking spaces within Central Milton Keynes and for those vehicles which display the relevant Low Emission Vehicle permit to park free of charge within those parking spaces;

The introduction of Low Emission Vehicle Permits (Green permits) for vehicles that emit less than 100g CO_2 per km driven;

The reduction of some standard rate pay and display parking places in South Row;

The introduction of some residents only permit parking places in South Row;

The removal of a disabled person's parking bay on Midsummer Boulevard;

The introduction of a loading/unloading only parking place on Midsummer Boulevard effective the whole 24 hours of every day.

The Orders will come into effect on the 4th April 2013.

All classes of vehicle are affected by the Orders. Exemptions from some of these restrictions include: emergency services vehicles, statutory undertakers, building, demolition and excavation and disabled persons' badge holders and some others.

Copies of each of the Orders as made and maps showing the affected roads may be viewed at Milton Keynes Council, Civic Offices, 1 Saxon Gate East, Milton Keynes between 9.00am and 5.00pm on any working day and at Milton Keynes Library, 555 Silbury Boulevard, Central Milton Keynes during normal opening hours. Please quote reference WL/P&E/6799/TRO/2091.

Any person wishing to question the validity of the Orders or any provision contained in the Orders on the grounds that it is not within the powers conferred by the Road Traffic Regulation Act, or on the grounds that any requirement of the Act or any Instrument made under the Act has not been complied with may, within six weeks from the date on which the Orders were made, apply to the High Court for that purpose.

Titles of Orders

1. The Council of The Borough of Milton Keynes (The Council of The Borough of Milton Keynes (Central Milton Keynes) (On-Street Prohibition of Stopping and Limited Waiting Restrictions) Order 2012) Variation Order 2013
2. The Council of The Borough of Milton Keynes (Central Milton Keynes) (On-Street Standard Rate Pay and Display and Pay By Mobile Phone and Electric Vehicle Parking Places and Various Permits) Order 2013
3. The Council of The Borough of Milton Keynes (Central Milton Keynes) (On-Street Premium Rate and Long Stay Pay and Display and Pay By Mobile Phone and Electric Vehicle Parking Places) Order 2013
4. The Council of The Borough of Milton Keynes (The Council of The Borough of Milton Keynes (Central Milton Keynes) (On-Street Premium Rate and Long Stay Pay and Display and Pay By Mobile Phone Parking Places) Order 2002) Variation Order 2013
5. The Council of The Borough of Milton Keynes (Central Milton Keynes) (On-Street Free and Electric Vehicle Parking Places) Order 2013
6. The Council of The Borough of Milton Keynes (The Council of The Borough of Milton Keynes (Central Milton Keynes) (On-Street Standard Rate Pay and Display and Pay By Mobile Phone Parking Places and Various Permits) Order 2002) Variation Order 2013
7. The Council of The Borough of Milton Keynes (The Council of The Borough of Milton Keynes (Central Milton Keynes) (On-Street Standard Rate Pay and Display and Pay By Mobile Phone Parking Places Order 2005) Variation Order 2013
8. The Council of The Borough of Milton Keynes (The Council of The Borough of Milton Keynes (Central Milton Keynes) (On-Street Specific and Permit Parking Places) Order 2002) Variation Order 2013
9. The Council of The Borough of Milton Keynes (The Council of The Borough of Milton Keynes (Central Milton Keynes) (On-Street Residents' Permit Parking Places) Order 2005) Variation Order 2013
10. The Council of The Borough of Milton Keynes (The Council of The Borough of Milton Keynes (Station Square, Central Milton Keynes) (Various Traffic Restrictions) Revocation Order 2012) Variation Order 2013
11. The Council of the Borough of Milton Keynes (Midsummer Boulevard, Central Milton Keynes) (Loading Only Parking Places) Order 2013

Philip McCourt, Assistant Director – Law & Governance 3 April 2013
Civic Offices, 1 Saxon Gate East, Milton Keynes

THE COUNCIL OF THE BOROUGH OF MILTON KEYNES
(DRAYTON ROAD (PART), BLETCHLEY)
(TEMPORARY CLOSURE) ORDER 2013

NOTICE IS HEREBY GIVEN that the Council of the Borough of Milton Keynes has on 3 April made an Order under Section 14(1) of the Road Traffic Regulation Act 1984, the effect of which is to temporarily prohibit vehicles from entering, waiting or proceeding along that part of Drayton Road, Bletchley, Milton Keynes from the northern junction with Fern Grove to the access road which leads to the Blue Lagoon, whilst a crane is positioned across the road in order to lift signaling structures off of the nearby railway infrastructure. It is anticipated that the temporary closure will be in effect from 8.00 pm on 6 April 2013 until 12.00 midnight on 7 April 2013 inclusive. Should works relating to a current temporary closure in this area over-run the anticipated completion date, the above dates may be subject to change, and further notification stating amended dates will be given in due course.

There are no exemptions from the provisions of the Order, as the crane will extend across the whole carriageway.

Whilst the temporary restrictions are in effect the alternative route will be via Drayton Road, the A4146, Stoke Road and then Drayton Road, and vice versa.

The temporary road closure and its alternative route will be clearly signed in accordance with Chapter 8 of the Traffic Signs Manual.

The temporary restrictions will be in force on the dates shown when indicated by the appropriate traffic signs, and these will be displayed in the affected parts of roads.

The Order will come into operation on 6 April 2013 and will continue in force for a maximum period of 18 months or until the said works have been completed, which ever is the sooner. If the works are not completed within the maximum period stated, a further order may be made.

Any person committing a breach of the Order will be liable upon prosecution to such fine as is prescribed by the Road Traffic Regulation Act 1984.

Philip McCourt, Assistant Director – Law & Governance 3 April 2013
Civic Offices, 1 Saxon Gate East, Milton Keynes

THE COUNCIL OF THE BOROUGH OF MILTON KEYNES
(VARIOUS ROADS, MILTON KEYNES)
(TEMPORARY CLOSURE) ORDER 2013

FURTHER NOTICE IS HEREBY GIVEN in relation to a temporary prohibition of vehicles from entering, waiting or proceeding along parts of roads within Milton Keynes whilst carriageway resurfacing works are carried out, the restrictions for which were brought into effect under the provisions of the above Order, which was made by the Council of the Borough of Milton Keynes on 21 January 2013 under Section 14(1) of the Road Traffic Regulation Act 1984, as first notified on 16 January 2013, and subsequent changes to some of the closure dates which were notified on 6 February and 6 March 2013.

TAKE NOTICE that due to adverse weather conditions it has been necessary to revise some of the closure dates as previously notified on 6 March 2013. The following restrictions will now take place on the dates and at the times stated:-

1. **Springfield Roundabout, including the approaches from the V8 Marlborough Street and the H6 Childs Way – closures from 8.00 pm overnight until 6.00 am the next day, on 17th, 18th and 19th April 2013.** Whilst the road is closed the alternative route will be via the V7 Saxon Street, the A509 H5 Portway and the V10 Brickhill Street, and vice versa;
2. **Chicheley Road, North Crawley – that part within North Crawley from its junction with Brook End – from 9.30 am to 5.00 pm on 15 April 2013.** Whilst the road is closed the alternative route will be via Brook End, North Crawley Road, Penny Park Road, the A509 Newport Pagnell Bypass, the A422 Newport Road and Chicheley Road, and vice versa;
3. **High Street, Sherington – from Church Road to Hazelmead Farm – on 16 April 2013 between the hours of 9.30 am and 5.00 pm each day.** Whilst the road is closed the alternative route will be via Sherington Road, Chicheley Hill and the A509, and vice versa.

There will be no exemptions from the provisions of the Order, other than for any necessary access for residents as far as is practicably possible, and for emergency services and military vehicles whilst on operational duties.

Each temporary road closure and its alternative route will be clearly signed in accordance with Chapter 8 of the Traffic Signs Manual.

The temporary restrictions will be in force on the dates shown when indicated by the appropriate traffic signs, and these will be displayed in each affected road.

The Order came into operation on 21 January 2013 and will continue in force for a maximum period of 18 months or until the said works have been completed, which ever is the sooner. If the works are not completed within the maximum period stated, a further Order may be made.

All other provisions of the Order remain as originally notified on 16 January 2013.

Philip McCourt, Assistant Director – Law & Governance 3 April 2013
Civic Offices, 1 Saxon Gate East, Milton Keynes

THE COUNCIL OF THE BOROUGH OF MILTON KEYNES
(ALL GRID ROADS, MILTON KEYNES) (TEMPORARY SPEED LIMIT) ORDER 2013

NOTICE IS HEREBY GIVEN that the Council of the Borough of Milton Keynes intends, in not less than seven days from the date of this notice, to make an order under Section 14(4) of the Road Traffic Regulation Act 1984. The order will have the effect of temporarily restricting the speed limit on various grid roads within Milton Keynes to 40 mph, to enable maintenance works including grass cutting, gully cleaning, litter picking, street lighting, mechanical sweeping, lining maintenance, stud replacement and all other related maintenance activities, to be carried out in safety on the carriageways and verges.

It is anticipated that the temporary speed restrictions will be in effect on the following roads at specific times only when indicated by the appropriate traffic signs, between Monday 15 April 2013 and Monday 14 October 2014 inclusive:-

1. **V1 Snelshall Street** from its junction with H8/A421 Standing Way at Tattenhoe Roundabout, Bletchley to its junction with H6 Childs Way at the Whitney roundabout Westcroft.
2. **V2 Tattenhoe Street** from its junction with H8/A421 Standing Way at Windmill Hill Roundabout, Bletchley to its junction with Emperor Drive and Morland Drive Hazeley.
3. **V3 Fulmer Street** from its junction with H8/A421 Standing Way at Emerson Roundabout, Bletchley to its junction with H4 Dansteed Way at the Grange Farm Roundabout Crownhill.
4. **V4 Watling Street** from its junction with A5 at Kelly's Kitchen Roundabout to its junction with V7 Saxon Street, Bletchley at the double mini roundabouts between Denbigh roundabout and Princes Way roundabout, Bletchley.
5. **V4 Watling Street** from its junction with H10 Bletcham Way at Granby Roundabout to its junction with H1 Ridgeway at the Galley Hill Roundabout.
6. **V5 Great Monks Street** from its junction with H4 Dansteed Way at the Lodge roundabout Two Mile Ash to the Old Wolverton Roundabout at the Stratford Road Wolverton.
7. **V6 Grafton Street** from its junction with Granby Roundabout, Bletchley to its junction with the Haversham Roundabout New Bradwell.
8. **V7 Saxon Street** from its junction with the B4034 Buckingham Road at Brunel Roundabout, Bletchley to its junction with Newport Road, New Bradwell at New Bradwell Roundabout.
9. **V8 Marlborough Street** from its junction at the Mount Farm Roundabout, Bletchley to its junction with the V7 Saxon Street at Marlborough Roundabout, Stantonbury.
10. **V9 Overgate** from its junction at Cricket Green Roundabout, Campbell Park to its junction with H3 Monks Way at Great Linford Roundabout, Great Linford.
11. **V10 Brickhill Street** from its junction at Tilbrook Roundabout, Caldecotte to its junction with the Wolverton Road at Giffard Park Roundabout, Great Linford.
12. **V11/A4146 Tongwell Street** from its junction at Elgar Grove Browns Wood to its junction with H4 Dansteed Way at the Tongwell roundabout Willen.
13. **H1 Ridgeway** at Galley Hill Roundabout, Stony Stratford to its junction with V5 Great Monks Street at Greenleys Roundabout, Wolverton.
14. **H2 Millers Way** from its junction with the V4 Watling Street at Kiln Farm Roundabout, Kiln Farm to its junction with the V6 Grafton Street at Bradville Roundabout, Bradwell.
15. **H3/A422 Monks Way** from its junction with V4 Watling Street at Fairways Roundabout to the Milton Keynes boundary at Astwood.
16. **H4 Dansteed Way** at Grange Farm Roundabout, Crownhill to its junction with V11/A4146 Tongwell Street at Tongwell Roundabout, Willen.
17. **H5/A509 Portway** from its junction with Otterburn Crescent, Oakhill to its junction with the M1 Junction14 interchange roundabout at Pineham.
18. **H6/A4146 Childs Way** from its junction at Whitney Roundabout, Westcroft to its junction at Northfield Roundabout, Pineham and from a point approximately 167 metres east of its junction with Stoke Road, Bletchley for a distance of 25 metres in a general easterly direction to the River Ouzel Bridge and for a distance of 760 metres in a general southerly direction from its junction with Kelly's Kitchen Roundabout on the A5.
19. **H7 Chaffron Way** from its junction with the V1 Snelshall Street at Kingsmead Roundabout, Tattenhoe to its junction with Mandeville Drive, Kingston.
20. **H8/A421 Standing Way** from its junction with the A421 Buckingham Road at the Bottle Dump Roundabout, Tattenhoe Park to its junction at Salford Road Bridge at the Milton Keynes Boundary.
21. **H9 Groveway** from its junction with Redmoor Roundabout, Bletchley to its junction with the Kingston Roundabout, Kingston.
22. **H10 Bletcham Way** from its junction with Denbigh Roundabout, Bletchley to its junction with Britten Grove, Old Farm Park.
23. **A509 London Road** from the Junction 14 interchange roundabout to Tickford Roundabout, Newport Pagnell, and the A509 Newport Pagnell bypass from Tickford Roundabout to the A422 Newport Road junction at the roundabout at Chicheley.
24. **A509** from the Junction 14 interchange roundabout to its junction with Northfield Roundabout, Northfield.
25. **A509** from its junction with the A422 at Chicheley to the Milton Keynes Boundary at Warrington.
26. **A5130** from its junction with the A421/H8 Standing Way at Kingston Roundabout, Broughton to its junction with the A509/H5 Portway at Northfield Roundabout, Northfield.
27. **Queen Eleanor Street** from its junction with H1 Ridgeway at Galley Hill Roundabout, Stony Stratford to the Milton Keynes Boundary at Old Stratford.

There shall be no exemptions from the provisions of the order except for emergency services vehicles and Special Forces drivers within the armed forces on operational duties.

The proposed order will come into operation on Monday 15 April 2013 and will continue in force for a maximum period of 18 months or until the said works have been completed, whichever is the sooner. If the works are not completed within the maximum period stated, a further order may be made with the consent of the Secretary of State.

Any person committing a breach of the order will be liable upon prosecution to such fine as is prescribed by the Road Traffic Regulation Act 1984.

Philip McCourt, Assistant Director – Law & Governance 3 April 2013
Civic Offices, 1 Saxon Gate East, Milton Keynes

THE COUNCIL OF THE BOROUGH OF MILTON KEYNES
(HAVERSHAM ROAD, HAVERSHAM)
(TEMPORARY SPEED LIMIT) ORDER 2013

NOTICE IS HEREBY GIVEN that the Council of the Borough of Milton Keynes intends, in not less than seven days from the date of this notice, to make an Order under Section 14(4) of the Road Traffic Regulation Act 1984. Its effect will be to temporarily restrict the speed limit to 30MPH along Haversham Road, Haversham, from its junction with Beech Tree Close for a distance of approximately 350 metres in a south-westerly direction.

The Council is satisfied that the temporary speed restriction is necessary to enable repair works on the bridge and re-surfacing works on Haversham Road to be carried out. It is anticipated that the temporary speed restriction will come into effect on Monday 15th April 2013 until Saturday 31st August 2013, inclusive (24 hours a day).

There shall be no exemptions from the provisions of this Order except for emergency service vehicles and Special Forces drivers within the armed forces on operational duties.

The proposed Order will come into operation on Monday 15th April 2013 and will continue in force for a maximum period of 18 months or until the said works have been completed, which ever is the sooner. If the works are not completed within the maximum period stated, a further Order may be made with the consent of the Secretary of State. The provisions of this Order shall apply when indicated by traffic signs.

Any person committing a breach of this Order will be liable upon prosecution to such fine as is prescribed by the Road Traffic Regulation Act 1984.

Philip McCourt, Assistant Director – Law & Governance 3 April 2013
Civic Offices, 1 Saxon Gate East, Milton Keynes

THE COUNCIL OF THE BOROUGH OF MILTON KEYNES (V7 SAXON STREET, SAXON GATE, SILBURY BOULEVARD, MIDSUMMER BOULEVARD, H9 GROVEWAY, SIMPSON ROAD AND HAMMER ROAD, SIMPSON (PARTS), BRECKLAND LINFORD WOOD, SIMPSON DRIVE, SIMPSON, AND UPPER SECOND STREET, CENTRAL MILTON KEYNES, NEWPORT ROAD AND MILTON ROAD, WILLEN AND VARIOUS ROAD JUNCTIONS WITHIN BEANHILL, CALDECOTTE, TILBROOK, BROWNS WOOD, MONKSTON, BRINKLOW, BROUGHTON, WAVENDON GATE, NORTHFIELD,WOOLSTONE, STANTONBURY, GREAT LINFORD, LINFORD WOOD,CONNIBURROW AND DOWNS BARN, MILTON KEYNES) (TEMPORARY RESTRICTIONS) ORDER 2013

NOTICE IS HEREBY GIVEN that the Council of the Borough of Milton Keynes for the purpose of facilitating the holding of a relevant event, namely the Milton Keynes Marathon which is being promoted by Andy Hully, Race Director, Milton Keynes Marathon, intends to make an Order under Section 16A of the Road Traffic Regulation Act 1984. It is anticipated that the following temporary restrictions will be in effect on Monday 6th May 2013 at various times between the hours of 6.00am and 7.00pm and when indicated by the appropriate traffic signs and marshalls. The effect of the Order is as follows:-

1. **To temporarily prohibit all vehicles from entering or proceeding in the following lengths of road:-**

   V7 Saxon Street from its junction with the H10 Bletcham Way to its junction with the H9 Groveway at Ashland Roundabout.

   Ashland Roundabout will also be closed.

   The alternative route for traffic will be via the H10 Bletcham Way, Bond Avenue, V8 Marlborough Street and H9 Groveway and vice versa.

   V7 Saxon Street from its junction with the H9 Groveway at Ashland Roundabout to its junction with the H8 Standing Way.

   Coffee Hall Roundabout will also be closed except for emergency access to Milton Keynes Hospital.

   The alternative route for traffic will be via the H9 Groveway, V8 Marlborough Street, and H8 Standing Way and vice versa.

   V7 Saxon Street from its junction with H8 Standing Way to its junction with H7 Chaffron Way.

   The alternative route for traffic will be via the H8 Standing Way, V8 Marlborough Street, and H7 Chaffron Way and vice versa

   Eaglestone Roundabout will also be closed.

   V7 Saxon Street from its junction with H7 Chaffron Way to its junction with H6 Childs Way.

   The alternative route for traffic will be via the H7 Chaffron Way, V8 Marlborough Street, and H6 Childs Way and vice versa.

   South Saxon Roundabout will be closed.

   Saxon Gate, Central Milton Keynes from its junction with H6 Childs Way to its junction with Silbury Boulevard.

   Midsummer Boulevard, Central Milton Keynes – the south-westbound carriageway only from its junction with Upper Second Street to its junction with Saxon Gate.

   Silbury Boulevard, Central Milton Keynes – the north-eastbound carriageway only from its junction with Upper Second Street to its junction with Saxon Gate.

   Upper Second Street, Central Milton Keynes its entire length.

   Whilst the roads in Central Milton Keynes are closed the alternative route for traffic will be via H6 Childs Way, Grafton Gate and H5 Portway and vice versa.

   H9 Groveway from its junction with Redmoor Roundabout to its junction with the V8 Marlborough Street.

   Simpson Roundabout will also be closed.

   The alternative route for traffic will be via the V6 Grafton Street, H8 Standing Way, and V8 Marlborough Street and vice versa.

   H9 Groveway from its junction with the V8 Marlborough Street to its junction with V10 Brickhill Street.

   The alternative route for traffic will be via the V8 Marlborough Street, H8 Standing Way, and V10 Brickhill Street and vice versa.

   Breckland, Linford Wood its entire length. There is no alternative route available.

   Simpson Drive, Simpson its whole length.

   Hammer Road, Simpson its whole length.

   Simpson Road, Simpson from its junction with Simpson Drive to its junction with Beales Lane.

   Whilst the roads in Simpson are closed the alternative route for traffic will be via Simpson Road, Simpson, Watling Street, V7 Saxon Street, H10 Bletcham Way, V10 Brickhill Street and Chase Avenue and vice versa.

2. **To temporarily prohibit vehicular access or egress from the following junctions on various roads and redway crossing points:-**

   V11 Tongwell Street and Fyfield Barrow, Wavendon Gate.

   V11 Tongwell Street and Lindisfarne Drive, Monkston.

   V11 Tongwell Street and Brudenell Drive, Brinklow.

   V11 Tongwell Street and Northfield Drive, Northfield (southern end)

   V11 Tongwell Street and Northfield Drive, Northfield (northern end) .

   Pattison Lane, Woolstone and the H6 Childs Way.

   V8 Marlborough Street and Great Ground, Stantonbury.

   V8 Marlborough Street and Stanton Gate, Stantonbury.

   H4 Dansteed Way and Fennel Drive, Conniburrow.

   V8 Marlborough Street and Downs Barn Boulevard, Downs Barn.

   Wastel, Beanhill and the V7 Saxon Street.

   Dodkin, Beanhill and the V7 Saxon Street.

   H10 Bletcham Way and Bradbourne Drive, Tilbrook

   Marsh Drive, Great Linford between Woad Lane and Cottisford Crescent at the redway crossing point.

   Sunrise Parkway, Linford Wood next to its junction with Foxhunter Drive at the redway crossing point

   Wadesmill Lane, Caldecotte between H10 Bletcham Way and Tredington Grove at the redway crossing point

   Twyford Lane, Browns Wood between H10 Bletcham Way and Elgar Grove at the redway crossing point.

   Elgar Grove, Browns Wood between H10 Bletcham Way and Twyford Lane at the redway crossing point.

   Swanwick Lane, Broughton between the two entrances to Cadeby Court at the redway crossing point.

   Milton Road , Broughton between Kingwear Drive and The Circus at the redway crossing point.

3. No waiting at any time restrictions, when the no waiting cones are displayed in the following roads between the hours of 10.30am and 1.30 pm on Monday 6th May 2013:-

   Newport Road, Willen both sides its whole length.

   Milton Road, Willen both sides its whole length.

As this is a rolling closure the temporary restrictions will only apply whilst the competitors pass along the above stated roads and lengths of roads and the roads will reopen following the passing of the final runner.

Any local diversions will be indicated by the relevant traffic signs.

There shall be no other exemptions from the provisions of the Order other than for emergency services vehicles, military vehicles on operational duties and those vehicles required in connection with the event.

The proposed Order will come into operation on the 6th May 2013 at 6.00am and will continue in force for a maximum period of 3 days or until the completion of the event whichever shall be the sooner.

A copy of the proposed Order, statement of reasons for making the Order, map showing the areas referred to may be inspected during opening hours at Milton Keynes Library, 555 Silbury Boulevard, Milton Keynes, and during normal office hours at Milton Keynes Council, Civic Offices, 1 Saxon Gate East, Central Milton Keynes, quoting reference number WL/P&E/007108/TCO.

Any person committing a breach of the Order will be liable upon prosecution to such fine as is prescribed by the Road Traffic Regulation Act 1984.

Any person committing a breach of any waiting restrictions of the Order shall be liable upon issue of such penalty charge as prescribed by Part 6 of the Traffic Management Act 2004.

Philip McCourt, Assistant Director – Law & Governance 3 April 2013
Civic Offices, 1 Saxon Gate East, Milton Keynes

Milton Keynes Council

The following applications may be inspected at the Planning, Economy and Development Department, Civic Offices, 1 Saxon Gate East, Milton Keynes. Representations, if any, to be submitted in writing to the above address within 21 days of the publication of this notice.

SECTION 73	**WITHIN A CONSERVATION AREA**
13/00362/TCA	Notification of intention to cut back 2m from house, crown raise to 4m and remove deadwood of one Ash tree (T1), cut back by 2m one Sycamore tree (T2), fell to ground level and treat the stump of one Willow tree (T3) and cut back by 2m one Beech tree (T4) at The Rectory, Pitcher Lane, Loughton
13/00369/TCA	Notification of intention to undertake structural pruning of Lime tree (1) to reduce risk of branch failure, removal of dead and broken branches and removal of epicormic growth from centre of crown at 15 Wolverton Road, Stony Stratford
13/00396/ MMAM	Minor material amendment to application 11/02455/FUL to increase mezzanine floor place by 340sqm at Former Grafton Court, Snowdon Drive, Winterhill
13/00548/TCA	Notification of intention to reduce crown of 2 x Yew trees by 25% at St James Church, Church End, Hanslope
SECTION 67 & 73	**LISTED BUILDING WITHIN A CONSERVATION AREA**
13/00373/FUL	Single storey rear extension and internal alterations at 60 Church Green Road, Bletchley
13/00374/LBC	Listed building consent for single storey rear extension and internal alterations at 60 Church Green Road, Bletchley
13/00394/FUL	Installation of security fencing, gates and bollards at Wyvern School, Aylesbury Street, Wolverton
13/00395/LBC	Installation of security fencing, gates and bollards at Wyvern School, Aylesbury Street, Wolverton

TOWN AND COUNTRY PLANNING ACT (AS AMENDED)
TOWN AND COUNTRY PLANNING ACT
(DEVELOPMENT MANAGEMENT PROCEDURES) ORDER 2010
NOTICE UNDER ARTICLE 13
MAJOR

13/00196/FUL	Erection of Community Centre and Multi-purpose hall at Mosque, Peverel Drive, Granby

NICK FENWICK
ASSISTANT DIRECTOR PLANNING,
ECONOMY AND DEVELOPMENT

MILTON KEYNES COUNCIL

motors.co.uk
Find 1000's of cars locally at
motors.co.uk/mknews

MJ RECOVERY LTD
ALL SCRAP VEHICLES WANTED
UP TO A HUGE £400 CASH PAID
MOT Failures – DVLA Notified
£500-£5000 paid for Clean Running Cars
• Cheap Breakdown Service • Fully Insured
• Registered Waste Carrier
FAST • HONEST • RELIABLE
Tel: 07766 540 401 or
Freephone: 08000 778 328
Get a quote from our website: www.mjrecoveryltd.co.uk

Automaster
Servicing • Tyres • Brakes • Clutches • Crash Repairs
Tracking • Batteries • Valeting
Drive In - while you wait, we MOT your car
MOTS £30
Complete air conditioning
re-gas and cleanse £48
Full diagnostics check £24
(VAT Inclusive)
£25 discount business cards still valid if provided
01908 217695
60 Tanners Drive, Blakelands MK14 5BP
Monday - Friday 08.30 - 18.00 Saturday 10.00 - 16.00
www.automasteruk.com

MK MOT
Simply A Good Service
>MOT
>Service
>Tyres
>Diagnostics
>Repairs
Tyres From £19
MOT & Small Service From £99
MOT & Major Service From £149
Air Con Re-Gas From £35
More Than Just MOT's
01908 26 23 23
MK MOT Simply A Good Service
62 Burners Lane
Kiln Farm, MK11 3HD

CLASS 4 MOT'S
FROM ONLY £35
WITH THIS VOUCHER
£35 WITH FREE RE-TEST
All prices include VAT, all offers subject to availability, all work fully guaranteed.
the Good Garage Scheme Registered Member
All Major Credit Cards Accepted
The Garage SERVICE & MOT CENTRE
Unit 5, Arden Park. Old Wolverton Road, Old Wolverton MK12 5RH - SAT NAV
www.thegaragemk.co.uk
FREEPHONE 0800 046 8162
OPEN 6 DAYS: MON-FRI 8:00am - 5:30pm. SAT 8:00am - 1:00pm

find 1000's of cars locally
motors.co.uk

DEALS ON WHEELS
SPECIAL OFFER MOT's & Tyre's
MOT Hotline Number 01908 266188
Unit 81-83 Caxton Court,
Garamonde Drive, Wymbush MK8 8DD
www.dealsonwheelsmk.com
Mon - Sat 9am - 6pm
Bank Holidays 10am - 4pm
Unit 14, Tavistock Street
Bletchley MK2 2PF
01908 270260
Located next door to Eclipse Autos
SPECIAL OFFER
155/70/13 £15
165/65/13 £15
195/60/15 £20
195/65/15 £20
205/55/16 £25
225/45/17 £35
225/50/17 £35
235/35/19 £45
(all above part worn)
AIR CON SERVICING £35
MOT £35* 10 day free re-test
Tyres from £15 Tyres (Part worn)
FREE WINTER HEALTH CHECK
Top Quality Part Worn & New Tyres Available Up to 40% OFF leading brands
All major engine work carried out including head gaskets
*T&C applies call for more info
* Subject to VAT

BRISTOL STREET MOTORS

We have moved to a brand new state of the art premises

Bristol Street Motors Northampton Vauxhall has opened its doors this week to the £5 million investment in the two storey state-of-the art showroom located on Carousel way, Riverside Retail Park. Benefiting from a brand-new, impressive architectural setting and the fantastic model range we have available, we are sure that customers visiting Bristol Street Motors new showroom will enjoy the very special experience

It's a Love Thing at Bristol Street Motors

5 YEARS 0% APR REPRESENTATIVE

ON BRAND NEW VAUXHALLS PLUS WE'LL GIVE YOU CASH BACK FOR YOUR PART EXCHANGE

ALL AVAILABLE NOW AT BRISTOL STREET MOTORS

Don't miss out on our best ever Vauxhall new car offers. There really has never been a better time to upgrade to a brand new Vauxhall from Bristol Street Motors.

WE WANT YOUR CAR! WE ARE SHORT OF GOOD QUALITY USED CARS AND GUARANTEE TO GIVE YOU THE BEST POSSIBLE PART EXCHANGE PRICE FOR YOUR CAR

BRAND NEW Vauxhall Astra 1.4 Active 5dr

- 17" Alloy Wheels
- Mobile Phone System with Bluetooth
- Cruise Control
- Air Conditioning

CASH PRICE £13,698

£199 DEPOSIT & £199* PER MONTH + SAVE £4781

*includes finance deposit allowance paid by Vauxhall

BRAND NEW Vauxhall Insignia 1.8 Exclusiv 5dr

- Remote Central Locking with Alarm
- Air Conditioning • CD Player
- Automatic Lighting Control
- Cruise Control
- ABS

CASH PRICE £16,498

£249 DEPOSIT & £249* PER MONTH + SAVE £3806

*includes finance deposit allowance paid by Vauxhall

BRAND NEW Vauxhall Corsa S

- Remote Control Central Locking • Cd Player
- Power Steering • Electrically Adjustable Door Mirrors
- Speed Sensitive Power Steering

CASH PRICE £9,788

£139 DEPOSIT & £139* PER MONTH + SAVE £2531

*includes finance deposit allowance paid by Vauxhall

MANAGERS SPECIAL

BRAND NEW Vauxhall Zafira 1.6 VVTi Exclusiv

- 7 Seats • Air Conditioning
- CD Player/Stereo Radio (CD 30)
- 16" Structure Wheels

OUR PRICE FROM £9999

Love our cars, love our prices, love our savings!

BRITAIN'S BEST VAUXHALL VAN DEALS

WHATEVER THE JOB - FROM ONLY £29.99 PER WEEK AT BRISTOL STREET MOTORS WE WILL FIND THE VAN FOR YOU!

New Vauxhall Corsa Van Ecoflex 1.3 CDTi Euro 5

- CD Player • Remote Central Locking
- Electric Door Mirrors • ABS Brakes
- Power Steering • Rear Wash Wipe

£99 DEPOSIT & £29.99 PER WEEK

CASH PRICE £7791 +VAT, RFL & 1st Reg Fee

62 Reg Vauxhall Combo L1H1 2000 1.3 CDTi 90ps

- Electric Windows & Mirrors • Deadlocks
- ABS Brakes with EBD • Full Steel Bulkhead
- 750kg Payload • Delivery Mileage

£99 DEPOSIT & £39.99 PER WEEK

CASH PRICE £7991 +VAT & RFL

62 Reg Vauxhall Astravan Club

- Delivery Mileage • Metallic Silver • Air Conditioning
- Remote Central Locking • ABS Brakes • 6 Speed
- 3 Years Manufacturers Parts & Labour Warranty

£99 DEPOSIT & £39.99 PER WEEK

CASH PRICE £7991 +VAT & RFL

62 Reg Vauxhall Astravan Sportive 1.7 CDTi 110ps

- Delivery Mileage • Metallic Silver • Air Conditioning
- Remote Central Locking • ABS Brakes • 6 Speed
- 3 Years Manufacturers Parts & Labour Warranty

£99 DEPOSIT & £46.99 PER WEEK

CASH PRICE £9991 +VAT & RFL

New Vauxhall Vivaro SL2700 2.0 CDTi 90ps

- Power Steering • Remote Central Locking • CD/Radio
- Air Conditioning • Bluetooth • Electric Windows & Mirrors
- Side Loading Doors • Bulkhead • Driver & Passenger Airbag

£99 DEPOSIT & £55.99 PER WEEK

CASH PRICE £11991 +VAT & RFL

Bristol Street Motors

A **Great Deal** More For You

Unit 21 Carousel Way, Riverside Retail Park, Northampton NN3 9HG **0843 308 7582 VAUXHALL**

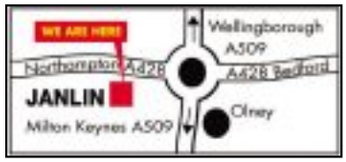
Official Government Test Environmental Data. Fuel consumption figures mpg (litres/100km) and CO_2 emissions (g/km). Vauxhall range: Urban: 14.4 (19.6) - 67.3 (4.2), Extra-urban: 27.4 (10.3) - 91.1 (3.1), Combined: 20.6 (13.7) - 80.7 (3.5). CO_2 emissions: 324 - 94g/km.

*Payments and savings shown are against list price at time of publication and include £500 minimum part exchange allowance (car must have a current MOT to qualify) and Partner discounts where applicable, for details refer to Vauxhall's current price guide. All other sales categories are excluded; cannot be used in conjunction with any other offer. Vauxhall Lifetime Warranty covers lifetime ownership of first registered keeper, 100,000 mile limit. Terms and conditions apply. Finance subject to status, terms and conditions. Written details available on request. 0% APR finance excludes Managers Specials. Prices correct at time of going to press. †Excludes certain models. Deposit allowance payable by Vauxhall and variable by model. ^Free Insurance on selected models, age 21 to 75, conditions apply.

www.bristolstreet.co.uk

It's worth the journey to

JANLIN



OPENING TIMES
MONDAY - FRIDAY
8am - 5pm
SATURDAY/SUNDAY
9am - 4pm

ON MAIN A428
(Nr Olney) Bedford,
Northampton Rd
01604 696 777
www.janlin.co.uk

Fusion

09/09 Fusion Zetec 1.4 TDCi, 5 speed, ocean blue, air/con, ABS brakes, alloy wheels, 17,000 miles, only £30 road tax per year.....**£6,995**
09/59 Fusion Zetec Automatic, tango red, air/con, ABS brakes, electric pack, alloy wheels, 10,000 miles.....**£6,995**
09/09 Fusion Zetec Climate 1.6 Automatic, silver, air/con, ABS, alloys, 7,000 miles.....**£6,495**
09/59 Fusion Zetec 1.4, 5 speed, panther black, air/con, ABS brakes, electric pack, alloy wheels, 15,000 miles.....**£6,495**
09/09 Fusion Plus 1.6 Automatic, tango red, air/con, ABS brakes, 15,000 miles.....**£6,295**

Estates

11/11 Focus Zetec 1.6 Estate (new shape), 5 speed, mica stone, air/con, ABS brakes, alloy wheels, rear parking sensors, only 2,000 miles.....**£11,995**
09/09 Mondeo Zetec 2.0 TDCi Automatic Estate, ink blue, air/con, ABS brakes, alloy wheels, 16,000 miles.....**£11,995**
10/60 Focus Zetec 1.6 Estate, 5 speed, sea grey, air con, ABS brakes, alloy wheels, electric pack with parking sensors, 14,000 miles.....**£9,995**
09/09 Focus Titanium 1.8 Estate, 5 speed, silver, air/con, ABS brakes, full electric pack with cruise control, alloy wheels, 18,000 miles.....**£9,495**
09/59 Focus Zetec 1.6 Automatic Estate, vision blue, a/c, ABS, electric pack, alloys, 11,000.....**£8,495**
09/09 Focus Zetec 1.6 Automatic Estate, silver, air/con, ABS brakes, electric pack, alloy wheels, 14,000 miles.....**£7,995**
08/08 Peugeot 207 SW 1.4 Estate, 5 speed, champagne gold, ABS brakes, remote locking, factory fitted roof rails, 16,000 miles, a/c.....**£6,995**

4x4

07/57 Nissan Navara Sport 2.5 TD 4x4, 6 speed, metallic black, air con, ABS brakes, alloy wheels, 56,000 miles.....**£9,995 No Vat**

Non Fords

10/59 Vauxhall Zafira 1.6 Life, 5 speed, 7 seat, silver, air/con, ABS brakes, electric pack, 11,000 miles.....**£7,995**
09/59 Nissan Micra Acenta Automatic, metallic beige, air/con, ABS brakes, electric pack, alloy wheels, 12,000 miles.....**£7,495**
09/59 Vauxhall Zafira Life, 5 speed, metallic blue, air con, ABS brakes, electric pack, 15,000 miles.....**£7,495**
08/08 Peugeot 207 SW 1.4 Estate, 5 speed, finished in champagne gold, air/conditioning, ABS brakes, remote locking, factory fitted roof rails, only 16,000 miles.....**£6,995**
07/57 Peugeot Partner 1.6 TD, 5 speed, ice blue, air con, ABS brakes, twin sliding doors, wheel chair access at rear, 15,000 miles.....**£6,995**
07/57 Nissan Note Acenta 1.6 Automatic, metallic beige, air/con, ABS brakes, alloy wheels, 13,000 miles.....**£5,995**
10/10 Nissan Micra N-Tec 1.2, 5 speed, 3 door, metallic grey, air con, ABS brakes, alloy wheels, sat nsv, 14,000 miles.....**£5,995**
03/03 Nissan Micra SE 1.4, 5 speed, silver, air/con, ABS brakes, keyless start, only 32,000 miles, one owner from new.....**£2,995**

Fiesta

11/61 Fiesta Zetec S 1.6 New Shape, 5 speed, 3 door, midnight sky, air/con, ABS brakes, full sport pack, alloy wheels, only 8,000 miles.....**£10,495**
11/61 Fiesta Zetec 1.4 Automatic, 5 door, vision blue, air/con, ABS, brakes, electric pack, 3,000 miles.....**£9,995**
10/60 Fiesta Zetec 1.4 TDCi, 5 speed, 5 door, silver, air/con, ABS brakes, alloy wheels, electric pack, rear parking sensors, 15,000 miles.....**£9,995**
10/10 Fiesta Zetec 1.4 Automatic, 5 door, vision blue, a/c, AB, electric pack, alloys, 9,000 miles only.....**£8,995**
09/09 Fiesta Titanium 1.4 Automatic, 5 door, vision blue, air con, ABS brakes, cruise control, privacy glass, 8,600 miles.....**£8,995**
10/10 Fiesta Edge 1.4 TDCi, 5 speed, tango, air/con, ABS brakes, 16,000 miles.....**£8,495**
09/09 Fiesta Zetec 1.4 New Shape, 5 speed, 5 door, cedar green, air/con, ABS, alloy wheels, 10,000 miles.....**£7,995**
10/10 Fiesta Edge New Shape 1.25, 5 door, air/con, electric pack, metallic dark blue, 2,000 miles only.....**£7,995**
10/59 Fiesta Edge 1.2s, 5 door, 5 speed, vision blue, air/con, ABS brakes, electric pack including parking sensors, 13,000 miles.....**£7,495**
09/59 Fiesta Style + 1.4 Automatic, 5 door, morello red, a/c, ABS, electric pack inc heated front screen, 12,000 miles, choice of two.....**£7,495**
10/10 Fiesta Edge 1.25, 5 speed, 3 door, ocean blue, air/con, ABS brakes, 11,000 miles.....**£7,295**
08/57 Fiesta Style Climate 1.6 Automatic, 3 door, amethyst, air/con, ABS brakes, only 23,000 miles.....**£4,495**

Large Selection of Focus

11/11 Focus Zetec Sport 1.6, 5 speed, 5 door, sea grey, air con, ABS brakes, sat nav, rear parking sensors, alloy wheels, only 5,000 miles.....**£9,995**
10/60 Focus Zetec 1.8, 5 speed, silver, air con, ABS brakes, electric pack, parking sensors, alloy wheels, only 5,000 miles.....**£9,495**
10/60 Focus Zetec 1.6, 5 speed, 5 door, ink blue, a/c, ABS brakes, alloys, electric pack, 11,000 miles.....**£9,495**
10/10 Focus Titanium 1.6, 5 door, silver, air/con, extra include sport pack, 13,000 miles.....**£9,995**
10/10 Focus Zetec 1.6 Automatic, 5 door, vision blue, air/con, ABS, alloys, 6,000 miles.....**£8,495**
09/09 Focus 2.0 Convertible Coupe , 5 speed, iris, a/c, ABS, alloys, 18,000 miles.....**£8,495**
10/10 Focus Zetec 1.6, 5 speed, 5 door, silver, air/con, ABS brakes, electric pack, parking sensors, 13,000 miles.....**£8,495**
09/59 Focus Zetec 1.6, 5 speed, 5 door, vision blue, air con, ABS brakes, electric pack, alloy wheels, only 5,000 miles.....**£7,995**

Mondeo

10/60 Mondeo Zetec 1.8 TDCi, 5 speed, sea grey, air/con, ABS brakes, electric pack, alloy wheels, 9,000 miles.....**£11,995**
05/59 Mondeo Zetec 1.8 TDCi, 6 speed, 5 door, silver, air/con, ABS brakes, electric pack, alloy wheels, 19,000 miles.....**£9,995**

Max 7 seater

08/58 S-Max Titanium 2.0 TDCi, 6 speed, chill silver, a/c, ABS, full electric pack, alloys. 20,000 miles.....**£12,995**

Automatic Choice

09/09 Mondeo Zetec 2.0 TDCi Automaitc Estate, ink blue, air/con, ABS brakes, alloy wheels, 16,000 miles.....**£11,995**
11/61 Fiesta Zetec 1.4 Automatic, 5 door, vision blue, air/con, ABS, brakes, electric pack, 3,000 miles.....**£9,995**
10/10 Fiesta Zetec 1.4 Automatic, 5 door, vision blue, air/con, ABS, alloys, 9,000 miles.....**£8,995**
09/59 C-Max Zetec 2.0 Automatic, silver, a/c, ABS, electric pack, privacy glass, alloys, 13,000 miles.....**£8,995**
09/59 Focus Zetec 1.6 Automatic Estate, vision blue, air con, ABS brakes, electric pack, alloy wheels, 11,000/13,000 miles, choice of 2.....**£8,995**
09/09 Focus Zetec 1.6 Automatic Estate, silver, air/con, ABS, alloys, 14,000 miles.....**£7,995**
09/59 Fiesta Style + 1.4 Automatic, 5 door, morello red, air con, ABS Brakes, heated front screen, 8,000 miles.....**£7,995**
09/59 Fiesta Style + 1.4 Automatic, 5 door, morello red, a/c, ABS, electric pack inc heated front screen, 12,000 miles, choice of two.....**£7,495**
09/59 Nissan Micra Acenta Automatic, metallic beige, air/con, ABS brakes, electric pack, alloy wheels, 12,000 miles.....**£7,495**
09/59 Fusion Zetec Automatic, tango red, air/con, ABS brakes, electric pack, alloy wheels, 10,000 miles.....**£6,995**
09/09 Fusion Plus 1.6 Automatic, tango red, air/con, ABS brakes, 15,000 miles.....**£6,295**
07/57 Nissan Note Acenta 1.6 Automatic, metallic beige, air/con, ABS brakes, alloy wheels, 13,000 miles.....**£5,995**
08/57 Fiesta Style Climate 1.6 Automatic, 3 door, amethyst, air/con, ABS brakes, only 23,000 miles.....**£4,495**

C-Max

09/59 C-Max Zetec 2.0 Automatic, silver, a/c, ABS, electric pack, privacy glass, alloys, 13,000.....**£8,995**
09/59 C-Max Zetec 1.6, 5 speed, ocean blue, air con, ABS brakes, electric pack, alloy wheels, 15,000 miles.....**£8,495**

Commercials

09/59 V.W Transporter T28 84 TDi SWB Van, 5 speed, blue, electric pack, side loading door, 9,000 miles, ABS brakes, fully ply lined.....**£9,995+Vat**
09/59 V.W Transporter T30 102 TDi SWB Van, 5 speed, white, ABS brakes, side loading door, 17,000 miles, fully ply lined.....**£9,995+Vat**
09/59 V.W Transporter T26 84 TDi SWB Van, 5 speed, white, electric pack, side loading door, 33,000 miles, ABS brakes, fully ply lined.....**£8,495+Vat**
08/57 Transit 260 SWB Van 2.2D, 5 speed, white, side loading door, fully ply lined, 23,000 miles.....**£7,495+Vat**

Jay's Tyres
New & part worn tyres

THE CHEAPEST IN MK FOR NEW & PART WORN TYRES

Full Service £99 Mot's £35.00
MOT & Service £80

TYRE PRICES

13" from £8
14" from £12
15" from £15
16" from £20
17" from £25
18" from £25
19" from £30

Welding Cambelts
Clutches Brakes
Exhausts Batteries

Servicing and all other mechanical repairs
Free collection in Milton Keynes

Call us today for a competitive quote
01908 378653 or 07926715097
Jay's Tyres 80-86 tavistock street, Bletchley, Milton Keynes, Bucks, MK2 2PB

Promote your business with Leaflets in any of our newspapers from only £14.50 per 1,000 t:01582 390357

find 1000's of cars locally

motors.co.uk

ROMAR SERVICE CENTRE
VOLVO SPECIALISTS

SERVICE & REPAIR OF ALL MAKES OF VEHICLES

MOT
SERVICING
REPAIRS

DIAGNOSTICS
AIR CONDITIONING
COURTESY CAR

UP TO 50% CHEAPER THAN MAIN DEALERS ON SERVICING & REPAIRS

SERVICE NOT AFFECTING WARRANTY

FREE WINTER HEALTH CHECK

☎ **01908 372108**
9 Romar Court, Denbigh West,
Bletchley, Milton Keynes, MK1 1RH
www.volvovauxhallspecialist.co.uk

MKMOTORS

CAR / VAN BUYER
Instant cash paid for MoT failures, damaged, non-runners, or and mechanical issues. Best prices paid, open 7 days, call anytime for a friendly, reliable service
01234 309447
07882 854764

MKNEWS

CARS/VANS/LORRYS/ CARAVANS/BIKES/ TRAILERS
£££ WANTED £££
£££ CASH PAID £££
ALL VEHICLES WANTED
RUNNERS - NON-RUNNERS
SCRAP - DAMAGED - UN-WANTED
WITH OR WITHOUT M.O.T.
DON'T JUST GIVE IT AWAY
WE PAY £70 MINIMUM
GIVE US A TRY
DVLA REGISTERED
24 HR - RECOVERY - 24 HR
01525 861033/07957 257072

£150
Minimum Paid for your scrap Car/Van
DVLA Informed
Call Jamie on:
07786 476160

B H SALVAGE
Environment & DVLA Registered ATF Centre
CARS WANTED
Any condition considered
Commercial/cars/4x4s
Free collection
Scrapped legally
Top prices paid £70-£5000
Used car parts available
Call 01582 873677 or 07886 266388

E&E services mk ltd
Your local independent Jaguar specialist

We are a Jaguar Specialist!

JAGUAR MASTER TECHNICIAN
VERY LATEST DIAGNOSTIC EQUIPMENT
ATA ACCREDITED
MEMBER OF THE FSB, RMI
AND TRUST MY GARAGE SCHEME

UP TO 50% SAVING ON DEALER PRICES

- We offer local collection and delivery • Free courtesy cars
- And of course a quality reliable friendly service to the Jaguar owner at an affordable price!!

E & E Services MK Ltd, 38 Tanners Drive, Blakelands Milton Keynes MK14 5BW
Email: info@eandeservices.co.uk Phone: (0)1908 218 875

D&A AUTOS GROUP

Call 01908 360999

Body Shop Vehicle accident repair specialists
Milton Keynes, Buckinghamshire

Company or lease car returns ...
Refurbishing your fleet vehicles can save you big time. The cost of repairs from D & A Auto Group is a fraction of what you could very well end up paying in penalties for returning damaged vehicles to your leasing agent / fleet provider.
Our approach to fleet repair work is simple - restore vehicles to meet the guidelines laid out in your Fleet Wear and Tear documentation so you avoid penalty fees.
www.daautosgroup.com

Don't be afraid to ask We don't just spray cars, we can spray almost anything!

Free 20 point health check when vehicle comes in for bodywork

Vehicle Paint and bodywork services offered
- Alloy wheel repairs
- Alloy wheel customization
- Chipped windscreen / glass repairs
- Upholstery cigarette burns
- Leather seat repairs
- Dashboard repairs
- Bumper scuffs & cracks
- Localised paint repairs
- Stone chips, scratches, touch-ups
- Dent removal
- Paintless dent removal
- Interior / exterior trim repairs
- Machine polish / bodywork protection
- Colour coding of bumpers, mouldings & mirror casings
- Texturised bumper repairs / painting
- Mirror casing repairs
- Vandal / key scratches
- Plastic welding
- Removal of stickers & graphics

MOTs £30
Monday-Saturday 7:30-5:30
COMFORTABLE FAMILY WAITING AREA
86E HIGH STREET, STONY STRATFORD MK11 1AH
- Tyres & Exhausts
- Cambelt Replacement
- Electrical Fault Finding
- Clutch & Gearbox Repairs
- Specialist Diesel Work on all Makes and Models
- Welding Repairs
- Head Gaskets
- Latest Diagnostic Equipment

FULL SERVICE £60 plus parts
BUY WITH CONFIDENCE
UNIQUE CAR SERVICES
01908 566355
www.uniquecarservice.co.uk

inde-tech uk
vw, audi, seat & skoda specialists
MAIN DEALER DIAGNOSTIC TOOLS & EQUIPPED
AUDI LICENSED TECHNICIANS
OVER 40 YEARS EXPERIENCE
Say Goodbye To Main Dealer Prices GUARANTEED
"quality no longer has to be expensive"

save up to **50%** on main dealer costs

Audi
VW
Seat
Skoda Specialist

All Other Makes Welcome
HAVING YOUR CAR SERVICED WITH US DOES NOT AFFECT YOUR MANUFACTURERS WARRANTY
SERVICING TO MANUFACTURERS SPECIFICATION AND MOTS

inde-tech UK Ltd has moved to:
Unit E, Lyon Road, Denbigh West
MK1 1EX
01908 648740
WWW.INDE-TECH.CO.UK
Free local collect & delivery service

MKMOTORSPOTS

CARS/VANS 4X4S SCRAP & UNWANTED

BOUGHT AND COLLECTED LEGALLY

£150 - £3000

CASH ON COLLECTION

LOGBOOK STAMPED DVLA STANDARDS

7 DAYS A WEEK

1 HOUR SERVICE

Call Richard

07773 216586

CASH FOR CARS

All makes & models considered.
Cash Waiting.
Anytime 7 days.
(01234) 742753 / 07813 927586

Caravans & Trailers

FOR SALE Elddis Wisp 2 Berth Caravan

Porch awning. Full Cooker. Hot/Cold. Gas bottles. Aqua Roll/Waste. Wheel clamp and hitch lock. Good condition. Reluctant sale.

£950

Phone 01234 355715

Motorbikes

HONDA DEAUVILLE 650cc

registered 05/54 plate, no Tax, MoT June 2013, fsh, mileage 20,740

£2,800

01767 312770

all reasonable offers considered

Call 01908 242490 ...to advertise

Motorbikes

MOTORCYCLES SCOOTERS AND MOPEDS TRIALS MOTOR CROSS

BOUGHT FOR CASH

Any condition, crash damaged, non runners

07710324170

01525 759236

Chris - Trade

Fiat

Fiat Punto Active

Met red. 02. 3 door. 1.2. MOT. Mileage 83k. 2 keys. All original. C/L. P/S. E/W.

£1500 ONO

01234 855710
07956 809467

FORD KA SPORT 1.6CC

3 Door, Silver, 54reg, 2004, 12 Months MOT, Service History, Alloys, CD Player, 46K Genuine, C/L, E/W, PAS, Excellent Condition

£1995 ONO

01234 297271
07979 991988
www.Bedfordautocars.co.uk

Land Rover

Landrover Freelander 1.8

Metallic green. 53 Reg. 5 door. Manual. Petrol. One lady owner. 93k. 6 months Tax & MOT.

£2195

07968 136422
01234 825481

Other Makes

Talbot Express

1500 D 92 Reg. Hi Top. 3 berth. 2.5 diesel. 5 months MOT. 4 months tax. Good condition. Captain series.

£3500 ONO Tel 01234 767735

Renault

RENAULT CLIO GRANDE 1.2CC

3 Door, Met Green, Y Reg, 2001, 12 Months MOT, FSH, 48K, C/L, E/W, PAS, 2 Owners, Excellent Condition

£1395 ONO

01234 297271
07979 991988
www.Bedfordautocars.co.uk

AMP MOTs

TELEPHONE 01908 368877

SPECIAL OFFER*
MOT & Service
£95 plus vat

MOTs including FREE 10 day retest
MOTs and Service
including FREE winter health check
Engine warning light on?
FREE QUOTES
We can diagnose the problem from £25

FAMILY BUSINESS
Unit 9, Sinclair Court, Denbigh West, Bletchley MK1 1RB
Telephone 01908 368877
Mon - Sat 09:00 - 17:30,
Sun 09:00 - 13:00
*Terms and conditions apply. Offer ends 31/03/12

Open 7 days

SPECIALISING IN MOTS, SERVICING AND REPAIRS

All mechanical work undertaken including:

Cooling Systems
Brakes
Exhausts
Suspension Work
Tyres, Batteries

Toyota

TOYOTA AVENSIS ESTATE

1.8, V reg, blue, TAX October, good runner, MOT May 2013

£595 ONO

01234 343186
07979 462176

Vauxhall

2010 New Shape Vauxhall Astra

1.6. SRi. 5 door. Petrol. 10k mileage. Red. Very nice car.

£8100 OVNO

01234 300889

VAUXHALL OMEGA

1997, 2 owners from new, 85k, MoT Nov '13, Tax April '13, new tyres, good condition

£450

07551 080748

Volkswagen

VW GOLF 2.0 fsi

petrol, tip-tronic, auto, 2004, 1 owner from new, full vwsh, 75k, silver, heated black leather, esr, 17" vw alloys, a/con, new gear box/starter motor, 12mnths MoT, Tax,

£4,995 ono

07891 870197

Vauxhall

Vauxhall Corsa SRI

1.4, 3dr 2001, Black, 74k, C/L, A\C, CD, E/W, E/M, MOT - Oct 2013, Cat D, VGC,

£1,395

07779 248754

MKNEWS

VAUXHALL OMEGA

1997, 2 owners from new, 85k, MoT Nov '13, Tax April '13, new tyres, good condition

£450

07751 080748

2003 CORSA 1.2 SXi

46,000 miles, full history, 9 stamps, A/C, CD, alloys, electric windows and mirrors, years MOT, 6 months TAX

£1695

01234 358145
07860 388898
(T)

MKNEWS

find 1000's of cars locally motors.co.uk

WE BUY YOUR CAR FOR CASH UP TO £25,000 PAID

WHY PART EXCHANGE WHEN YOU CAN SELL?

• Same Day Collection • Same Day Payment • Finance Settled
• D.V.L.A Informed • All Cars Considered

01525 261002 07813 171874

www.totalvehiclesolutionsuk.co.uk sales@totalvehiclesolution.co.uk
Unit 20, Galley Lane Farm, Great Brickhill MK17 9AA

Unique Car Services Ltd

Renault Independent Specialists

- Servicing • MoTs £30
- Servicing £60 plus parts
- Cambelt Replacement
- Mechanical Repairs
- Electrical fault finding

86E High Street, Stony Stratford MK11 1AH

01908 566355

www.uniquecarservice.co.uk

MKNEWS TO ADVERTISE CALL 01908 242490

Join our growing network of followers

facebook.com / thisisMKnews

twitter.com / bedfordnews

OPEN 7 DAYS

MoT

ONLY £14.95 with THIS Voucher*

SAVE over £39 off Normal Price

*T&Cs apply

Present this Voucher BEFORE purchase, to obtain advertised discount

with our Main Service ONLY

Offer valid until 30 Apr 2013

ALL MAKES Servicing

Cars & Vans

Transits, SWB or LWB, are WELCOME!

Problems Solved!

Call us for a quote or visit us at brakeandserviceworld.co.uk for a full listing

Up to 50% OFF with THIS Voucher

Call for a Quote!

Present this Voucher BEFORE purchase, to obtain advertised discount

Offer valid until 30 Apr 2013

Terms & conditions apply, prices may vary. Visit brakeandserviceworld.co.uk for details

Alfa, Audi, BMW, Citroen, Chrysler, Daihatsu, Fiat, Ford, Honda, Hyundai, Isuzu, Jaguar, Lancia, Land Rover, Lexus, Mazda, Mercedes, Mini, MG, Nissan, Peugeot, Porsche, Renault, Rover, Saab, Seat, Skoda, Smart, Subaru, Suzuki, Toyota, Vauxhall, Volvo, VW

e.g. 1300-1599cc Oil Service normally £139.95 now discounted to £69.90

Clutches

Problems Solved!

SAME DAY FITTING (subject to vehicle type and availability) FROM £129.95

Wheel Alignment £29.95

Wheel Balancing £7.99

OPEN 7 DAYS

MoT

ONLY £24.95* with THIS Voucher

Monday to Friday

Present this Voucher BEFORE purchase, to obtain advertised discount

Class 7 MoTs *Class 4 MoT ONLY

For Saturday & Sunday MoTs, prices vary

Offer valid until 30 Apr 2013

INSPECTION & DIAGNOSIS FREE OF CHARGE*

Brakes

Problems Solved!

Present this Voucher BEFORE purchase, to obtain advertised discount

25% OFF with THIS Voucher

Brake Pads and Shoes ONLY

*terms & conditions apply

PHONE US NOW for a PRICE on YOUR car!

WHILE U WAIT Tyres

All prices include valve & wheel balancing

TYRE SPECIAL OFFERS

BMW X5, etc

315.35x20 from £159.90
275.40x20 from £154.90
285.45x19 from £139.90
255.50x19 from £124.90

175.65x14 from £34.50
175.65x14 Yokohama from £43.00
185.60x14 from £39.90
185.55x15 from £42.50
185.55x15 Avon from £46.00
185.60x15 from £42.50
185.65x15 from £42.50
185.65x15 Yokohama from £56.00
195.60x15 from £42.50
195.65x15 from £42.50
205.60x16 from £57.90
205.55x16 from £48.50
205.55x16 Yokohama from £68.00
215.55x16 from £69.90
195.55x16 (Mini fitment) from £52.50
Runflat from £89.90
195.45x16 from £47.50
195.45x16 Yokohama from £67.50
205.40x17 from £52.00
205.50x17 from £57.50
215.50x17 from £62.50
215.45x17 from £57.50
225.45x17 from £57.50
235.45x17 from £62.50
225.40x18 from £57.50

ONLY WHILE STOCK ITEMS LAST

Full Service & Repair Facilities

Latest Diagnostic & Fault Code Equipment

Head Gasket Repairs

Gearbox Repairs

Batteries fitted FREE

Suspension

MoT Repairs Let us quote for the repair work

Since 1963

BRAKE & SERVICE WORLD

Mon-Fri 8.30am - 6.15pm
Saturday 8.30am - 5.00pm
Sunday 10.00am - 4.00pm

MILTON KEYNES

THE BLETCHLEY MOTORIST & TRADE CENTRE

V4 WATLING STREET (off H8 ROUNDABOUT)

01908 644490

visit www.brakeandserviceworld.co.uk

Pikesley Garage

- MOT'S AT COMPETITIVE PRICES
  CLASSES 4, 5 AND 7
- SERVICING & REPAIRS TO ALL MAKES OF VEHICLES
- DIAGNOSTICS

AIR CON SERVICE AND RE GAS

DISCOUNT TYRES!

WIDE RANGE OF SIZES AVAILABLE

RING FOR PRICES

FOR FURTHER INFORMATION OR FOR BOOKING PLEASE CALL

01908 582585

Monday – Friday 7.30 – 5.00pm Saturday 7.30 – 12.00pm

FIND US AT : 19 HIGH STREET | WOBURN SANDS | MK17 8RF

RMI

MKSPORT

SEND YOUR SPORT NEWS TO dan.palmer@mk-news.co.uk

Taylors sell houses. TAYLORS Estate Agents

MK Dons assistant boss MICK HARFORD writes exclusively for MK News

FOOTBALL

Gleeson 'not in form'

Goal joy: Stephen Gleeson celebrates his goal against Brentford.

Pic: Andy Handley

STEPHEN Gleeson says he is not happy with his recent performances despite three goals since his return from a lengthy injury lay-off.

The Irish midfielder suffered a broken foot in December and was sidelined until the 3-0 victory over League One leaders Doncaster on March 5, when he made a dream return to the field by scoring with his first touch after being introduced as a second-half substitute.

Boss Karl Robinson has often mentioned Gleeson's injury as being a key factor in Dons' slide away from the promotion spots.

His return to the fold has boosted team-mates and fans alike and other clubs are certain to be interested in his services, but the player himself does not believe that he has been doing the business on the park.

"Personally I've been struggling for form over the past couple of weeks," Gleeson said.

"But I've got three goals so football works in funny ways sometimes."

The 24-year-old added to his Doncaster strike with a goal in the 3-0 win over Tranmere Rovers and then scored the crucial second goal on Easter Monday when Brentford were disposed of 2-0.

The Brentford victory, coupled with the 2-0 Good Friday win at Hartlepool United, completed a double success over Easter but Gleeson was as critical of the team's performance as he was of his own.

"We've played games this year when we've been brilliantly and lost," he said.

"But for the last two games we've been terrible and won.

"It's been a weird weekend, but we'll play like that every week if it means we win every game."

Meanwhile, Dons are hopeful of maintaining the services of on-loan Chelsea forward Patrick Bamford next season as the 19-year-old continues to impress.

The teenager scored a superb solo goal at Hartlepool after weaving around a number of half-hearted home challenges, and he was unlucky not to net against Brentford when Bees stopper Simon Moore superbly batted away his close range strike.

"Patrick is special talent," Robinson said.

"The Premier League will definitely see the fruits of his talent one day."

OUR home game with Crawley Town on Saturday is a match we go into full of confidence.

We were absolutely delighted to get two 2-0 victories over Easter against Hartlepool and Brentford and in particular we were pleased with the two clean sheets.

Earlier in the season we were beaten 2-0 at Crawley but I thought we played ever so well in that match and didn't get the rub of the green.

We deserved a point or maybe all three but unfortunately we missed some good opportunities in front of goal.

They are a good team but we have already done some work on their strengths and weaknesses.

At Hartlepool on Good Friday the pitch wasn't in great condition and the long journey up to the north-east took it out of the players.

Playing teams who are fightning for their lives near the bottom of the league is always tough, but the boys dug in to get the result after a couple of great goals.

Brentford had a home game on Friday before their relatively short journey to us on Monday, so that was beneficial to them.

The longer the game went on, the more I thought we would win and in the end we got what we deserved.

We are now full of belief going into the final games of the season.

With players like Luke Chadwick and Stephen Gleeson, who have both coped very well following their injuries, back in the fold we have every chance of making a charge to the play-offs.

In football we have seen clubs put together a late run so often and we hope that this season it can be us.

Special Offer Service
FROM £90
Including parts for most vehicles + VAT
(terms & conditions apply)
please quote MKNEWS1
Dependant on grade of oil for vehicle

Steve's Autos
RENAULT & PEUGEOT CAR & VAN SPECIALISTS

MOT's £25
including a FREE Brake check
Terms & conditions apply when requested

- Servicing to Manufacturers Standards
- Engine Rebuilds
- Broken Cambelts
- Clutches & Gear box Repairs
- Brakes
- Exhausts
- Batteries
- Reasonable Prices
- Recovery Service Available

STEVE'S AUTOS ARE NOW WORKING ALONGSIDE SOUTH MIDS HIRE
Cars, Vans, Minibuses & Trucks.
FOR ALL YOUR HIRE REQUIREMENTS AND THE BEST PRICES CONTACT:
01908 649030
Based at Unit 15, Chancery Business Park, Bletchley MK1 1EQ

Save up to 50% OFF main dealer prices

Air Con £45 plus VAT

All other makes and models welcome.
All Contract & Lease work also undertaken

Specialist Diagnostic Equipment
for all engine management warning light faults

Free Pick-up and return
from office or home if required, selected areas

Snapped cambelts cause damage!
Do you know when your cambelt should be changed?

We can now service your car from new using main dealer parts without effecting your warranty

Steve's Autos
t:01908 366555 or 379529 m:07958 393705
8 Romar Court, Bletchley, Milton Keynes, MK1 1RH
Also at Unit 15, Chancery Business Park, Bletchley, MK1 1EQ (By Screwfix)
All credit cards accepted (American Express small charge)

MKSPORT

SEND YOUR SPORT NEWS TO dan.palmer@mk-news.co.uk

Taylors sell houses. TAYLORS Estate Agents

ICE HOCKEY

A perfect send-off

Mobbed: Carr is set upon by his team mates

ADAM Carr didn't know he had scored a famous goal for MK Lightning until he heard the Thunderdome roar.

The skipper sent the city rink into ecstasy on Sunday night with a golden goal strike in sudden death overtime which settled an enthralling play-off quarter final with Slough Jets and booked Lightning's place in the finals at Coventry SkyDome this coming weekend.

It was the most dramatic of finishes and the perfect send off for Planet Ice which won't now host a match until 2014/15 because of refurbishment.

Lightning won the first leg of the tie 4-2 in Slough on Saturday, but they lost 2-0 at home 24-hours later to force overtime.

With tensions at an almost unbearable level the captain stepped up and fired in a goal which nearly took the roof off.

"I didn't know it had gone in until I heard the roar," Carr, 28, told MK SPORT.

"It was the loudest I have ever heard it and the next thing I knew, I was being piled on."

Carr said that he couldn't remember the goal, which came just eight seconds into overtime, that well.

"It's a bit of a blur to be honest," he said. "From face off I was hoping to scrap my way through.

"For the last game at the old rink it was a pretty special night.

"The atmosphere was amazing and it was a great way to send it off and say farewell.

"It was an emotional night from the moment we walked in."

Lightning, who finished fourth in the English Premier League table at the end of the regular season, will be joined in Coventry by the three teams who ended the campaign above them - Manchester Phoenix, Basingstoke Bison and back-to-back league champions Guildford Flames.

It is the Flames who Lightning will meet in Saturday's semi-final and Carr is looking forward to going into the game with the underdogs tag.

"I like that the top four are there," the Durham native said.

"If you work that hard throughout the season you deserve the chance to go to Coventry.

"Nobody will expect us to get past Guildford, let alone win the play-offs, so all the pressure will be on them."

Slough ended Lightning's play-off hopes at the same stage last year, overturning a 7-4 MK victory in the first leg by winning the second 7-3.

They then went on to win the entire competition and Carr admitted that there was a fear of history repeating itself as Slough again battled back from a deficit on Sunday.

"When you have a lead it's hard not to defend it," he said. You know you shouldn't but it's human nature to sit back.

"Last year's defeat to them haunted us and Nick Poole told us to remember how it felt. It was nice to put that to bed and get a bit of revenge."

The victory capped a superb week for Carr who also received international recognition for the first time after being named, alongside team-mate Leigh Jamieson, in the preliminary Great Britain squad.

"It's a massive surprise and a huge honour," he said.

Lightning face the Flames at the Skydome on Saturday.

FIRST LEG: SLOUGH JETS 2 MK LIGHTNING 4 **SECOND LEG:** MK LIGHTNING 1 SLOUGH JETS 2 - LIGHTNING WIN 5-4 ON AGG.

Poole a 'ball of nerves'

NICK POOLE was an anxious spectator as his Lightning side booked their place in play-off finals weekend in Coventry.

The two-legs of the quarter final with Slough Jets were the first major games Poole has overseen since his decision earlier this season to retire from playing and instead watch the action from the side of the rink.

Not being able to influence things from the ice is something that Poole has had to get used to in recent weeks.

"I really enjoyed the first leg which we won in Slough," Poole told MK SPORT.

"But on Sunday night at home I was a ball of nerves on the bench.

"You begin to realise that you don't have as much control any more."

Reaching finals weekend means that Poole has achieved one of his targets for the season.

"It was one of our main aims to reach Coventry," he said. "We've done that so now we hope to enjoy it.

"It was fantastic to win after a real pressure cooker of a match and it was a great send off for Planet Ice.

"I have seen some great games there over the 11 years but that has to go down as one of the most exciting."

Poole is convinced that his side can now see off the challenge of table toppers Guildford in their semi-final clash and gain a place in Sunday's final.

"We know we can beat them if we play at our best," he said. "We have already beaten them twice this season. It'll be a tough challenge but one we are excited by."

Goals from Blaz Emersic, Kamil Tvrdek, Chris Wiggins and Nicky Chinn handed Lightning their victory in Slough before Carr's heroics sealed the tie in Milton Keynes.

Poole was handed a boost when a match penalty given to Emersic in the second leg for a check from behind was downgraded – meaning he will be available for Coventry.

"He's probably our most complete player," Poole said.

"When he got his match penalty and they started to come back I was thinking that this wasn't supposed to be happening."

Lightning fans travelled to Coventry in numbers last season even though their team didn't make it, but will have a side to cheer this year.

"We were concious that we wanted to make it for them," said Poole.

RUGBY UNION

City remain top after ugly clash with Tadley

MILTON Keynes continue to lead the way in the Southern Counties North after a 20-0 away victory over Tadley on Saturday.

Darren Brodrick got the ball rolling for City with a try which saw him run half the length of the field before scoring in the left corner, and Gavin Whitehead then went over in the opposite corner for the second score of the day.

Both of these tries went unconverted but Phil Powell helped himself to a drop goal to increase the advantage to 13-0 at the half-time break.

Man of the match Powell was to score all of the points in the second half thanks to a try under the posts which he converted himself.

Director of Rugby Ray Bray said that the performance of the referee had overshadowed the win, which keeps Milton Keynes above Grove, Buckingham and Reading Abbey in the race for promotion.

City felt that Brodrick had been elbowed in the face before his try, and at one stage of the match the visitors considered leaving the field as the game was descending into a 'melee with the referee not in control and the Tadley crowd baying for blood'.

Dave Brown received a fierce punch to the cheek bone, which opened up a 25mm gash below his right eye, as the clash in north Hampshire turned nasty.

"The post-match talk was all about the referee and both teams were speculating from which planet he came from, and if indeed they played rugby there," Bray said.

"He contributed nothing to the game."

Milton Keynes return to action with a home clash against struggling Wallingford at Emerson Valley on Saturday.

Elsewhere in the division, Olney recorded a fine 29-3 victory over Drifters to remain fifth.

Bletchley were not in action in the South West 1 East.

SPORTSSHORTS

HANDBALL

BOBBY White is looking forward to making his 50th appearance for Great Britain.

The city player captained the host nation at the London Olympics last summer and will be at the helm for two home European Championship qualifiers this week.

Britain host Italy in Motherwell tomorrow before a clash with Greece at Crystal Palace on Sunday - with White in line to bring up his half-century in the latter fixture.

The Greeks have already beaten White's side 43-14 in the qualification campaign and they will be up against it to get anything out of the two games.

Although widely played across Europe, Britain is fairly new to handball with the men's senior squad established especially to take the home nation's berth in London.

BADMINTON

RAJIV Ouseph captured the men's singles title at the French International in Orleans on Sunday.

The English number one, who his based at the National Badminton Centre in the city, saw off Denmark's Flemming Quach 21-15 21-15, leading all the way in the first game and recovering from 6-3 down in the second to ease his way to a 32nd-minute victory.

Ouseph, a six times national champion, only came under pressure late in the second game when Quach recovered from 13-9 to bring the score back to 14-13.

He was able to reassert his dominance, however, which allowed him to get over the line and claim the win.

Meanwhile, Milton Keynes player Alyssa Lim fell one win short of lifting the mixed doubles title with partner Marcus Ellis.

They went down 21-17 21-17 to Scotland's Robert Blair and Imogen Bankier. The England pair had led 16-14 in the first game before a five-point surge helped Blair and Bankier to take the opener on the way to controlling the second game.

ATHLETICS

THERE were three category wins for MK Athletic Club at the Stanwick 10k race on Easter Monday.

Steve Herring (M40, 35m 33s), Ian Van Lokven (M50, 37m 39s) and Diane Baldwin (F55, 43m 13s) were all victorious in their sections. There was also a team victory for the men at the race.

KARTING

SAMMY Oram Jones proved his pace in the second round of the 2013 WSK Euro Series at Zuera in Spain.

The city racer, 15, was taking in only his third event in the KF class – the highest level of karting in the world.

To find out how his day went check out www.mk-news.co.uk/sport.

MKSPORT

Wednesday, April 3 | Issue number: 552 | www.mk-news.co.uk | £1 where sold

City stay on course for promotion

-page 51

Pair of wins brings glint of optimism

BY DAN PALMER

dan.palmer@mk-news.co.uk

DONS manager Karl Robinson promised to fight to the bitter end after his side gave their play-off ambitions a glimmer of hope with back-to-back victories over Easter.

Good Friday's 2-0 win at League One's bottom club Hartlepool United was followed up with a success by the same margin over high-flying Brentford on Easter Monday, to restore a sense of optimism at stadiummk.

It is the first time Dons had won twice in a row since November and although there is still plenty of work to be done, Robinson is convinced that Championship football next year remains a feasible possibility.

His side are up to 10th in the table, still eight points adrift of the play-off spots but with two games in hand over the three teams directly above them.

The six matches left to play look to be favourable fixtures on paper but there is little room for error.

"We still live in hope," Robinson said. "We will keep going until the very end.

"It's not in my make up to quit and I don't think it's in the players' make up to fall short either.

"There's an awful lot of games still to play and we've given ourselves a right good chance."

Robinson has acknowledged that his side's failure to follow up victories has been a major factor in the team's disappointing campaign.

His side will need to maintain the momentum gained over Easter if they are to have any chance of breaking into the top six.

"Let's see if we can get four or five back-to-back," Robinson said.

"There's tremendous confidence in the team now.

"It's going to be difficult, but we've got the players, the group of staff behind the players and wonderful fans who will keep supporting us right to the end.

"I don't want this season to simply peter out and the players have shown everyone that there is fight left in them."

Stephen Gleeson, who bagged the second goal against Brentford with a terrific strike, echoed his manager's sentiments.

"We're still in there and we're still fighting," he said.

"They can't get rid of us at the moment, our next two games are massive again."

THE RUN-IN

SAT	CRAWLEY (H)
TUE	SWINDON (H)
APR 13	LEYTON ORIENT (A)
APR 16	COLCHESTER (A)
APR 20	SCUNTHORPE (H)
APR 27	STEVENAGE (A)

The goal which brought the roof off

Perfect farewell: MK Lightning advanced to play-off finals weekend in Coventry after a dramatic victory over Slough Jets on Easter Sunday. In the last game at Planet Ice for the foreseeable future, Adam Carr struck in overtime to send the venue off in style and seal a priceless win. For interviews with Carr and coach Nick Poole, turn to page 51.

THE RED DEVIL OF A GAME!

MK DONS

MK Dons vs Crawley Town

npower LEAGUE 1

Saturday 6th April 2013 • KO 3.00pm

ADULTS £20
OVER 65s £15
UNDER 18s £5

UPGRADE FOR JUST £3 MORE TO EAST PREMIUM CENTRE SEATS

Tel: 01908 622900 Book online: mkdons.com
Visit us at: thecentre:mk

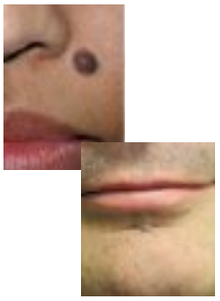
NEXT WEEK...
V SWINDON TOWN
TUES 9TH APRIL 7.45PM
KIDS FOR A QUID!

TAYLORS Milton Keynes
Proud to be MK's favourite
Call us on: 01908 678151

Cosmetic treatments that make all the difference

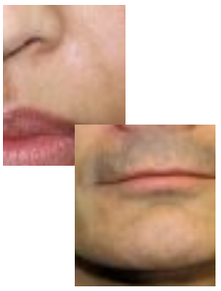
BEFORE

AFTER



Minor Surgical Procedures

Removal of Moles / Skin Tags / Skin Lesion / Cysts More and more people have moles, tags and cysts that they want removed that are not covered by the NHS anymore. Following a free consultation, LasaDerm clients will have the mole medically checked, removed under local anaesthetic by qualified doctors trained in surgical procedures in a purpose built medical suite. This service is available to you for as little as £99 (up to 10 skin tags) and £295 for mole removal which includes full follow up care. Package prices for moles available



Medical/Microdermabrasion/ Hydrodermabrasion

Medical grade microdermabrasion and Hydrodermabrasion removes most skin imperfections because it encourages the production of new and healthy skin cells. It smoothes the skin and, in the process, removes small scars. The results are longer lasting as we use medical grade products that really put the vaa vaa voom back into tired, dull, spotty, stressed and lifeless skin.

Acne/Acne Scarring

LasaDerm specialise in acne treatments utilising a tailored made regime that is individual to you.
Treatments include Skin Peels, Intense Pulsed Light (IPL), Medical Microdermabrasion or Hydrodermabrasion, Dermaroller and the use of medical grade cosmeceutical products to eradicate the acne and acne scarring.

Thread Veins

Both Leg and Facial thread veins can be treated via IPL (intense pulse light) or NdYAG laser. Leg thread veins may also be treated via an injection process called Sclerotherapy. Sclerotherapy requires the wearing of compression stockings for a short period after.
LasaDerm are a specialist clinic when it comes to thread veins. Due to the advanced medical expertise of our doctors we have a very high success rate in the removal of thread veins. At your free consultation the doctor will assess the best treatment tailored to your individual needs, including advice and regular reviews, following your procedure.

Rosacea

Performed via IPL which shrinks the blood vessels in the face and reduce the flushing dreaded by Rosacea sufferers. The doctors at LasaDerm will also treat any associated facial thread veins with NdYag Laser at no extra cost

Pigmentation

Also treated via IPL using filters with a different wavelength. More often this is combined with Medical Microdermabrasion/Hydrodermabrasion to enhance the results

Prior to starting treatment for either of the above, LasaDerm doctors use the Beau-Visage 3D photographic imaging system which allows them to identify the exact depth, character and position of the blood vessels, melanin and pigment allowing for a precise and individual treatment program that few other clinics can match.

Call Now For a FREE Consultation
Tel 01908 555595 / www.lasaderm.net
LasaDerm
Hilltops Medical Centre
Hilltops Medical Centre, Kensington Drive, Great Holm, MK8 9HN

The NEW 3D Non Surgical Lipo at LasaDerm - the real alternative to Liposuction

3D-lipo
A Powerful Three Dimensional Alternative to Liposuction

Why 3D Lipo at LasaDerm -

Because it encompasses a 3 dimensional approach to targeted fat loss.

Ultrasound Cavitation is heating the fat with tripolar ultrasound for larger areas such as the stomach and love handles, thighs, hips etc. Many less sophisticated Lipo devices use diode lasers as the medium to remove fat but they are dependent on significant immediate exercise to achieve results and for most of us this is where the problem lies. I, for one, know that if people could fit in at least 30 minutes of exercise 5 times a week they probably wouldn't need to resort to using the procedure. Ultrasound Cavitation is a natural phenomenon which sends a pressurised wave to fat cells which cannot withstand the pressure and hence disintegrate into a liquid form. Once liquefied, the fat drains naturally from the cell and passes through the lymphatic system, leaving the body through its normal metabolic process. Drinking extra fluids aids this process

Before

After

Dr Dewji one of the Doctors at LasaDerm adds "Ultrasound Cavitation is one of the most effective cellulite and fat loss techniques available, furthermore there is no requirement to exercise post treatment in order to obtain results. In Europe and The United States, the numbers of surgical liposuction procedures is fast being replaced with Cavitation based treatments delivering excellent results without the need for surgery at a fraction of the cost."

3D Lipo also encompasses Radio Frequency- which is tightening the loose skin produced from weight loss

We know from scientific evidence that heating the deeper dermis, to a constant 55-65°c coupled with a regulated radio pulse stimulates fibroblast action

(fibroblasts are the connective tissue cells that produce collagen and elastin). In turn, this increase the synthesis of new collagen and elastin fibres.This tightens the skin's appearance and can also help to create a lifting effect. Radiofrequency is also effective in improving the appearance of stretch marks.

"When you're dealing with fat, it turns out you can accomplish the destruction of fat using either heat or cold" explains Dr Dewji **CRYOLIPOLYSIS OR CRYO -(freezing the fat)** is a one hour, no fuss, no muss, fat-cell-destroyer that requires neither healing time nor a single stitch-or even say, the formality of alerting one's spouse to the fact that you are "having something done"

Dr Dewji says the impetus for using cold to "defat" has its roots in the early 70's when some papers were published about a condition dubbed "equestrian cold panniculitis." A handful of female horse riders found that after long rides in the cold, "their thighs would freeze and their fat would become inflamed and ultimately disappear." This wasn't weight loss resulting from a good hard work out-it occurred because fat cells, it seems, die off at temperatures that muscle and skin are able to withstand. But there's a reason it took decades for science to harness that revelation. "It has to be done in a very controlled fashion, at certain temperatures, to a point where you are going to get destruction of the fat without destruction of the surrounding tissues" expands Dr Dewji.

During a CRYO session, a moulded cup is placed over the lower stomach, love handles or bingo wings for example; heavy duty suction pulls pudge inside the cup, where it's chilled to -4 degrees C. Some of the fat cells are destroyed and ultimately disposed off by the liver, a process that in all can take up to 3-4 months.

"Biotherapeutic, the manufacturers, were able to demonstrate a minimum 25% reduction in the fat that fits in the cup for treatment," says Dr Dewji. "That's a very high level of efficacy". As a clinician I need to know that the treatments we offer are safe, effective, scientifically based and fit in with our ethos of holistic care for our clients. 3D Lipo has delivered this for us.

NEW 3D LIPO FAT ZAPPER CONSULTATION AND FIRST TREATMENT £50

Call Now For a FREE Consultation
Tel 01908 555595 / www.lasaderm.net
LasaDerm
Hilltops Medical Centre
Hilltops Medical Centre, Kensington Drive, Great Holm, MK8 9HN